Translation and Validation of the Evidence-Based Practice Attitude Scale to Brazilian Portuguese: Challenges and Lessons Learned

Ana A. Baumann1, Alejandro J. Vázquez2, bobbi j. carothers3,ackleide c.f. coelho4, alicia lima custodio5, mariana m. juras6, mariana kohlsdorf7, ana carolina macchione8, michela rodri gues ribero9

PurposE
- Evidence-Based Practice Attitude Scale (EBPAS) measures professionals’ feelings about using evidence-based interventions
- Use of evidence-based interventions is novel in Brazil, presenting a challenge

GOAL
- Translate and validate EBPAS for use in Brazilian mental health settings

METHOdS

Procedure
- Translated the EBPAS-15 into Brazilian Portuguese, evaluated forward and back-translations
- Participants recruited via snowball sample

Sample
- N = 352, mostly: women, studied psychology, worked in private practice, 8-14 years of experience

RESULTS

The original factor structure required minor modification.

<table>
<thead>
<tr>
<th>Challenge</th>
<th>Solutions</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ethics laws in Brazil do not allow for participant monetary incentives</td>
<td>Include different recruitment strategies such as WhatsApp</td>
</tr>
<tr>
<td>Most psychologists are in private practice, presenting a challenge for reach</td>
<td>Connect with national organizations (e.g., National Psychology Association) for sampling</td>
</tr>
</tbody>
</table>

“De maneira geral as considerações inofensivas e com pouco espaço para acolher e ouvir os pais, o que acaba sendo uma demanda importante deles nesse tipo de trabalho.” [Generally, I consider them (the interventions) not so flexible and with little space to welcome and listen to parents, which ends up being an important demand in this type of work.]