

# Surgery Consultation Questions

When meeting with a surgeon for an initial consultation, it is a good idea to come with questions in order to get the most out of the visit. You do not have to ask all of these questions and may find you have questions that are not on this list, but this gives you an idea of the type of things you may want to know before choosing a surgeon. For more information please call **314-362-3500, option 2**.

## Prerequisites for surgery:

Your insurance company may require one or all of the following:

- **18 years old or older**
- **6 months or more on gender-affirming hormone therapy**
- **2 referrals from mental health providers**

If you do not meet these criteria, your insurance company may not pay for any part of the surgery including the initial consult with surgeon.

## Questions about insurance coverage/cost:

- Who is the contact person in the office and when will I be given the out-of-pocket costs?
- If coverage is denied, will surgery office appeal?
- If I pay out of pocket, is there any discount or financing plan available?
- Does the cost include hospital fees, pathology fees, anesthesia fees, supplies and medications? Does the cost include revisions?

## Tips for your meeting with the surgeon:

- Bring a friend or family member to take notes
- Arrive early and expect the visit to run late
- Bring post-surgery photos that you would be pleased with
- Bring this sheet or a list of questions you have
- Be prepared to disrobe. The surgeon will need to take measurements and photos.
- Check out more tips and recovery kits at <https://www.transrecoverysupply.com/>

## Questions about the surgery:

- What techniques do you offer? Are there techniques that you do not offer?
- Who all is involved in the surgery? Who does what?
- Do you have before and after photos from previous surgeries?
- What training have you had in this surgery? Did you have additional training before offering this surgery to trans identified people?
- How many of these surgeries have you done?
- Do I need to have a pre-op physical or bloodwork?
- Do I need to stop hormones before surgery?
- Will surgery have an effect on sensation?

## Questions about recovery:

- How long of a recovery period can I expect? How long will I need to be off work?
- Do I need someone else to help with care at home during the recovery period?
- What type of follow-up is required after surgery?
- Will medications be prescribed after surgery?
- Are there any complications that can occur? How often do patients need another surgery?
- How soon after surgery will I see my final results? What are my options if I am not satisfied?

# St. Louis Area Surgical Gender Affirmation Options

## Chondromyringoplasty/Tracheal Shaving

Dr. Randall Paniello and Dr. Joseph Bradley, Washington University  
(314) 362-7509

## Bottom Surgery

Dr. Cathy Naughton – Metropolitan Urological Specialists  
(314) 315-9965

Dr. Gino Vricella—Washington University Center for Advanced Medicine  
(314) 362-8200

## Top Surgery

Dr. Alison Snyder Warwick and Dr. Kamlesh Patel, Washington University (plastic surgery)  
(314) 362-7388 or (800) 283-5848

Dr. Julie Margenthaler –Siteman Cancer Center at Washington University (breast surgeon)  
(314) 747-7222 or Phone: 314-362-2280 Fax: 888-352-8360

Dr. Marissa Tenenbaum and Dr. Terry Myckatyn –West County Plastic Surgeons of Washington University  
(314) 996-8800

Dr. Amy Cyr—Center for Advanced Medicine and St. Peters, Washington University (breast surgeon)  
(314) 747-8708

Dr. Melvin Maclin and Dr. Patricia McGuire, Parkcrest Plastic Surgery in West County  
(314) 485-4965

## Facial Feminization

Dr. Kamlesh Patel, Washington University at St. Louis Children's  
(314) 362-7388 or (800) 283-5848

## Hysterectomy

Dr. David Eisenberg and Dr. Gillian Schivone—Washington University  
(314) 362-4211