

Tammy English

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EDUCATION

- 2008 Ph.D. in Social and Personality Psychology; University of California, Berkeley (Mentors: Serena Chen and Oliver P. John).
- 2004 M.A. in Social and Personality Psychology; University of California, Berkeley (Mentors: Serena Chen and Kaiping Peng).
- 2000 B.A. in Psychology; Swarthmore College (Mentor: Andrew Ward).

ACADEMIC POSITIONS

- 2019-present Associate Professor. Department of Psychological and Brain Sciences, Washington University in St. Louis.
- 2013-2019 Assistant Professor. Department of Psychological and Brain Sciences, Washington University in St. Louis.
- 2009-2013 Postdoctoral Fellow. Department of Psychology, Stanford University (Mentor: Laura Carstensen).
- 2008-2009 Postdoctoral Research Associate. University of California, Berkeley, Institute of Personality and Social Research (Mentor: Oliver P. John).

RESEARCH INTERESTS

Emotion and emotion regulation; Life-span development; Close relationships; Culture, self and identity

HONORS AND AWARDS

- 2022 Fellow, Association for Psychological Science.
- 2018 Outstanding Faculty Mentor Award, Washington University in St. Louis.
- 2014 National Institute on Aging (NIA) Butler-Williams Scholars Program.
- 2010-2013 Ruth L. Kirschstein National Research Service Award (NIH/NIA F32AG034783).
- 2013 Travel Award, Scientific Research Network on Decision Neuroscience and Aging.
- 2009-2010 Postdoctoral Fellowship, Stanford Center for Longevity.
- 2006 Outstanding Graduate Student Instructor Award, University of California, Berkeley.
- 2005 Block Grant, University of California, Berkeley.
- 2003 NSF Graduate Research Fellowship, Honorable Mention.

EXTERNAL RESEARCH GRANTS

- 2021-2026 National Institutes of Health (R01AG070139), “Neural and motivational mechanisms of age-related change in emotion regulation” (Co-PIs: **Tammy English** and Renee Thompson; Co-I: Todd Braver).

- 2020-2022 National Institutes of Health (R21AG067295), “Healthy aging and the cost of cognitive effort” (co-PIs: Todd Braver and Jonathan Peelle; consultant: **Tammy English**).
- 2019-2021 National Institute of Aging (R21AG062841), “Mild cognitive impairment and emotion regulation in naturalistic contexts” (PI: **Tammy English**; Co-I: David Balota).
- 2018-2020 National Institute of Aging (R03AG057795), “The role of cognitive and social processes in emotion regulation across adulthood” (PI: **Tammy English**; Co-I: David Balota).
- 2018-2020 Office of Research Integrity (ORIIR180042), “Examining lab leadership and management practices that foster a climate for research ethics” (PI: Alison L. Antes; Co-Is: James M. DuBois and **Tammy English**).
- 2014-2016 Office of Research Integrity (ORI2014000046), “The role of culture and experience in the perception of research regulations, norms and values” (PI: James M. DuBois; Co-Is: Alison L. Antes and **Tammy English**).
- 2010-2012 National Institute on Aging seed grant from Stanford’s Center for Advancing Decision Making in Aging (AG024957), “Psychological costs and benefits to genetic testing” (PI: **Tammy English**).

PUBLICATIONS

(* indicates student or trainee who worked under my supervision)

- *Growney, C. M. & **English, T.** (in press). Fluid and crystallized cognitive resources differentially linked to emotion regulation success in adulthood. *Emotion*.
- *Landa, I. & **English, T.** (in press). Variability in state authenticity predicts daily affect and emotion regulation. *Emotion*.
- *Crawford, J. L., **English, T.**, & Braver, T. S. (2022). Incorporating Ecological Momentary Assessment into multi-method investigations of cognitive aging: Promise and practical considerations. *Psychology and Aging, 37*, 84-96.
- *Eldesouky, L., & **English, T.** (2022). Always in flux: The role of attentional focus in emotion regulation dynamics. *Cognition and Emotion, 36*, 345-351.
- *Springstein, T., *Growney, C. M., & **English, T.** (2022). Supporting robust research on adult emotional development by considering context. *Psychology and Aging, 37*, 97-110.
- DuBois, J. M., Mozersky, J., Antes, A. L. **English, T.**, Parsons, M. V., & Baldwin, K. (2021). Attitudes toward genomics and precision medicine. *Journal of Clinical and Translational Science 5*: e120, 1–9.
- English, T.**, *Eldesouky, L., & Gross, J. J. (2021). Emotion regulation: Basic processes and individual differences. In O. P. John & R. W. Robins (Eds.), *Handbook of Personality: Theory and research (4th ed.; pp. 523-542)*. New York: Guilford Press.
- English, T.**, & *Growney, C. M. (2021). A relational perspective on emotion regulation across adulthood. *Social and Personality Psychology Compass, 15*(6), e12601.
- *Kwak, J. & **English, T.** (2021). Goals and interpersonal emotion regulation in close relationships (Top ranked abstracts from the 2021 Annual Meeting of the Society for Affective Science). *Affective Science*.
<https://doi.org/10.1007/s42761-021-00071-9>
- Solomon, E. D., **English, T.**, Wroblewski, M., DuBois, J. M., & Antes, A. L. (2021). Assessing the climate for research ethics in labs: Development and validation of a brief measure. *Accountability in Research: Policies and Quality Assurance, 1-16*.

- *Springstein, T. & **English, T.** (2021). Adapting to situations: Emotion regulation flexibility across adulthood. (Top ranked abstracts from the 2021 Annual Meeting of the Society for Affective Science). *Affective Science*. <https://doi.org/10.1007/s42761-021-00068-4>
- Thompson, R. J., *Bailen, N. H., & **English, T.** (2021). Everyday emotional experiences in current and remitted major depressive disorder: An experience sampling study. *Clinical Psychology Science, 9*(5) 866-878.
- Ward, A., **English, T.**, & Chin, M. (2021). Physical attractiveness predicts endorsement of specific evolutionary psychology principles. *PLoS ONE 16*(8): e0254725.
- English, T.**, & *Eldesouky, L. (2020). Emotion regulation flexibility: Challenges and promise of using ecological momentary assessment. *European Journal of Psychological Assessment, 36*(3), 456–459
- English, T.**, & *Eldesouky, L. (2020). We're not alone: Understanding the social consequences of intrinsic emotion regulation. *Emotion, 20*, 43-47.
- *Landa, I., Bono, T. & **English, T.** (2020). Mood regulation and relationship quality predict change in homesickness during college. *British Journal of Psychology, 111*, 55-69.
- Antes, A. L., **English, T.**, Baldwin, K. A., & DuBois, J. M. (2019). What explains associations of researchers' nation of origin and scores on a measure of professional decision-making? Exploring key variables and interpretation of scores. *Science and Engineering Ethics, 1*-32.
- Benson, L., **English, T.**, Conroy, D. E., Pincus, A. L., Gerstorf, D., & Ram, N. (2019). Age differences in emotion regulation strategy use, variability, and flexibility: An experience sampling approach. *Developmental Psychology, 55*(9), 1951-1964.
- *Eckland, N., & **English, T.** (2019). Trait-level emotion regulation and emotional awareness predictors of empathic accuracy. *Motivation and Emotion, 43*(3), 461-470.
- *Eldesouky, L., & **English, T.** (2019). Individual differences in emotion regulation goals: Does personality predict the reasons why people regulate their emotions? *Journal of Personality, 87*(4), 750-766.
- *Eldesouky, L., & **English, T.** (2019). Regulating for a reason: Emotion regulation goals are linked to spontaneous strategy selection. *Journal of Personality, 87*(5), 948-961.
- Antes, A. L., **English, T.**, Baldwin, K. A., & DuBois, J. M. (2018). The role of culture and acculturation in researchers' perceptions of rules in science. *Science and Engineering Ethics, 24*, 361-391.
- *Eldesouky, L., Thompson, R. J., Oltmanns, T. F., & **English, T.** (2018). Affective instability predicts the course of depression in late middle-age and older adulthood. *Journal of Affective Disorders, 239*, 72-78.
- *Eldesouky, L., & **English, T.** (2018). Another year older, another year wiser? Emotion regulation strategy selection and flexibility across adulthood. *Psychology and Aging, 33*, 572-585.
- English, T.**, Antes, A. L., Baldwin, K. A., & DuBois, J. M. (2018). Development and preliminary validation of a new measure of values in scientific work. *Science and Engineering Ethics, 24*, 393-418.
- Boucher, H. C., & **English, T.** (2017). The yin-yang of personality: Implications of naive dialecticism for social cognition, the self-concept, and well-being. In A. T. Church (Ed.), *Handbook of Personality across Cultures* (Vol. 3, pp. 179-206). Santa Barbara, CA: Praeger.
- *Eldesouky, L., **English, T.**, & Gross, J. J. (2017). Out of sight, out of mind? Accuracy and bias in emotion regulation trait judgments. *Journal of Personality, 85*, 543-552.
- English, T.**, & Carstensen, L. L. (2017). Socioemotional selectivity theory. In N. A. Pachana (Ed.), *Encyclopedia of Geropsychology* (pp. 1-6). Springer.

- English, T.,** *Davis, J., *Wei, M., & Gross, J. J. (2017). Homesickness and adjustment across the first year of college: A longitudinal study. *Emotion, 17*, 1-5.
- English, T.,** Lee, I., John, O. P., & Gross, J. J. (2017). Emotion regulation strategy selection in daily life: The role of social context and goals. *Motivation and Emotion, 41*, 230-242.
- *Harris, K., **English, T.,** Harms, P. D., Gross, J. J., & Jackson, J. J. (2017). Why are extraverts more satisfied? Personality, social experiences, and satisfaction in college. *European Journal of Personality, 31*, 170-186.
- Velotti, P., Balzarotti, S., Tagliabue, S., **English, T.,** Zavattini, G. C., & Gross, J. J. (2016). Emotional suppression in early marriage: Actor, partner and similarity effects on marital quality. *Journal of Social and Personal Relationships, 33*, 277-302.
- English, T.,** & Carstensen, L. L. (2015). Does positivity operate when the stakes are high?: Health status and decision-making among older adults. *Psychology and Aging, 30*, 348-355.
- English, T.,** & Carstensen, L. L. (2015). Emotions and aging. In J. Wright (Ed.), *International Encyclopedia of Social and Behavioral Sciences*, 2nd edition. Elsevier.
- English, T.,** & Carstensen, L. L. (2014). Emotional experience in the mornings and the evenings: Consideration of age differences in specific emotions by time of day. *Frontiers in Psychology, 5*, 185.
- English, T.,** & Carstensen, L. L. (2014). Will interventions targeting conscientiousness improve aging outcomes? *Developmental Psychology, 50*, 1478-1481.
- English, T.,** & Carstensen, L. L. (2014). Selective narrowing of social networks across adulthood is associated with improved emotional experience in daily life. *International Journal of Behavioral Development, 38*, 195-202.
- Larsen, J. K., & **English, T.** (2014). The importance of authentic emotion regulation. *International Society for the Study of Behavioural Development Bulletin, 1*, 2-5.
- English, T.** & Carstensen, L. L. (2013). Shifts in emotional experience and regulation across adulthood. In B. Mesquita & L. Campbell (Eds.), *Changing Emotions* (pp. 31-36). Psychology Press.
- English, T.,** & John, O. P. (2013). Understanding the social effects of emotion regulation: The mediating role of authenticity for individual differences in suppression. *Emotion, 13*, 314-329.
- English, T.,** John, O. P., & Gross, J. J. (2013). Emotion regulation in relationships. In J. A. Simpson & L. Campbell (Eds.), *Handbook of close relationships* (pp. 500-513). Oxford University Press.
- Larsen, J. K., Vermulst, A. A., Geenen, R., van Middendorp, H., **English, T.,** Gross, J. J., Ha, T. Evers, C., & Engels, R. C.E. (2013). Emotion regulation in adolescence: A prospective study of expressive suppression and depressive symptoms. *The Journal of Early Adolescence, 33*, 184-200.
- Nelson, S. K., Kushlev, K., **English, T.,** Dunn, E. W., & Lyubomirsky, S. (2013). In defense of parenthood: Children are associated with more joy than misery. *Psychological Science, 1*, 3-10.
- Scheibe, S. **English, T.,** Tsai, J., & Carstensen, L. L. (2013). Striving to feel good: Ideal affect, actual affect, and their correspondence across adulthood. *Psychology and Aging, 28*, 160-171.
- English, T.,** John, O. P., Srivastava, S., & Gross, J. J. (2012). Emotion regulation and peer-rated social functioning: A four-year longitudinal study. *Journal of Research in Personality, 46*, 780-784.
- Impett, E. A., Kogan, A., **English, T.,** John, O. P., Oveis, C., Gordon, A. M. & Keltner, D. (2012). Suppression sours sacrifice: Affective and relational costs of suppressing emotions in romantic relationships. *Personality and Social Psychology Bulletin, 38*, 707-720.

- Larsen, J. K., Vermulst, A. A., Eisinga, R., **English, T.**, Gross, J. J., Hofman, E., Scholte, R. H. J., & Engels, R. C. E. (2012). Social coping by masking? Parental support and peer victimization as mediators of the relationship between depressive symptoms and expressive suppression in adolescents. *Journal of Youth and Adolescence*, *41*, 1628-1642.
- Petrican, R., **English, T.**, Gross, J. J., Grady, C., Hai, T. & Moscovitch, M. (2012). Friend or foe? Age moderates time-course specific responsiveness to trustworthiness cues. *Journals of Gerontology Series B: Psychological Sciences and Social Sciences*, *68*, 215-223.
- English, T.**, & Chen, S. (2011). Self-concept consistency and culture: The differential impact of two forms of consistency. *Personality and Social Psychology Bulletin*, *37*, 838-849.
- Impett, E. A., **English, T.**, & John, O. P. (2011). Women's emotions during interactions with their grown children in later adulthood: The moderating role of attachment avoidance. *Social Psychological and Personality Science*, *2*, 42-50.
- English, T.**, Chen, S., & Swann, W. B., Jr. (2008). A cross-cultural analysis of self-verification motives. In R. M. Sorrentino & S. Yamaguchi (Eds.), *Handbook of motivation and cognition within and across cultures* (pp. 119-142). Elsevier/Academic Press.
- English, T.**, & Chen, S. (2007). Culture and self-concept stability: Consistency across and within contexts among Asian Americans and European Americans. *Journal of Personality and Social Psychology*, *93*, 478-490.
- Chen, S., **English, T.**, & Peng, K. (2006). Self-verification and contextualized self-views. *Personality and Social Psychology Bulletin*, *32*, 930-942.
- Mather, M., Canli, T., **English, T.**, Whitfield, S., Wais, P., Ochsner, K., Gabrieli, J. D. E., & Carstensen, L. L. (2004). Amygdala responses to emotionally valenced stimuli in older and younger adults. *Psychological Science*, *15*, 259-63.

INVITED TALKS AND CONFERENCE PRESENTATIONS

(* indicates student or trainee who worked under my supervision)

- *Growney, C. M., & **English, T.** (2022, August). *Emotion regulation in a cognitively diverse sample of young and older adults*. Talk to be presented at the American Psychological Association annual conference, Minneapolis, MN.
- *Springstein, T., *Growney, C. M., *Kwak, J.J., & **English, T.** (2022, July). *Using social resources to regulate emotions in daily life: Interpersonal emotion regulation across adulthood*. Symposium talk to be presented at the International Society for Research on Emotion annual conference, Los Angeles, CA
- *Growney, C. M., & **English, T.** (2022, March). *Cognitive control predicting emotion regulation strategy use*. Flash talk to be presented at Society for Affective Science annual conference.
- *Growney, C. M., *Gray, A. M., & **English, T.** (2022, March). *Cognitive ability and mental health predict positive emotion diversity in an age-diverse sample*. Flash talk to be presented at Society for Affective Science Positive Emotions Preconference.
- *Springstein, T. & **English, T.** (2022, March). *Using social resources to manage emotions in daily life: Interpersonal emotion regulation across adulthood*. Symposium talk to be presented at the Society for Affective Science annual conference.
- *Springstein, T., & **English, T.** (2021, June). *Context matters? Using EMA to investigate situation-specific emotion regulation across adulthood*. Talk presented at Society for Ambulatory Assessment annual conference.
- English, T.** (2020, July). *The role of attentional focus in emotion regulation dynamics among romantic partners*. Talk accepted at the European Association of Social Psychology annual conference, Krakow, Poland (canceled due to COVID-19).

- English, T.** (2020, May). *Emotion regulation dynamics and flexibility in daily life*. Invited talk at the Association for Psychological Science annual conference, Chicago, IL (canceled due to COVID-19).
- *Landa, I., & **English, T.** (2020, May). *Social fit and authenticity: Dynamic social and emotional processes in daily interactions*. Talk accepted at the Association for Psychological Science annual conference (canceled due to COVID-19).
- *Bentley, K., & **English, T.** (2020, February). *Decoding expressive suppression's influence on nonverbal behavior during social interactions*. Talk given at the Non-verbal behavior Preconference of the Society for Personality and Social Psychology annual conference, New Orleans, LA.
- English, T.** & *Eldesouky, L. (2019, August). *Spontaneous emotion regulation strategy use across adulthood*. Talk given at the American Psychological Association annual conference, Chicago, IL.
- *Eldesouky, L., Beck, E.D., Gross, J.J., & **English, T.** (2019, June). *Do the stars align? An investigation of convergence between trait and state emotion regulation*. Talk given at the Bay Area Affective Science Conference, San Francisco, CA.
- Benson, L., **English, T.**, Conroy, D. E., Pincus, A. L., Gerstorf, D., & Ram, N. (2019, May). *Emotion experience and regulation in context: Stressors, social partners, and age*. Paper presented as part of a symposium at the Association for Psychological Science conference, Washington DC.
- *Eldesouky, L. & **English, T.** (2019, April). *Emotion regulation goals predict strategy use in daily life*. Talk given at the World Conference on Personality, Hanoi, Vietnam.
- *Eldesouky, L., Beck, E. D., Gross, J. J., & **English, T.** (2019, April). *Do the stars align? An investigation of convergence between trait and state emotion regulation*. Talk given at the World Conference on Personality, Hanoi, Vietnam.
- Benson, L., **English, T.**, Conroy, D. E., Pincus, A. L., Gerstorf, D., & Ram, N. (2019, March). *Age differences in reappraisal and suppression depend on relational and emotional contextual features of daily life social interactions*. Talk given at the Society for Affective Science conference, Boston, MA.
- *Eldesouky, L. & **English, T.** (2019, March). *Always in flux: Attentional focus influences emotion regulation flexibility*. Talk given at the Society for Affective Science Conference, Boston, MA.
- English, T.** (2018, May). Discussant for *Putting positive networks to work* at the Happiness and Well-being Project capstone conference, St. Louis, MO.
- *Eldesouky, L. & **English, T.** (2018, May). *Emotion regulation dynamics and their affective and social consequences*. Talk given at the Association for Psychological Science annual conference, San Francisco, CA.
- English, T.** (2018, March). *Daily emotion regulation strategy use across adulthood*. Invited talk given at the Emotion Pre-Conference of Society for Personality and Social Psychology annual conference, Atlanta, GA.
- English, T.** & *Eldesouky, L. (2017, July). *Linking hedonic and instrumental emotion regulation goals to strategy preferences*. Talk given at the International Society for Research on Emotion annual conference, St. Louis, MO.
- *Bentley, K., & **English, T.** (2017, July). *Behavioral characteristics of expressive suppression during martial conflict*. Talk given at the International Society for Research on Emotion annual conference, St. Louis, MO.
- *Eldesouky, L., & **English, T.** (2017, July). *Age differences in the link between daily emotion regulation strategy use and well-being*. Talk given at the IAGG World Congress of Gerontology and Geriatrics annual conference, San Francisco, CA.
- *Eldesouky, L., & **English, T.** (2017, June). *Big Five personality traits predict individual differences in emotion regulation goals*. Talk given at the Association for Research in Personality annual conference, Sacramento, CA.
- *Bentley, K., & **English, T.** (2017, June). *Is it ok to laugh? Off-color humor's influence on emotions and racial outgroup attitudes*. Talk given at the Society for the Psychological Study of Social Issues annual conference, Albuquerque, NM.

- English, T.** (2017, November). *An interpersonal approach to emotion regulation motives*. Clinical Science Seminar. Washington University in St. Louis.
- English, T.** & *Eldesouky, L. (2017, May). *How do goals predict preferences for emotion regulation strategies?* Talk given at the Association for Psychological Science annual conference, Boston, MA.
- *Eldesouky, L., & **English, T.** (2017, May). *Perceived emotion regulation ability in adulthood and its implications for emotional well-being and social functioning*. Talk given at the Association for Psychological Science annual conference, Boston, MA.
- *Eldesouky, L., & **English, T.** (2017, January). *Love is blind, but not completely: Emotion regulation trait judgments in romantic relationships*. Talk given at the Society for Personality and Social Psychology annual conference, San Antonio, TX.
- English, T.** (2016, April). *Emotion regulation in social contexts*. Department of Psychology, Colby College.
- English, T.** (2016, April). *An interpersonal perspective on emotion regulation*. PNP/Medical School Seminar. Washington University in St. Louis.
- English, T.** (2015, October). *The social nature of emotion regulation*. Department of Psychology, Saint Louis University.
- English, T.,** Lee, I., Srivastava, S., Gross, J. J., & John, O. P. (2015, June). *Stability and change in emotion regulation patterns across college*. Talk given at the Association for Research in Personality annual conference, St. Louis, MO.
- *Eldesouky, L., & **English, T.** (2015, May). *Emotion regulation goals in social interactions*. Talk given at the Association for Psychological Science annual conference, New York, NY.
- English, T.** (2014, December). *Older adults' health-related decision-making: The role of positivity in attention*. Talk given at the Issues in Aging Seminar, Washington University in St. Louis.
- English, T.,** & Carstensen, L. L. (2014, November). *Age-related improvements in daily emotion regulation*. Talk given at the Gerontological Society of America annual conference, Washington, DC.
- Reed, A. E., Sims, T. L., **English, T.,** & Carstensen, L. L. (2014, November). *The age-related positivity effect in decision making: Implications for choice quality*. Talk given at the Gerontological Society of America annual conference, Washington, DC.
- English, T.** (2014, October). *The social nature of emotional suppression*. Department of Psychology, University of Illinois, Urbana-Champaign.
- English, T.** (2014, May). *Happiness and aging*. Missouri Osteoporosis Foundation Support Group, St. Louis, MO.
- Reed, A. E., Sims, T. L., **English, T.,** & Carstensen, L. L. (2014, May). *The age-related positivity effect in decision making: Implications for choice quality*. Talk given at the Association for Psychological Science annual conference, San Francisco, CA.
- Reed, A. E., Sims, T. L., **English, T.,** & Carstensen, L. L. (2014, April). *The age-related positivity effect in decision making: Implications for decision quality*. Talk given at the Cognitive Aging annual conference, Atlanta, GA.
- English, T.,** & Carstensen, L. L. (2013, November). *Socioemotional functioning across adulthood: A 10-year longitudinal experience sampling study*. Talk given at the Gerontological Society of America annual conference, New Orleans, LA.
- English, T.** (2013, October). *The social nature of emotional suppression*. Department of Psychology, Northwestern University.
- English, T.** (2013, April). *Psychological consequences of genetic testing*. Health Research and Policy Department. Stanford University.

- English, T.**, & Carstensen, L. L. (2012, November). *Does positivity operate when stakes are high?: The role of health in older adults' decision-making*. Talk given at the Gerontological Society of America annual conference, San Diego, CA.
- English, T.** (2012, March). *Aging, emotion, and health-related decisions: The role of health status*. Department of Psychology, University of California, Berkeley.
- English, T.** (2011, November). *Does positivity operate when the stakes are high?: The role of health in older adults' decision-making*. Department of Psychology, Stanford University.
- English, T.** (2009, May). *Development towards healthier emotion regulation*. Talk given at the Association for Psychological Science annual conference, San Francisco, CA.
- English, T.**, & John, O. P. (2009, February). *Emotion regulation and social functioning in adulthood: Testing mediators of the negative social consequences of suppression*. Talk given at the Society for Personality and Social Psychology annual conference, Tampa, FL.
- Chen, S., & **English, T.** (2008, October). *Culture and self-concept stability: Consistency across and within contexts among Asian Americans and European Americans*. Talk given at the Society of Experimental Social Psychology annual conference, Sacramento, CA.

SYMPOSIUM CHAIRED

(* indicates student or trainee who worked under my supervision)

- English, T.** (2022, August). *Emotion regulation across the adult lifespan: Age differences and similarities*. Chair, symposium to be presented at the American Psychological Association annual conference, Minneapolis, MN.
- *Landa, I. & **English, T.** (2020, May). *Person-environment fit across time and cultural levels of analysis*. Co-chairs, symposium accepted for the Association for Psychological Science annual conference (canceled due to COVID-19).
- *Eldesouky, L. & **English, T.** (2018, May). *Always in flux: Taking a dynamic approach to emotion regulation*. Co-chairs, symposium presented at the Association for Psychological Science annual conference, San Francisco, CA.
- Thompson, R. & **English, T.** (2017, July). *Naturalistic assessments of affective evaluations and emotion regulation strategy preferences*. Co-chairs, symposium presented at the International Society for Research on Emotion annual conference, St. Louis, MO.
- *Eldesouky, L. & **English, T.** (2017, July). *It comes with the territory: Mechanisms underlying enhanced emotional well-being in older adulthood*. Co-chairs, symposium presented at the IAGG World Congress of Gerontology and Geriatrics annual conference, San Francisco, CA.
- *Eldesouky, L., & **English, T.** (2017, June). *Individual differences in emotion regulation: Types, predictors, and consequences*. Co-chairs, symposium presented at the Association for Research in Personality annual conference, Sacramento, CA.
- *Eldesouky, L. & **English, T.** (2017, May). *Another year older, another year wiser: The development of emotion regulation across the lifespan*. Co-chairs, symposium presented at the Association for Psychological Science annual conference, Boston, MA.
- *Eldesouky, L. & **English, T.** (2017, January). *You're not alone: How social factors shape emotion regulation*. Co-chairs, symposium presented at the Society for Personality and Social Psychology annual conference, San Antonio, TX.
- *Eldesouky, L. & **English, T.** (2015, June). *Individual differences in emotional experience and regulation*. Co-chairs, symposium presented at the Association for Research in Personality annual conference, St. Louis, MO.

- *Eldesouky, L. & **English, T.** (2015, May). *Putting emotion regulation in context: The role of social relationships in modulating affect*. Co-chairs, symposium presented at the Association for Psychological Science annual conference, New York, NY.
- John, O. P. & **English, T.** (2009, February). *Comfortably numb? Linking emotion regulation to interpersonal functioning and culture*. Co-chairs, symposium presented at the Society for Personality and Social Psychology annual conference, Tampa, FL.
- Chen, S. & **English, T.** (2008, October). *The self across cultures: Conceptualizing similarities and differences*. Co-chairs, symposium presented at the Society of Experimental Social Psychology annual conference, Sacramento, CA.

CONFERENCE POSTER PRESENTATIONS

(* indicates student or trainee who worked under my supervision)

- *Growney, C. M., & **English, T.** (2022, August). *Perceived cognitive demands of emotion regulation strategies in younger and older adults*. Poster to be presented at the American Psychological Association annual conference, Minneapolis, MN.
- *Crawford, J. L., **English, T.** & Braver, T. S. (2022, April). *Effects of gain and loss incentive framing on cognitive effort-based decision-making in younger and older adults: A multimethod approach*. Poster to be presented at the Cognitive Aging Conference, Atlanta, GA.
- *Growney, C. M., Balota, D. A., & **English, T.** (2022, April). *Indicators of cognitive status in older adults with and without mild cognitive impairment*. Poster to be presented at the Cognitive Aging Conference, Atlanta, GA.
- *Gray, A. M., *Growney, C. M., **English, T.** (2022, March). *Capitalization and gratitude in daily life: Do age and closeness matter?* Poster to be presented at the Society for Affective Science annual conference.
- *Kwak, J. J. & **English, T.** (2022, March). *Extrinsic emotion regulation choices in daily life: The role of situational and social context*. Poster to be presented at the Society for Affective Science annual conference.
- *Springstein, T., & **English, T.** (2022, March). *A right time for everything? Context-based emotion regulation flexibility is associated with well-being*. Poster to be presented at the Society for Affective Science annual conference.
- *Growney, C. M. & **English, T.** (2022, February). *Daily interpersonal emotion regulation and well-being in an age-diverse sample*. Poster presented at the Society for Personality and Social Psychology annual conference.
- *Kwak, J. J. & **English, T.** (2022, February). *Extrinsic emotion regulation at the daily and global level: Associations with regulator well-being*. Poster presented at the Society for Personality and Social Psychology 2022 annual Emotion Preconference.
- *Springstein, T. & **English, T.** (2022, February). *Emotion regulation motives – a matter of personal values?* Poster presented at the Society for Personality and Social Psychology 2022 annual Emotion Preconference.
- *Wild, T., *Springstein, T. & **English, T.** (2022, February). *Alone but not lonely? Social network quality and everyday solitude in adulthood*. Poster presented at the Society for Personality and Social Psychology annual conference.
- *Growney, C. M., & **English, T.** (2021, November). *Positive peripheral social network members in older age: Global and daily appraisals of social partners*. Poster presented at Gerontological Society of America Conference.
- *Kwak, J. & **English, T.** (2021, July). *Developing an interpersonal emotion regulation goals scale*. Poster presented at the Association for Research in Personality annual conference.
- *Ryan, R., *Springstein, T., & **English, T.** (2021, July). *Predictive ability of depression and suppression in daily spousal reports of interaction quality*. Poster presented at the Association for Research in Personality annual conference.

- *Springstein, T., & **English, T.** (2021, July). *Adapting to different situations: A person-based model of emotion regulation flexibility in daily life*. Poster presented at the Association for Research in Personality annual conference.
- *Crawford, J., **English, T.**, & Braver, T. (2021, June). *Combining experimental and daily life sampling approaches in aging research: opportunities and challenges*. Poster accepted at Society for Ambulatory Assessment annual conference.
- *Growney, C. M. & **English, T.** (2021, April). *Cognitive abilities differentially predict emotion regulation success*. Poster presented at the Society for Affective Science annual conference.
- *Hamerling-Potts, K., Springstein, T., Landa, I., & **English, T.** (2021, April). *Attachment and interpersonal emotion regulation*. Poster presented at the Society for Affective Science annual conference.
- *Kwak, J. & **English, T.** (2021, April). *Goals and interpersonal emotion regulation in close relationships*. Poster presented at the Society for Affective Science 2021 annual conference.
- *Landa, I. & **English, T.** (2021, April). *Clear adjustment: Status self-concept clarity and emotion regulation*. Poster presented at the Society for Affective Science annual conference.
- *Springstein, T. & **English, T.** (2021, April). *Adapting to situations: Emotion regulation flexibility across adulthood*. Poster presented at the Society for Affective Science annual conference.
- *Growney, C. M. & **English, T.** (2021, February). *Age and relationship closeness as predictors of emotional experiences in various contexts*. Poster presented at the Society for Personality and Social Psychology annual conference.
- *Growney, C. M. & **English, T.** (2021, February). *Fluid and crystallized cognitive ability as predictors of emotion regulation Success*. Poster presented at Society for Personality and Social Psychology annual Emotion Preconference (virtual).
- *Hamerling-Potts, K., *Springstein, T., *Landa, I., & **English, T.** (2021, February). *What are we seeking when regulating close others? Exploring how attachment is linked to interpersonal emotion regulation motives*. Poster presented at the Society for Personality and Social Psychology annual conference.
- *Kwak, J. & **English, T.** (2021, February). *Appreciating context: Does the utility of expressive suppression vary by socioeconomic status?* Poster presented at the Society for Personality and Social Psychology annual Emotion Preconference.
- *Springstein, T. & **English, T.** (2021, February). *Emotional goal similarity in couples: Using Dyadic Response Surface Analysis to predict satisfaction*. Poster presented at the Society for Personality and Social Psychology 2021 annual Emotion Preconference.
- *Springstein, T. & **English, T.** (2021, February). *One size does not fit all (situations): Emotion regulation flexibility across the lifespan*. Poster presented at the Society for Personality and Social Psychology 2021 annual conference.
- *Growney, C. M. & **English, T.** (2020, November). *Age and cognitive ability predict perceived demands of specific emotion regulation strategies*. Virtual poster presented at Gerontological Society of America annual conference.
- *Growney, C. M. & **English, T.** (2020, May). *Married couples' emotion regulations strategy use affects experience and evaluation of relationship conflict conversations similarly for young and older adults*. Virtual poster presented at Association for Psychological Sciences annual conference.
- *Growney, C.M, & **English, T.** (2020, April). *The effect of cognitive ability on emotion regulation success depends on strategy type*. Virtual poster presented for Society for Affective Science annual conference.
- *Springstein, T., & **English, T.** (2020, April). *Does it matter how we feel or how we want to feel? Predicting relationship satisfaction from within- and between-couple differences in emotion and emotion goal similarity*. Virtual poster presented for Society for Affective Science annual conference.

- *Bentley, K., & **English, T.** (2020, February). *The effects of monitoring expression and out-group familiarity on emotional judgments of other-race social partners*. Poster presented at the Society for Personality and Social Psychology annual conference, New Orleans, LA.
- *Growney, C.M., & **English, T.** (2020, February). *The effect of concordance between habitual and spontaneous emotion regulation strategy use on young and older adults' emotion regulation success*. Poster presented at the Emotion Pre-Conference of Society for Personality and Social Psychology annual conference, New Orleans, LA.
- *Landa, I., & **English, T.** (2020, February). *Temporal fluctuations in authenticity predict greater emotion regulation and decreased social and emotional adjustment*. Poster presented at the Emotion Pre-Conference of Society for Personality and Social Psychology annual conference, New Orleans, LA.
- *Springstein, T., & **English, T.** (2020, February). *Do more stressful life contexts make it difficult to identify what you feel? – Investigating individual differences in emotion differentiation*. Poster presented at the Society for Personality and Social Psychology annual conference, New Orleans, LA.
- *Springstein, T., Thompson, R. & **English, T.** (2020, February). *Emotion differentiation in social versus non-social contexts across the lifespan*. Poster presented at the Emotion Pre-Conference of the Society for Personality and Social Psychology annual conference, New Orleans, LA.
- *Wild, M. T., & **English, T.** (2020, February). *Emotional reactivity and relationship quality*. Poster presented at the at the Emotion Pre-Conference of the Society for Personality and Social Psychology annual conference, New Orleans, LA.
- *Wolfer, C., Ake, J., **English, T.** (2019, November). *Gender and communication as predictors of sexual health and satisfaction in the college hookup culture*. Poster presented at The Society for the Scientific Study of Sexuality (SSSS) Annual Meeting, Denver, CO.
- *Bentley, K., & **English, T.** (2019, August). *Using social network diversity to predict daily engagement with other-race social partners*. Poster for the Society for Personality & Social Psychology Summer Psychology Forum. St. Louis, MO.
- *Birg, J. *Bentley, K., & **English, T.** (2019, May). *Emotion regulation and authenticity*. Poster presented at the Association for Psychological Science annual conference, Washington, DC.
- *Wolfer, C., Ake, J., **English, T.** (2019, April). *Gender and communication as predictors of sexual health and satisfaction in the College Hookup Culture*. Poster presented at the Society for the Scientific Study of Sexuality Symposium, Bloomington, IN.
- *Landa, I., & **English, T.** (2019, March). *Emotional awareness and emotion regulation strategy selection*. Poster presented at the Society for Affective Science annual conference, Boston, MA.
- *Bentley, K., & **English, T.** (2019, February). *Judging expressive suppression through behavior during stranger interactions*. Poster presented at the Society for Personality and Social Psychology annual conference, Portland, OR.
- *Landa, I., & **English, T.** (2019, February). *Emotion regulation variability and adjustment among college students*. Poster presented at the Society for Personality and Social Psychology annual conference, Portland, OR.
- *Bentley, K., & **English, T.** (2018, June). *Social network diversity shapes enjoyment off-color racial humor*. Poster presented at the Society for the Psychological Study of Social Issues annual conference, Pittsburgh, PA.
- *Eldesouky, L., & **English, T.** (2018, April). *Are we in sync?: Emotion regulation dynamics in a social interaction*. Poster presented at Society for Affective Science annual conference, Los Angeles, CA.
- *Birg, J., *Eldesouky, L., *Bentley, K., & **English, T.** (2018, April). *Emotion regulation and authenticity*. Poster for the Washington University in St. Louis Annual Undergraduate Student Research Symposium, St. Louis, MO.

- *Britto, S., *Bentley, K., & **English, T.** (2018, April). *The effects of media consumption on perceptions of stereotypes in comedy.* Poster for the Washington University in St. Louis Annual Undergraduate Student Research Symposium, St. Louis, MO.
- *Davis, I., *Bentley, K., & **English, T.** (2018, April). *Miscommunication as a predictor of emotion, expressive suppression, and relationship satisfaction in dating couples.* Poster for the Washington University in St. Louis Annual Undergraduate Student Research Symposium, St. Louis, MO.
- *Scharf, D., *Landa, I., **English, T.** (2018, April). *Cyber-screening: The effects of self-esteem and social comparisons on social outcomes.* Poster for the Washington University in St. Louis Annual Undergraduate Student Research Symposium, St. Louis, MO.
- *Shear, D., *Landa, I., **English, T.** (2018, April). *Working out your emotions: Effect of physical activity on positive emotion regulation.* Poster for the Washington University in St. Louis Annual Undergraduate Student Research Symposium, St. Louis, MO.
- *Wolfer, C., **English, T.**, & Ake, J. (2018, April). *Let's talk about sex, baby: Communication between casual sexual partners in the college hookup culture.* Poster for the Washington University in St. Louis Annual Undergraduate Student Research Symposium, St. Louis, MO.
- *Bentley, K., & **English, T.** (2018, March). *Does social network diversity influence enjoyment of off-color racial humor?* Poster presented at the University of Illinois Diversity Summit, Champaign, IL.
- *Landa, I., & **English, T.** (2018, March). *Fitting in day-to-day: Belonging uncertainty predicts variability in negative affect?* Poster presented at the University of Illinois Diversity Summit, Champaign, IL.
- *Eldesouky, L., & **English, T.** (2018, March). *Appearing warm vs. competent: Expressive suppression is differentially predicted by impression management goals.* Poster presented at the Emotion Pre-Conference of Society for Personality and Social Psychology annual conference, Atlanta, GA.
- DuBois, J., Antes, A., Mozersky, J., & **English, T.** (2018, January). *Attitudes toward genomics and precision medicine.* Poster presented at ICTS Symposium and Poster Session: Advancing Precision Medicine through Translational Genomics, St. Louis, MO.
- *Bentley, K., & **English, T.** (2017, October). *Social network diversity moderates enjoyment of off-color racial humor.* Poster presented at Purpose in a Diverse Society conference, St. Louis, MO.
- *Landa, I., & **English, T.** (2017, October). *To be or not to be (myself): Why and how social fit impacts avoidance.* Poster presented at Purpose in a Diverse Society conference, St. Louis, MO.
- *Wolfer, C., **English, T.**, & Ake, J. (2017, October). *Let's talk about sex, baby: Correlations and gender effects of purposeful sexual communication in the hookup culture.* Poster presented at Purpose in a Diverse Society conference, St. Louis, MO.
- *Majied, K., *Bentley, K., & **English, T.** (2017, July). *Examining the effects of off-color humor on relationships with disabled persons.* Poster for Leadership Alliance National Symposium, Hartford, CT.
- *Landa, I., **English, T.**, & Bono, T. (2017, July). *I can't get no: Homesickness and college satisfaction across time among first-year college students.* Poster presented at International Society for Research on Emotion annual conference, St. Louis, MO.
- *Breen, S., *Bentley, K., & **English, T.** (2017, May). *The influence of culture & social dialogue on mental healthcare help seeking intention.* Poster for Washington University in St. Louis Annual Undergraduate Student Research Symposium, St. Louis, MO.
- *Lydon, S., *Bentley, K., & **English, T.** (2017, May). *Under pressure: Cognitive effects of expressive suppression.* Poster for Washington University in St. Louis Annual Undergraduate Student Research Symposium, St. Louis, MO.

- *Bentley, K., & **English, T.** (2017, April). *Off-color humor's influence on emotion and attitudes toward racial outgroups*. Poster presented at Society for Affective Science annual conference, Boston, MA.
- *Eldesouky, L., & **English, T.** (2017, April). *Using the sharpest tool in the shed: The functionality of emotion regulation strategy preferences*. Poster presented at Society for Affective Science annual conference, Boston, MA.
- *Landa, I., **English, T.**, & Bono, T. (2017, January). *On the bright side: Predictors of decline in homesickness among First-Year college students*. Poster presented at Society for Personality and Social Psychology annual conference, San Antonio, TX
- *Bentley, K., & **English, T.** (2017, January). *To laugh or cry: Examining intergroup relations through humor*. Poster presented at Society for Personality and Social Psychology annual conference Group Processes and Intergroup Relations Preconference, San Antonio, TX.
- *Bentley, K., & **English, T.** (2017, January). *Behavioral characteristics of emotion regulation: Effects of expressive suppression in marital interactions*. Poster presented at Society for Personality and Social Psychology annual conference, San Antonio, TX.
- Hwang, H., *Eldesouky, L., & **English, T.** (2017, January). *Emotion regulation strategy self-efficacy beliefs predict habitual strategy use*. Poster presented at Society for Personality and Social Psychology annual conference, San Antonio, TX.
- *Lydon, S., *Bentley, K., & **English, T.** (2017, January). *Expressive suppression: Cognitive effects in a stressed social setting*. Poster presented at Society for Personality and Social Psychology annual conference, San Antonio, TX.
- *Eldesouky, L. & **English, T.** (2016, November). *I want to feel good, I want to feel bad: Age differences in daily emotion regulation goal pursuit*. Poster presented at The Gerontological Society of America annual conference, New Orleans, LA.
- *Reisner, E., *Bentley, K., & **English, T.** (2016, May). *Suppression's impact on emotional accuracy in conflict interactions between married couples*. Poster presented at Midwestern Psychological Association Psi Chi Program annual conference, Chicago, IL.
- *Bartholomew, C., *Bentley, K., & **English, T.** (2016, April). *Emotion regulation in the context of hook-up culture*. Poster for Washington University in St. Louis Annual Undergraduate Student Research Symposium, St. Louis, MO.
- *Stouck, R., *Bentley, K., & **English, T.** (2016, April). *The impact of expressive writing on emotion regulation*. Poster for Washington University in St. Louis Annual Undergraduate Student Research Symposium, St. Louis, MO.
- *Guo, A., & **English, T.** (2016, March). *Accuracy in perceiving emotion regulation strategies*. Poster presented at Society for Affective Science annual conference, Chicago, IL
- *Eckland, N., & **English, T.** (2016, March) *Emotional awareness and regulation predictors of empathic accuracy*. Poster presented at Society for Affective Science annual conference, Chicago, IL.
- *Eldesouky, L. & **English, T.** (2016, March). *I choose you: Emotion regulation goals guide strategy selection during a social interaction*. Poster presented at Society for Affective Science annual conference, Chicago, IL.
- *Bentley, K., *Reisner, E., & **English, T.** (2016, January). *Failure to communicate: Does suppression lead to misunderstandings during conflict interactions?* Poster presented at the Emotion Pre-Conference of Society for Personality and Social Psychology annual conference, San Diego, CA.
- *Eldesouky, L. & **English, T.** (2016, January). *Variability in emotion regulation strategy use: The role of contextual goals and personality*. Poster presented at the Emotion Pre-Conference of Society for Personality and Social Psychology annual conference, San Diego, CA.
- *Eldesouky, L. & **English, T.** (2016, January). *Regulating for a reason: Links between goal pursuit and habitual strategy use*. Poster presented at Society for Personality and Social Psychology annual conference, San Diego, CA.

- *Guo, Y. & **English, T.** (2015, November). *Accuracy in perceiving emotion regulation strategies*. Poster presented at the Midstates Consortium Research Symposium, St. Louis, MO.
- *Ryoo, J., & **English, T.** (2015, Nov). *Emotions during conversations about sexism*. Poster presented at Midstates Science and Mathematics Consortium Undergraduate Research Symposium, St. Louis, MO.
- *Eldesouky, L. & **English, T.** (2015, April). *Emotion regulation similarity and accuracy in romantic relationships*. Poster presented at Society for Affective Science annual conference, Oakland, CA.
- *Eldesouky, L. & **English, T.** (2015, February). *Emotion regulation goals influence strategy selection*. Poster presented at Society for Personality and Social Psychology annual conference, Long Beach, CA.
- *Eldesouky, L. & **English, T.** (2015, February). *The adaptiveness of emotion regulation strategies: Reappraisal leads to more success and less regret than suppression*. Poster presented at the Emotion Pre-Conference of Society for Personality and Social Psychology annual conference, Long Beach, CA.
- *Eldesouky, L. & **English, T.** (2014, May). *Emotion regulation and goals: Reappraisal and suppression are used to accomplish different goals*. Poster presented at Association for Psychological Science annual conference, San Francisco, CA.
- *Eldesouky, L. & **English, T.** (2014, February). *Emotion regulation strategies predict different social outcomes depending on the person and the situation*. Poster presented at Society for Personality and Social Psychology annual conference, Austin, TX.
- English, T.**, & Carstensen, L. L. (2013, May). *Does positivity operate when stakes are high?: The role of health in older adults' decision-making*. Poster presented at the Mechanisms of Motivation, Cognition, and Aging Interactions scientific meeting, Washington, DC.
- English, T.**, Lowdermilk, C., Reed, A., Garber, A. & Carstensen, L. L. (2012, January). *Psychological consequences of genetic testing for young and middle-aged adults: Subjective emotion, physiology, and information-seeking*. Poster presented at Society for Personality and Social Psychology annual conference, San Diego, CA.
- Woodhead, E. L., **English, T.**, Goldstein, M. K., Garber, A. & Carstensen, L. L. (2011, November). *Predictors of agreement on treatment preferences among older patients, surrogates, and physicians*. Poster presented at The Gerontological Society of America annual conference, Boston, MA.
- Gorchoff, S., **English, T.**, & John, O. P. (2010, January). *To be known by him is to love him? Relational and global self-verification and positive illusions in marriage*. Poster presented at the Society for Personality and Social Psychology annual conference, Las Vegas, NV.
- English, T.**, & John, O. P. (2008, February). *How hiding your feelings can hurt your relationships: Testing mediators that explain the negative social consequences of using suppression to regulate emotion*. Poster presented at Society for Personality and Social Psychology annual conference, Albuquerque, NM.
- English, T.**, & Chen, S. (2007, January). *Culture and self-concept consistency: Stability of self-view importance and self-enhancement across and within relationship contexts*. Poster presented at Society for Personality and Social Psychology annual conference, Memphis, TN.
- Goetz, J., **English, T.**, Peng, K., & Wang, L. (2007, January). *Dialectical emotions: Culture and the experience, expression, and regulation of emotional complexity*. Poster presented at Society for Personality and Social Psychology annual conference, Memphis, TN.
- Goetz, J., **English, T.**, Peng, K., & Wang, L. (2006, January). *What makes an event emotionally complex? A study of event characteristics in China and the United States*. Poster presented at Society for Personality and Social Psychology annual conference, Palm Springs, CA.
- English, T.**, Chen, S., & Peng, K. (2005, January). *Implications of dialecticism for self-verification processes*. Poster presented at Society for Personality and Social Psychology annual conference, New Orleans, LA.

English, T., Chen, S., & Peng, K. (2004, July). *Dialecticism and self-verification: What's context got to do with it?* Poster presented at Mind, Culture, and Evolution Conference, Vancouver, Canada.

English, T., Chen, S., & Peng, K. (2004, February). *Contextual variability in trait descriptiveness and trait centrality among Asians-Americans and European-Americans.* Poster presented at Society for Personality and Social Psychology annual conference, Austin, TX.

SPECIALIZED QUANTITATIVE AND METHODOLOGICAL TRAINING

Experience Sampling Methods and Implementation workshop taught by Sabrina Thai (2020).

Practical Steps for Increasing Openness and Reproducibility workshop taught by Olivia Miske (2020).

Power Analysis workshop taught by Michael Strube (2019).

Systematic Review and Meta-analysis workshop taught by Erika Patall & Joshua Polanin (2019).

Theory and Practice of Bayesian Inference Using JASP taught by Julia Haaf, Alexander Etz & Johnny van Doorn (2019).

Mini ERP Boot Camp workshop taught by Emily Kappenman (2017).

Structural Equation Modeling with R (using lavaan) workshop taught by Alexander Schoemann (2016).

Studying Lagged Relationships workshop taught by Ellen L. Hamaker (2016).

Power Simulation workshop taught by Sean Lane, Erin Hennes, and Tessa West (2016).

DATIC Dyadic Analysis Using Multilevel Modeling workshop taught by David Kenny and Tessa West (2014).

Analyzing Intensive Longitudinal Data workshop taught by Jean-Philippe Laurenceau and Niall Bolger (2013).

APA Advanced Training Institute on Structural Equation Modeling in Longitudinal Research taught by Dr. John McArdle, Dr. Kevin Grimm and Dr. Emilio Ferrer (2012).

Multilevel Modeling workshop taught by Dr. Elizabeth Page-Gould (2012).

Methodology of Research in Behavioral Sciences course taught by Dr. Helena Kraemer and Dr. Booil Jo (2011).

Longitudinal Data Analysis course taught by Dr. Booil Jo (2010).

Hierarchical Linear Modeling and Structural Equation Modeling course taught by Dr. Thomas Wickens (2008).

RESEARCH MENTORING AND ADVISING

Primary Graduate Student and Post-Doctoral Fellow Mentoring, Washington University in St. Louis

Jiyoung (Judy) Kwak, Ph.D. student in Social/Personality Psychology (2020-present).

Ruth L. Kirschstein National Research Service Award T32 Predoctoral Fellowship (2021-present).

Departmental Research Grant, WUSTL (2021).

Claire Growney, post-doctoral researcher (2019-present).

SPSP Emotion Preconference Poster Award finalist (2020).

Tabea Springstein, Ph.D. student in Social/Personality Psychology (2019-present).

Society for Personality & Social Psychology (SPSP) Registration Award (2021).

Departmental Research Grant, WUSTL (2021).

APA Advanced Training Institute on Analysis of Intensive Longitudinal Data (2020).

Isidro Landa, Ph.D. student in Social/Personality Psychology (2016-2021).

Post-doctoral research fellow at University of Michigan with Stephanie Fryberg (2021-present).

Society for Personality & Social Psychology (SPSP) Heritage Dissertation Research Award (2020).

Chancellors Graduate Fellowship, WUSTL (2016-2021).

APA Advanced Training Institute on Analysis of Intensive Longitudinal Data (2019).

Society for the Psychological Study of Social Issues Diversity Student Travel Award (2017).

Katlin Bentley, Ph. D. in Social/Personality Psychology (2015-2020).

Senior Analyst at World Wide Technology (2020-present).

Chancellors Graduate Fellowship, WUSTL (2015-2020).

Psi Chi Mamie Phipps Clark Diversity Research Grant (2019).

SPSP Summer Institute for Social and Personality Psychology (2019).

Scholars in Arts & Sciences Program, Richard J. Walter, PhD Scholarship, WUSTL (2019-2020).

J. Victor & Beulah E. Monke Fellowship, WUSTL (2017-2018).

Society for the Psychological Study of Social Issues Diversity Student Travel Award (2017, 2018).

Society for Personality & Social Psychology (SPSP) Diversity Fund Graduate Travel Award (2017).

Lameese Eldesouky, Ph. D. in Social/Personality Psychology (2013-2018).
 Assistant Professor in Psychology at The American University in Cairo (2019-present).
 National Institutes of Health (NIH) Loan Repayment Award in Clinical Research (2019).
 National Science Foundation (NSF) Postdoctoral Research Fellowship (2018).
 Association for Psychological Science (APS) Albert Bandura Graduate Research Award (2018).
 Three Minute Thesis Second Place Winner, WUSTL (2018).
 Graduate Student Senate Travel Award, WUSTL (2018).
 Psi Chi Unrestricted Travel Grant (2018).
 Ruth L. Kirschstein National Research Service Award T32 Predoctoral Fellowship (2016-2018).
 SPSP Summer Institute for Social and Personality Psychology (2017).
 American Psychological Association (APA) Dissertation Research Award (2017).
 Graduate Research Symposium Poster Award, WUSTL (2016).
 Association for Psychological Science (APS) Student Travel Assistance Award (2014).
 Honorable Mention, National Science Foundation (NSF) Graduate Research Fellowship (2014).
 Society for Personality & Social Psychology (SPSP) Diversity Fund Travel Award (2013).

Graduate Committee Membership, Washington University in St. Louis

Dissertation committee: Jenny Crawford, Yunjing Liu, Gabrielle Pfund, Marta Stojanovic (present); Isidro Landa (chair, 2021); Samuel Chung (2021); Katlin Bentley (chair; 2020); Natasha Bailen, Emorie Beck, Leah Schultz (2020); Lameese Eldesouky (chair; 2018); Kelci Harris, Alexa Lord, Phuong Linh Nguyen (2017); Janine Galione (2016); Isaac Wiegman (PNP; 2014); Erin Lawton (2014).

Subject matter exam committee: Tabea Springstein (chair, present); Jaisal Merchant, Jin Shin, Alison Tuck (present); Jenny Crawford (2020); Samuel Chung, Yunjing Liu, Marta Stojanovic (2019); Isidro Landa (chair; 2019); Natasha Bailen, Leah Schultz (2018); Katlin Bentley (chair; 2017); Annette Mankus, Michelle St. Paul (2016); Lameese Eldesouky (chair; 2015); Phuong Linh Nguyen, Sara Weston, Alexa Lord (2015); Kathryn Bollich (2014).

Master's thesis committee: Jiyoung (Judy) Kwak (chair, present); Jennifer Beatty, Grace Drake (present); Tabea Springstein (chair; 2021); Alison Tuck (2021); Nourhan Elsayed, Gabrielle Pfund (2020); Jenny Crawford (2019); Isidro Landa (chair; 2018); Samuel Chung, Yunjing Liu (2018); Katlin Bentley (chair; 2017); Natasha Haradhvala, Leah Schultz (2016); Lameese Eldesouky (chair; 2015); Laurel Panella (MFA; 2015); Kelci Harris, Phuong Linh Nguyen (2014).

Undergraduate Research Mentoring, Washington University in St. Louis

Honors Thesis: Julia O'Keefe (present); Kyra Hamerling-Potts (2021); Ella Sudit, Senait Soloman (2019); Simone Britto, Isabelle Davis, Debbie Shear, Carly Wolfer (2018); Sean Lydon, Samantha Breen (2017); Yue Guo, Jiyeon Ryoo (2016).

Psychology Concentration in Personality and Individual Differences: Yue Guo (2016); Nathaniel Eckland (2015).

Independent Research Project: Jessica Birg, Danielle Scharf (2018); Taylor Pitcher (2017); Claire Bartholomew, Elan Reisner, Rachel Stouck (2016).

Independent Study (Psych 333/500; WUSTL): Carly Bambrick, Liana Dunietz, Emmet Klein, Aara Mehta, Yaxuan Peng, Jade Wong (2021-present); Carrie, Lo, Julia O'Keefe, Ethan Thomas (2020-present); Adela Cho, Evie Chen, Ethan Greenstein, Lydia Jun, Siyeon Lim, Landon Miles, Kyra Peterson, Kiara Womack (2021); Julie Chan, Amelia Cooper, Lindsay Gelles, Emma Goldberg, Sammy Herman, Maeve Hindenburg, Leonard Kim, Annie Liu, Kara Peterson, Daniel Rauch, Skylar Sloane, Chloe Spain, Yael Silverman, Alexia Zheng (2020-2021); Sue Lee, Angie Liu, Krya Hamerling-Potts, Jadey Sadoff (2019-2021); Kyle Caudill, Catie Fisher, Sam Fishman, Jada Gardner, Elizabeth Joseph, Carrie Lo, Sydney Weiss (2020); Gabriela Barros, Morgan Batley, Allyson Bisgay, Christina Chen, Viola Dong, Sean Dunnsue, Elana Goldberg, Ryan Harrigan, Alyssa Hernandez, Eric Judson, Steven Li, Rebecca Silverman, Katherine Smith, Alice Wang, Yu Xin Zheng (2019-2020); Sarah Gao (2018-2020); Claire Irawan, Michelle Lau, Selena Nandiwada, Kristin Walker (2018-2019); Alana Dinh, Rachel Harris, Ben Milan-Polisar, Senait Soloman, Ella Sudit (2017-2019); Brenda Chen, Max Helfand, Hollis Hwang, Eric Schindler (2018); Matthew Chan, Isabelle Davis, Katya Noel, Debbie Shear, Daphne Yao, Lily Zexter (2017-2018); Simone Britto, Jade Conway, Danielle Scharf, Carly Wolfer (2015-2018); Ana Boyer, Xavier Bravo, Bella Dai, Cheri Yun Son, Sukari Stone, Xinyue Zhang (2017); Michelle Murdock, Taylor Pitcher (2016-2017); Elan Reisner (2015-2017); Emily Duggins, Bill Feng, Hannah Oden-Brunson (2016); Claire Bartholomew, Mindy Rosengarten, Rachel Stouck (2015-2016), Yue Guo, Jiyeon Ryoo, Yuru Zhang (2014-2016); Sarah Jiang, Sara Martino (2015); Ruth Chen, Lauren

Cohen, Nathaniel Eckland, Anna Remus-Tamerius, Sophia Wang (2014-2015); Dylan Gallagher, Mara Getz, Yeshoda Karuturi, Ben Lararoff, Nithya Rajasekaran, Rocio Talamantes (2014).
APA Leadership Alliance Summer Research Early Identification Program at WUSTL: Kairen Majied (2017).

Graduate and Undergraduate mentorship, outside of Washington University in St. Louis
Dissertation committee: Victoria Allen (Linders University, 2018); Elizabeth Chervonsky (University of Sydney, 2017).
Honors thesis: Kate Berger (Bates College; 2017); Jennifer Kim (UC Berkeley; 2008).
Psych-Summer Internship at Stanford University: Jordan Davis (2011).
Co-term Master's thesis at Stanford University: Melissa Wei (2011).

Undergraduate Advising, Washington University in St. Louis
 Psychology Major Advisor (12-18 students; 2014-present).

TEACHING EXPERIENCE AND TRAINING

Washington University in St. Louis

Emotion Regulation, Spring 2014, 2015, 2016, 2017, 2018, 2019, 2020, 2022.
 Introductory Psychological Statistics, Spring, 2015, 2016.
 Psychology of Personality, Fall 2013, 2014, 2015, 2017, 2018, 2019, 2021.

University of California, Berkeley

Instructor, Social Psychology, Summer 2006.
 Teaching Assistant, Social Psychology, Fall, 2003; Spring 2005, 2006.
 Teaching Assistant, Personality Psychology, Fall 2004, Spring 2004.
 Teaching Assistant, Research & Data Analysis in Psychology, Spring 2003; Summer 2003, 2004.
 Teaching Assistant, Introduction to Psychology, Fall 2002.

Pedagogical training (Teaching Center at Washington University in St. Louis)

CIRCLE Teaching Academy for Transformational Initiative for Education in STEM, February 2019.
 Interface of Discipline-Based Education Research in STEM & Psychological Science, September 2018.
 CIRCLE Teaching Academy for Transformational Initiative for Education in STEM, August 2018.
 "Inclusive Teaching and Learning: Proving Effective Feedback", March 2018.
 "Integrating Active Learning into Lectures", September 2017.
 "Structuring and Planning Class Discussions", February 2017.
 "Designing Writing Assignments", February 2017.
 "Planning and Running a Large, Introductory Course", October 2015.
 "Apply Cognitive Science to Improving Teaching", April 2015.
 "Integrating Writing into Course Design", February 2015.
 "Increasing Student Participation in Lectures", April 2014.

PROFESSIONAL SERVICE

Editorial Board

Emotion, Associate Editor (2020-present).
Emotion, Consulting Editor (2017-2019).
Frontier in Psychology: Emotion Science, Review Editor (2014-2020).
Psychology and Aging, Guest Action Editor (2017).

Journal Reviewer

Affective Science (2021-present).
Aging, Neuropsychology and Cognition (2012-present).
Anxiety, Stress, and Coping (2016-present).
British Journal of Developmental Psychology (2019-present).
Clinical Psychological Science (2019-present).

Cognition and Emotion (2015-present).
Cognitive Therapy and Research (2017-present).
Development and Psychopathology (2017-present).
Emotion (2012-present).
Emotion Review (2016-present).
European Journal of Personality (2018-present).
European Journal of Psychological Assessment (2019-present).
Frontiers in Psychology (2014-present).
International Journal of Behavioral Development (2018-present).
International Journal of Psychology (2013-present).
Journal of Clinical Psychology (2021-present).
Journal of Cross-Cultural Psychology (2012-present).
Journal of Experimental Psychology: General (2018-present).
Journal of Experimental Social Psychology (2016-present).
Journal of Family Studies (2017-present).
Journal of Family Psychology (2017-present).
Journal of Individual Differences (2015-present).
Journal of Personality (2015-present).
Journal of Research in Personality (2015-present).
Journal of Personality and Social Psychology (2012-present).
Journal of Social and Clinical Psychology (2011-present).
Journal of Social and Personal Relationships (2015-present).
Motivation and Emotion (2016-present).
Personal Relationships (2020-present).
Personality and Social Psychology Bulletin (2012-present).
Personality and Social Psychology Review (2016-present).
Perspectives on Psychological Science (2012-present).
Psychology and Aging (2014-present).
Psychological Science (2020-present).
Research on Aging (2019-present).
Self and Identity (2012-present).
Social and Personality Psychology Compass (2017-present).
Social Psychological and Personality Science (2013-present).

Grant Reviewer

Reviewer and Alternate Chair for NIH Special Emphasis Panel: Risk, Prevention and Health Behavior, 2021.
 Reviewer for NIH Social Psychology, Personality, and Interpersonal Processes (SPIP), 2020, 2021.
 Reviewer for US-Israel Binational Science Foundation (BSF), 2021.
 Reviewer for National Science Foundation (NSF), 2020.
 Reviewer for Swiss National Science Foundation (SNSF), 2019.
 Reviewer for Social Sciences and Humanities Research Council of Canada (SSHRC), 2018.

Society Service

Member-at-Large (elected), Association for Research in Personality (ARP), 2022-present.
 Member-at-Large (elected), American Psychological Association (APA) Division 20, 2020-present.
 Program committee member, Society for Affective Science (SAS) annual meeting, 2018-2021.
 Mentor for APA Division 20's Mentor Matching program, 2020, 2021.
 Program committee co-chair, Society for Affective Science (SAS) annual meeting, 2019-2020.
 Program committee member, Association for Research in Personality (ARP) annual meeting, 2019.
 Reviewer for Emotion Preconference Poster Award, SPSP annual meeting, 2019.
 Reviewer of symposium proposals, Society for Personality and Social Psychology (SPSP) annual meeting, 2019.
 Reviewer for Flash Talk and Poster Awards, SAS annual meeting, 2018-2019.
 Reviewer for Student Poster Award, SPSP annual meeting, 2018.
 Reviewer of presentation proposals, International Assoc. of Gerontology and Geriatrics annual meeting, 2017.
 Reviewer of presentation proposals, Gerontological Society of America annual meeting, 2016.
 Reviewer of presentation proposals, SPSP annual meeting, 2016.

Departmental Service

Psychological and Brain Sciences Diversity, Equity, & Inclusion Committee co-chair, WUSTL, 2019-present.
 Psychological and Brain Sciences Departmental Colloquium Committee member, WUSTL, 2019-present.
 Personality and Individual Differences Concentration coordinator, WUSTL, 2015-present.
 Psychological and Brain Sciences hiring committee member, WUSTL, 2021-present.
 Psychological and Brain Sciences Subject Matter Committee Evaluation member, WUSTL, 2019.
 Psychology Undergraduate Professional Development series presenter, WUSTL, 2019.
 Psychology Graduate Student Association Wellness Committee faculty member, WUSTL, 2014-2019.
 Psychology Assistant to Instructor Award Committee member, WUSTL, 2018.
 Psychology Graduate Student Professional Development panel member, WUSTL, 2015-2019.
 Psychological Statistics and Experimental Methods Committee member, WUSTL, 2015-2016.
 Graduate Student and Faculty Discussion Series facilitator, Department of Psychology, WUSTL, 2015.
 Undergraduate Research Seminar in Psychology (Psych109) presenter, WUSTL, 2014.
 Women in Science panel member, Department of Psychology, WUSTL, 2014.
 Co-president of Gordon Allport Society, Department of Psychology, UC Berkeley, 2005.
 Poster Committee, Institute of Personality and Social Research, UC Berkeley, 2007-2008.
 Facilities Committee, Institute of Personality and Social Research, UC Berkeley, 2008-2009.
 Warner Brown Library Committee, Department of Psychology, UC Berkeley, 2002-2004.

University Service, Washington University in St. Louis

Danforth Campus Committee on Research Integrity (CRI), 2019-present.
 Mentoring in Science presentation given annually for Responsible Conduct of Research course, 2017-present.
 Ethical Conduct of Research for Undergraduates in Humanities and Social Sciences panel, 2018-present.
 Panel member for New Faculty Workshop, 2019, 2021, 2022.
 Committee for Undergraduate Research Ethics Training member, 2015-2019.
 Arts & Sciences New Faculty Social Organizer, 2013-2016.

PROFESSIONAL MEMBERSHIPS

American Psychological Association (Division 20)
 Association for Psychological Science
 Association for Research in Personality
 Gerontological Society of America
 Society for Affective Science
 Society for Personality and Social Psychology