

Lessons learned from 23 years of community-engaged research

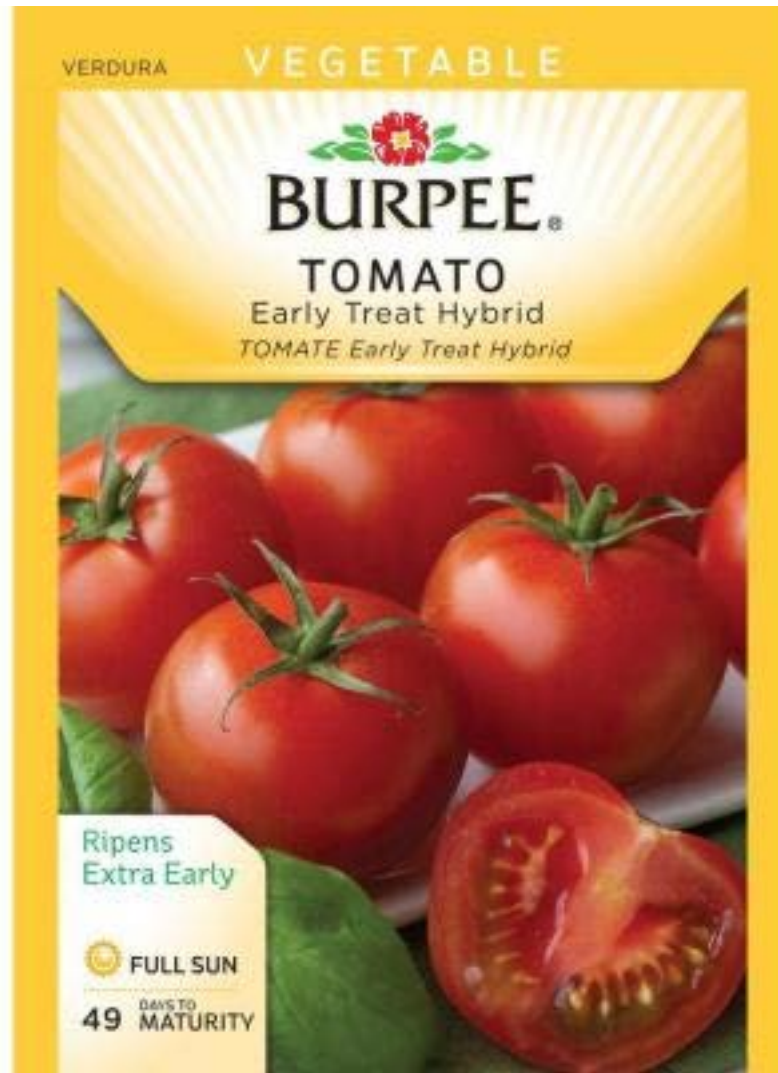
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MT-DIRC
June 7, 2016

Research 1993-2016

- 45+ original studies
- 31,000+ participants

Health is not a primary value.





Baby Calendar

made just for
Nikki Williams



Comprehensive Health Centers

5471 Martin Luther King Dr.
St. Louis, MO 63112
314-367-5820

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Don't Forget

Bring Nikki for her next appointment date on:

August 4
10:00 AM

Now presenting... solid foods!

Is Nikki ready for solid foods yet? Many babies her age are. If you're not sure, ask your doctor. If you've already started Nikki on solid foods, you know that shopping for baby food can be overwhelming. Which foods would be best for Nikki? You might try rice cereal, applesauce, or mashed bananas to start with. But store-bought baby food is

not your only choice. Many parents prepare baby food at home. For example, you can steam vegetables and strain them. Skip the sugar, salt, spices, or fat when you prepare your own baby food. Nikki isn't ready to eat foods with those extra seasonings yet. And remember, it's never too early to start healthy eating!

July 1998

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Make funny faces for Nikki in the mirror.	2	3	Independence Day
5 Wipe the tops of baby food jars before opening.	6	7 Throw out opened baby food after two days.	8	9 Nikki is 6 months old today!	10	11
12	13	14	15	16	17	18 It's important to keep bottle feeding Nikki.
19 Caution! Food that is microwaved could burn Nikki.	20	21 Apply sunscreen on Nikki when you take her outside!	22	23 Feed Nikki from a spoon, not straight from the jar.	24	25
26	27 Nikki likes to hear her name!	28	29	30	31 Hand Nikki toys in both of her hands.	



***Health is among many needs of
vulnerable populations.***

Basic needs index (0-7)

- 0 unmet basic needs	6%
- 1 unmet basic need	14%
- 2 unmet basic needs	34%
- 3+ unmet basic needs	46%

Partnerships can expand reach.



Meet people where they live.



11



13



15



14



Messengers matter.


Living Proof: Can survivor stories increase mammography in African American women?




Co-creation yields better solutions.


HEALTH CAREERS magazine
TEACHER'S GUIDE with ideas for classroom use!

Pathways






He goes **BENEATH** the surface



She's the **VOICE** for the community



She's the **BOSS**

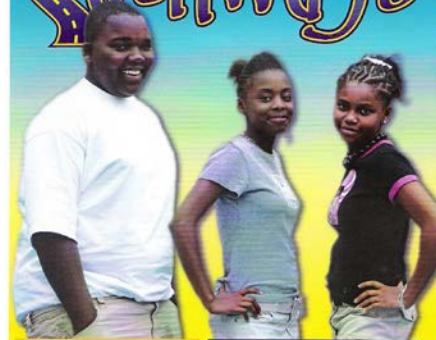
Make your DREAM career a REALITY


What career would suit YOU?

Read all about their careers!


HEALTH CAREERS magazine
made for Gateway students!

Pathways






A different kind of **TEACHER**

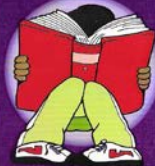


Meet this "detective"



She works **BEHIND** the scenes

What's your learning STYLE?





It's time to get thinking about YOUR FUTURE!

Read all about their careers!


HEALTH CAREERS magazine
made for Gateway students!

Pathways






She'll get you **MOVING**



Check out his "HIDDEN" career



She knows **FOOD**

What's your PERSONALITY TYPE?

Create your own path to success!

Read all about their careers!

Follow-through = respect.

People and relationships.