CHILD-Global Research Fellowship
Trainee Handbook
2021
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Welcome

We would like to take this opportunity to welcome you as a Trainee in the Child Mental Health in HIV-impacted Low-Resource Settings in Developing Countries: Global Research Fellowship (CHILD-GRF). We look forward to what this unique and diverse group of trainees will accomplish.

We are pleased to provide you with this handbook which should be a helpful resource during your association with us. It outlines program guidelines, requirements, and logistics, and provides helpful contacts and resources for navigating through your trainee experience.

CHILD-GRF is a partnership between the International Center for Child Health and Development (ICHAD), SMART Africa at the Brown School at Washington University in St. Louis, United States, and the College of Health Science at Makerere University in Kampala, Uganda. We are always trying to improve our training programs and will frequently ask for your feedback to evaluate the program and inquire about your experience during your tenure with us and beyond. We hope that you will participate and help us advance and enhance programs locally and nationally.

We encourage you to capitalize on this unique opportunity to interact with and learn from your colleagues and faculty to generate and implement innovative and informative research. We are committed to providing you with professional challenges and support to help you advance your professional goals.

Sincerely,

The CHILD-GRF Training Team

Fred Ssewamala, PhD, Co-Director
Mary McKay, PhD, Co-Director
Noeline Nakasujja, PhD, Co-Director
Laura Peer, MPH, Training Programs Manager
Training Team

Fred Ssewamala, PhD
Co-Director, CHILD-GRF
William E. Gordon Distinguished Professor; Director of ICHAD and SMART Africa Centers; Brown School, Washington University in St. Louis
Professor of Medicine, Washington University School of Medicine
fms1@wustl.edu

Dr. Ssewamala is the Founding Director of ICHAD and the Director of the SMART Africa Center. His global research, funded by a consortium of institutions including the U.S. government through NIMH and NICHD, focuses on improving health/mental health and developmental outcomes for vulnerable children and adolescents; and creating innovative combination interventions for communities affected by poverty and HIV/AIDS.

Mary McKay, PhD
Co-Director, CHILD-GRF
Neidorff Family and Centene Corporation Dean of the Brown School, Washington University in St. Louis
mary.mckay@wustl.edu

Dean McKay has received substantial federal funding for research focused on meeting the mental health and health prevention needs of youth and families impacted by poverty. She has significant expertise in child mental health services and implementation research methods, as well as over 20 years of experience conducting HIV prevention and care-oriented studies, supported by the NIH. She has been the PI on studies set in SSA since 2000.

Noeline Nakasujja, PhD
Co-Director, CHILD-GRF
Associate Professor, Psychiatry, Makerere University in Uganda
drnoeline@gmail.com

Dr. Nakasujja’s research focuses on mental health, in particular, evaluating special populations of HIV positive individuals. She is currently a Principal Investigator on a study evaluating the stress and caregiver burden of individuals looking after patients with Alzheimer’s disease in the community. She has an impressive record as a department chair and mentor, serves on several international associations and has received numerous recognitions and honors for her scientific achievements.

Laura Peer, MPH
Training Programs Manager, ICHAD, USA
Brown School, Washington University in St. Louis
lpeer@wustl.edu

Ms. Peer supports ICHAD’s priority objective area of Capacity Building, overseeing three NIH-funded training programs: T37 LEAD Global Training Program, R25 Researcher Resilience Training Program, and D43 CHILD-Global Research Fellowship at the Brown School at Washington University in St. Louis. She has over 15 years of experience in global and US public health, higher education, and research training and administration. She earned her Master of Public Health from Boston University with a concentration in maternal and child health.
Introduction

CHILD-GRF provides state-of-the-art methods training, mentoring, and “hands-on” research experience to promising early career researchers from Ugandan institutions committed to research careers focused on addressing HIV prevention and the serious burden of child and adolescent mental health (CAMH) in the context of HIV/AIDS. The overall expectation is to increase, strengthen, and sustain the capacity of research institutions in Uganda, a Sub-Saharan African (SSA) country heavily affected by HIV/AIDS. Over the course of the three-year program, fellows will have access to:

- Multi-disciplinary training in research methods, implementation science and identification and treatment of CAMH in HIV-impacted low-resource settings
- An intensive mentorship program and training infrastructure that fosters long-term research collaboration with senior researchers and mentors from the global north and the global south
- Hands-on learning opportunities through activities between summers, including site visits to NIH funded research projects and centers focused on HIV prevention and mental health interventions in communities heavily impacted by HIV/AIDS (as travel conditions permit due to pandemic restrictions)
- Funding for pilot studies
- Technical support and peer review for pilot studies, manuscript preparations, and grant applications for larger studies.

CHILD-GRF is offered at the International Center for Child Health and Development (ICHAD) at the Brown School at Washington University in St. Louis in partnership with SMART Africa Center and Makerere University College of Health Sciences. It is supported by the Eunice Kennedy Shriver National Institute of Child Health & Human Development (NICHD) and Fogarty International Center (FIC) Grant Number D43 TW011541.

**International Center for Child Health and Development (ICHAD)**
[https://ichad.wustl.edu](https://ichad.wustl.edu)

ICHAD’s mission is to contribute to the reduction of poverty and improvement of public health outcomes for children, adolescents, and families in low-resource communities, particularly those in Sub-Saharan Africa and other developing nations, through:

- Innovative Applied Intervention research
- Capacity Building Opportunities for a new Generations of Scholars
- Raising Public Awareness and Support for Economic Empowerment Interventions
- Informing Public Policy and Programming

SMART Africa Center
https://sites.wustl.edu/smartafrica
Funded by the National Institute of Mental Health, the SMART Africa Center (Strengthening Mental health And Research Training) is an African regional trans-disciplinary collaborative center aimed at reducing gaps in child and adolescent mental health services and research in Ghana, Kenya, South Africa, and Uganda through a population approach to child mental health. Housed within the Brown School, SMART Africa builds upon the expertise of strong partners across Ghana, Kenya, South Africa, Uganda, and the United States.

Makerere University of College of Health Sciences
https://chs.mak.ac.ug
Makerere University College of Health Sciences was established in 1924 known as Makerere University Medical School, until 2007 when it became Makerere University’s premier constituent College. It is the oldest medical training University unit in East Africa. In 2008 Makerere University began a major institutional change that led to the creation of Makerere University College of Health Sciences (MakCHS) as the University’s first constituent college. This was an exploration of unchartered waters in the history of university governance in Uganda. MakCHS has experienced both exciting and challenging times but has set a pace for itself and the future is very promising. This history has earned it the enviable position of being a top-ranked medical school in Uganda and the East and Central African region.

Capacity Building
The World Health Organization (WHO) defines capacity building as the development of knowledge, skills, commitment, structures, systems, and leadership to enable effective health promotion. Capacity building is one of the primary focus areas for ICHAD as we continue to develop and implement contextually-relevant evidence-based interventions to support children, families, and communities in addressing the unique challenges they experience. ICHAD and our partners provide capacity building opportunities and fellowships to students, team members, and scholars across the globe. By leveraging our global research studies, university affiliations, and institutional partnerships, we promote bi-directional learning between the United States and Sub-Saharan Africa, and beyond.

In support of our commitment to capacity building, ICHAD administers three NIH-funded training grants: Training LEADers to Accelerate Global Mental Health Disparities Research (LEAD) Program, Researcher Resilience Training (RRT) Program, and Child Mental Health in HIV-impacted Low-Resource Settings in Developing Countries: Global Research Fellowship (CHILD-GRF). The following table provides an overview of each training program.
**Program Overview**

CHILD-GRF is a three-year research training program featuring a ten-week didactic summer research training session. It was originally designed to include 6-weeks of in-person training at the Brown School at Washington University in St. Louis followed by ongoing mentorship on a research project in Uganda, working in conjunction with your mentor. However, in 2020 the COVID-19 pandemic required a shift to virtual training and prevented trainees from traveling to the U.S. Given the ongoing uncertainty of the pandemic, CHILD-GRF is delivered in a virtual format again in summer 2021, with a training schedule outlined below. The schedule is subject to change:

- **Summer Training:** Ten weeks (in 2021) of online training, courses, meetings, networking and professional development
- **Approximately 5-7 hours of synchronous and asynchronous learning per week**
• Weekly meetings and research collaboration with your mentor (schedules will vary for each trainee/mentor)
• Final presentations; Mock Study Review Process: August 2-6

Program Timeline

First-Year Trainees (2021 Start) | Second-Year Trainees (2020 Start)
---|---
2021
April 8: CHILD-GRF Orientation | March: Fellows Meeting
April 15: All-Program Orientation | April 15: All-Program Orientation
June 1-July 30: Training webinars, meetings | June 1-July 30: Training webinars, meetings
August 2-6: Final presentations; Mock Study/Pilot Grant Review Process | Summer: Pilot Grant Submission/Presentation/Implementation

November: Quarterly Fellows Meeting | November: Quarterly Fellows Meeting

2022 (Dates to be determined)
March: Fellows Meeting | March: Fellows Meeting
April: Orientation | April: Orientation
June & July: Summer training webinars, meetings (Uganda or US, to be determined) | June & July: Summer training webinars, meetings (Uganda or US, to be determined)

Summer: Pilot Grant Submission/Presentation/Implementation | Summer: Manuscript or Extramural Grant Development and Submission
November: Fellows Meeting | November: Fellows Meeting

2023 (Dates to be determined)
March: Fellows Meeting
April: Orientation
June & July: Summer training webinars, meetings (Uganda or US, to be determined)
Summer: Manuscript or Extramural Grant Development and Submission
November: Fellows Meeting
Requirements Overview

1. Intake Requirements
2. Orientation
3. Research with your mentor(s)
4. Training webinar attendance
5. Deliverables
6. Evaluations
7. Reporting

Intake Requirements

1. Trainee Agreement (Appendix 1)
2. Washington University in St. Louis Human Resources Non-Employee Personal Information Form
3. Ugandan Bank Form & Copy of National Identification Card
4. Brief Professional Biography (50-100 words)
5. Headshot photograph in JPEG format
6. W8 Form
7. Certification of Receipt of University Policies Regarding Non-Academic Transgressions (Appendix 2)
8. Media Release Form
9. Summer Institute Registration Form
10. ORCID Account -- Free to set up: https://orcid.org/register
11. eRA Commons Account – To be created upon admission to the program for trainees who do not have one.
12. Other forms and information as requested

WUSTL Key. The WUSTL Key is Washington University users’ Login ID and password for use of university systems. Trainees have an active WUSTL Key and email address for the duration of their appointment. The account expires shortly after appointment ends. Visit the WashU IT WUSTL Connection page for more information or technical assistance.

Orientation

Attendance is required at the CHILD-GRF program orientation (for First Year Trainees) and Joint Training Program orientation (for all trainees), which includes LEAD Global Training Program, Researcher Resilience Training (RRT) Program and CHILD-Global Research Fellowship (CHILD-GRF) Program, held prior to the start of the summer training period.

Mentorship

Mentored research training is a critically important component of the CHILD-GRF Program. Within the first two weeks, trainees and mentors work to develop the trainee’s Individual Development Plan (See Appendix 3). Trainees and mentors will develop a work plan and timeline for the duration of the training period and should plan a regular meeting schedule. In some cases, trainees continue to work with their mentors beyond the training period to work on their project to completion. Continuing the mentor/trainee relationship beyond the training period is a positive outcome of the CHILD-GRF program. However, please note that stipends do not extend beyond the training period.
Summer Curriculum Overview

The summer training schedule has been adapted to combine three training program cohorts into a unified ten-week virtual program. The three programs are LEAD Global Training Program, Researcher Resilience Training (RRT) Program and CHILD-Global Research Fellowship (CHILD-GRF) Program. Trainees from all three programs attend training webinars taught by faculty and staff from ICHAD/Brown School, Makerere University, and partner institutions.

The summer curriculum consists of the following components:

- **Training Webinars** - Trainees will meet 3-5 days per week for didactic training webinars and classes on a range of research and professional development topics including global and US mental health, health disparities, manuscript and grant writing, data analysis, and dissemination and implementation.
- **Program Meetings** - Trainees meet regularly with their program cohort and directors to touch base, share their progress, and address any issues or questions that need attention.
- **Mentor Meetings** - Trainees and mentors maintain regular contact and collaboration on a research project, guided by each trainee’s Individual Development Plan.
- **Weekly Check-In Meetings** - Facilitated by a program director, the meetings include a formal career development presentation and time to discuss the topics and themes, and to network within and across each program.
- **Final Presentations** - In the final week, trainees give final presentations to the full group of trainees, directors, and mentors on the work accomplished during the summer and next steps planned to further advance their research.
- **Mock Peer Review** - A small group of trainees will participate in a mock peer review of their project, which mirrors the NIH review process. All trainees participate as observers and peer reviewers, gaining valuable insight into the NIH application and review process.
- **Social Gatherings (Optional)** – With an all-virtual format, opportunities for trainees to relax and connect together look a little different from in-person training formats. RRT has partnered with other summer training programs in health and medical research across WashU to coordinate social gatherings. These informal, loosely themed, and optional gatherings will provide the opportunity for trainees to gather outside of formal training sessions. Trainees will have the opportunity to be involved in coordinating these gatherings to reflect their unique talents and interests.

Training Schedule

The training schedule is finalized in May and is subject to change throughout the summer. The most up-to-date schedule with Zoom links and supporting information will be available on a password-protected site to be provided by program staff.

The training programs manager will send a reminder with links each Sunday evening for the week ahead, along with reminders and updates.

Video Recordings

All webinars and meetings scheduled by the CHILD-GRF program will be recorded and posted at the above password-protected site. Recordings from events and courses not hosted by the CHILD-GRF program may also be available. The training programs manager will coordinate access when available.

Attendance Policy

Full participation is mandatory for all required training webinars, classes, meetings, and presentation. The schedule will indicate if an event is required or optional. If you are unable to attend an event, notify the training program manager as soon as possible to make arrangements to access the recording and follow up with any deliverables and deadlines.
Deliverables

**Individual Development Plan**
A template document will be provided (Appendix 3). The IDP is to be completed with your mentor within the first two weeks of the start of the program and send to the program manager by the date provided at orientation.

**Grants and Manuscripts**
- Pilot grant
- Manuscript development preparation/submission
- Extramural grant proposal preparation, peer reviewed, revised and submitted

All deliverables (submissions, publications, presentations, etc.) must be reported to the training programs manager by the end of the training period and annually (see Reporting).

**File Naming Convention**
All deliverables should be submitted with the consistent naming convention “LastName_FirstName_DocumentName”.

Evaluations

**Trainee Mid-Term Report**
In early July, you will be asked to complete a brief “progress report” to assess your progress and address any challenges in staying on track with your IDP. Mentors will complete a similar report.

**Training Session Evaluations**
You will receive a brief survey following each training event. Please participate in each one so we may assess your satisfaction and specific needs throughout the training period.

**Final Program Evaluation**
Completion of an online program evaluation. Your participation is a requirement per the Trainee Agreement.

Reporting

CHILD-GRF places a strong emphasis on tracking the career development and future activities of graduates. Reporting on outcomes of trainees for 15 years is an NIH requirement. Trainees agree to respond to annual updates, providing full information requested. See Appendix 4.

Citing Grant Support

CHILD-GRF trainees should acknowledge the receipt of any CHILD-GRF grant funding in all publications, biosketches, and other support documents. In addition to the guidelines below, please review the ICHAD Authorship Guidelines for complete information: https://wustl.box.com/s/v0ia75ftj5w33xjyz9ttazsoqtuxeif6i. Contact the training programs manager with questions related to citing and authorship.

**Biosketches and Other Support Documents**
Trainees should use the following information when listing the CHILD-GRF Program support on biosketches and other support documents:

D43TW011541 (MPis: Ssewamala, McKay, Nakasujja) 4/22/2020-12/31/2024
Fogarty International Center/Eunice Kennedy Shriver National Institute of Child Health and Human Development
Child Mental Health in HIV-Impacted Low-Resource Settings in Developing Countries: Global Research Fellowship (CHILD-GRF)

This is a training program providing state-of-the-art methods training, mentoring, and “hands-on” research experience to early career researchers in Uganda committed to research careers focused on addressing HIV prevention and the serious burden of child and adolescent mental health in the context of HIV/AIDS.

Role: Trainee

Publications

The grant must be cited if any of the following applies to the peer-reviewed article or work:

- The publication was completed during your protected time granted by the program
- Training gained from the program supported the publication
- Funds or salary support was used to publish the article
- The publication resulted from work conducted while you were participating in this training program (Note: Manuscripts resulting from work conducted while in the training program, but not published until after the program appointment has ended, still require citation of the grant)

Publication citation example:

“Research reported in this publication was supported by the Eunice Kennedy Shriver National Institute of Child Health & Human Development (NICHD) and Fogarty International Center (FIC) award number D43TW011541. The content is solely the responsibility of the authors and does not necessarily represent the official views of the National Institutes of Health.”

Authors of peer-reviewed work are also required to obtain a PubMed Central ID (PMCID) for publications supported by this program funding. See NIH Public Assess and PMC at https://www.ncbi.nlm.nih.gov/pmc/about/public-access-info/.

Stipend/Benefits

CHILD-GRF Training Program will provide the following stipend/financial support:

- **Annual Training Stipend**: $4200 per year x 3 years, distributed quarterly.
  - **Direct Transfer**: Trainees will receive their stipend through direct transfer coordinated through the ICHAD Kampala office. Trainees must sign confirmation of receipt of stipend within 5 days.
  - **Electronic Receipt**: Signatures may be submitted electronically via email. You may need to utilize Foxit PDF Editor or Docusign to complete the form.
  - **In-Person Receipt**: If for some reason you are unable to submit your signature electronically, you may sign a receipt at the ICHAD Kampala office. You must coordinate this in advance with Training Coordinator, Ms. Rebecca Walugembe, rebeccawalu218@gmail.com.
    - Timely disbursement of your stipend is contingent on consistent and timely signature of receipt.
- **Travel-Related Expenses**:
  - **Round trip air and ground travel from Uganda to Washington University in St. Louis, Missouri, USA (tentative for July 2023)**, including payment for required visa fees.
  - **Lodging for six weeks of training at Washington University in St. Louis (tentative for July 2023)**.
  - **US health insurance if needed**. (Contact CHILD-GRF Training Program Manager).
    - **Note**: All travel arrangements must be made through the CHILD-GRF Program Manager.
- **Research Pilot Project**:
  - **Up to $5000 award in Year 2 to support research, data collection/entry, IRB approval, etc.**
  - **Pilot project funding is subject to the approval of your research mentor and CHILD-GRF program leadership and staff.**
Training Related Expenses
Some additional training related expenses, including text books or specialized software may be eligible for reimbursement by the CHILD-GRF program.

Professionalism
All trainees are expected to adhere to a high level of professional behavior. This includes:
- Responding to emails in a timely manner (within 48 hours)
- Adhering to deadlines
- Attending classes and seminars
- Participating in group discussions
- Communicating with program leadership, the training programs manager, and/or mentors in a timely manner when unable to meet a deadline or attend a training webinar/meeting
- Adhering to the standards and policies laid out in the Certification of Receipt of University Policies Regarding Non-Academic Transgressions (Appendix 2)

Conflict Resolution
If there is a concern or conflict regarding any area of the program, the trainee should communicate directly to program co-directors/mentors, or the training programs manager. In cases in which resolution is sought through a neutral party outside of the program, trainees may contact the Office of the Ombuds for staff, postdocs and graduate students. For contact and additional information, visit https://staffombuds.wustl.edu/.

Responsible Conduct of Research
Responsible conduct of research (RCR) is an essential element for all research trainees at all stages of their education and career. For the purposes of the CHILD-GRF program, the responsible conduct of research is defined as the practice of scientific investigation with integrity. It involves the awareness and application of established professional norms and ethical principles in the performance of all activities related to scientific research. Most trainees will have completed Collaborative Institutional Training Initiative (CITI) and RCR training with their home institutions or employers and are required to submit proof of completion to the training programs manager before the start of the training period. If a trainee does not have up-to-date RCR, they must reach out to the training programs manager to arrange CITI training through WashU's HR system. In addition, trainees will participate in an RCR webinar and discussion during the training period. For more information, please visit https://oir.nih.gov/sourcebook/ethical-conduct/responsible-conduct-research-training.

Resources
“Capacity Building Connection”
Trainees will receive the bi-weekly Capacity Building Connection, an online newsletter that lists research opportunities and information for training program fellows and alumni. It was created to keep you updated on relevant opportunities in training, funding, conferences, and other learning and professional development resources in a bi-weekly format.

ICHAD Publications Working Meetings
Trainees will be invited to attend regular Friday ICHAD Publications Working Meetings which bring together ICHAD scholars to their share ideas and research, and receive valuable feedback.
Appendix 1

Child Mental Health in HIV-Impacted Low-Resource Settings in Developing Countries:
Global Research Fellowship (CHILD-GRF)
Trainee Agreement

I agree to:

- Become a trainee in the CHILD-GRF Training Program, [dates].
- Participate in all online and in-person trainings, webinars, classes, and meetings, including 6-10 weeks each summer (June, July, August) virtually, in St. Louis, and/or in Uganda.
- Prepare for global travel to the United States including the necessary visa and vaccinations (tentative for July 2023).
- Conduct research under the guidance of my research mentor and ICHAD research staff.

I understand that as a trainee I am expected to:

- Meet regularly (by Zoom, telephone, and/or in-person) with my mentor. (Mentor is to be confirmed, and will receive agreement outlining their commitment.)
- Create an Individual Development Plan with my mentor to set goals and guide progress.
- Develop a proposal and conduct a research project during Year 2 of the program.
- Develop an abstract using my research experience and submit to a national conference.
- Work with my mentor to draft a publication or report related to my research experience.
- Submit a grant application for future research.
- Send submission of the above deliverables to Training Program Manager in a timely manner.
- Complete the Annual Program Evaluation and the end-of-appointment Exit Interview.
- Maintain “good standing” for the duration of the training program. Continued participation and receipt of stipends are contingent upon full participation in training events, meeting goals, and submitting deliverables.
- Provide my CV/biosketch/career updates annually upon request in a timely manner for 15 years post appointment period, per NIH requirements.

I understand the CHILD-GRF Training Program will provide the following financial support:

- **Annual Training Stipend:** $4200 per year x 3 years, distributed quarterly.
- **Travel-Related Expenses:**
  - Round trip air and ground travel from Uganda to Washington University in St. Louis, Missouri, USA (tentative for July 2023), including payment for required visa fees.
  - Lodging for six weeks of training at Washington University in St. Louis (tentative for July 2023).
  - US health insurance if needed. (Contact CHILD-GRF Training Program Manager).
  - **Note:** All travel arrangements must be made through the CHILD-GRF Program Manager.
- **Research Pilot Project:**
  - Up to $5000 award in Year 2 (2022) to support research, data collection/entry, IRB approval, etc.
  - Pilot project funding is subject to the approval of my research mentor and CHILD-GRF program leadership and staff.

Sign and send this Agreement to Laura Peer at Lpeer@wustl.edu by March 15, 2021. Receipt of this signed Agreement reserves your position in the program for 2021.

Trainee Name: ____________________________
Trainee Signature: ____________________________
Date: ____________________________

Complete and send the following documents to Laura Peer at Lpeer@wustl.edu by March 15, 2021:

1. CHILD-GRF Trainee Agreement
2. Personal Information Form - Non-Employee (attached)

Please save all documents with the following naming convention: Lastname_Firstname_Filename
Appendix 2

DRAFT

Research Training Programs
Certification of Receipt of University Policies Regarding Non-Academic Transgressions

I certify that I have received and read the following Washington University policies governing non-academic transgressions:

- Washington University Student Judicial Code (http://www.wustl.edu/policies/judicial.html)
- Washington University Office of Faculty Affairs Faculty Information Guide (https://facultyaffairs.wusm.wustl.edu/governance-policies/)
- Bulletin of the School of Medicine (http://bulletinoftheschoolofmedicine.wustl.edu/)
- Code of Conduct (http://universitycompliance.wustl.edu/codeofconduct/Pages/default.aspx)
- Research Integrity Policy (https://research.wustl.edu/PoliciesGuidelines/Pages/ResearchIntegrityPolicy.aspx)

By signing this statement, I agree to abide by the rules and regulations outlined in the policies listed above. I recognize that any suspected breach of conduct will be reviewed by the Training Program Directors, and, if necessary, will result in disciplinary action.

_________________________________________  ________________________________
Signature                                      Date

_________________________________________
First and Last Name
Appendix 3

DRAFT

Individual Development Plan (IDP)

The trainee and mentor should schedule a time to meet (virtually) by **May 17, 2021**, and complete the attached Individual Development Plan by **June 14, 2021**. Please send the final, completed form to Laura Peer, at lpeer@wustl.edu, by **June 14, 2021**.

**Overall Research Strategy:** Briefly describe the project the trainee will be working on during the first year of the three-year program (e.g. Development of research hypothesis and research questions and of research plans and outlines for the pilot study to be developed in the second year. Some examples include: Working on a measurement paper running models and writing-up results from an exploratory and confirmatory factor analyses on a Social Cohesion Scale; Develop and pre-test a qualitative study questionnaire examining stigma in youth with HIV, etc.)

**Educational Goals:** List any specific skills and/or courses that the trainee will need supplemental assistance with for your project (e.g. R programming, manuscript development, qualitative data analysis, etc.) This may include training you have already participated in with the CHILD-GRF program to date.

**Research Goals:** List any research goals that the trainee has for the specific project. (e.g. develop a set a fidelity criteria, etc.)

**Professional Goals:** List any professional goals that the trainee wants to accomplish during the training program (e.g. Grow research network, present work at a national conference, etc.).

**Communication Plan:** Provide an outline of your mentor/trainee communication plan for the first year. Include frequency (at least one meeting per month) and method(s) of communication.

Provide a brief overview of what the trainee will be working on during their first year in the CHILD-GRF program:

<table>
<thead>
<tr>
<th>Goals</th>
<th>Objectives</th>
<th>Details</th>
<th>Timeline/Dates</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Educational Goals</td>
<td>Identify any learning gaps/priorities the trainee has identified</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2. Research Goals</td>
<td>List any research goals that the trainee has for the specific project</td>
<td></td>
<td></td>
</tr>
<tr>
<td>3. Professional Goals</td>
<td>List any professional goals that the trainee wants to accomplish</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Appendix 4

Annual Trainee Update Report Form

Name:
Professional Degree Sought or Completed During Appointment:
Mentor(s):
Project:

I. Trainee Narrative (Provide a descriptive paragraph of your accomplishment in the past calendar year.)

II. Grants
   Awarded
   Submitted
   Planned/In progress

III. Publications
   Published
   Submitted
   Planned/In progress

IV. Conference presentations made or anticipated

V. Fellowships or other support

VI. Workshops attended or anticipated