

COUNSELING AND CONSULTATION SERVICE

WHO WE ARE

We promote personal well-being and the academic success of students by providing mental health services.

Multi-modal services:

- » Individual Counseling
- » Group Counseling
- » Psychiatry
- » Couple's Counseling
- » Outreach and Workshops
- » Crisis Support and Debriefing
- » Consultation for Faculty, Staff and Loved Ones
- » Community Referral
- » Drop-in workshops

We're Here To Help With:

- » Stress Management
- » Life Transitions
- » Academic Concerns
- » Identity Exploration
- » Relationship Problems
- » Substance Use
- » Eating Concerns
- » Anxiety
- » Depression
- » And Much More

CONTACT US

Visit **go.osu.edu/phonescreening** and we will help you get what you need.

PHONE: 614-292-5766

OFFICE ADDRESS:

Younkin Success Center, 4th Floor | 1640 Neil Ave. Lincoln Tower, Suite 1030 | 1800 Cannon Dr.

Find Us Online: CCS.OSU.EDU

HOURS:

MONDAY – THURSDAY: 8 a.m. – 8 p.m. **FRIDAY:** 8 a.m. – 5 p.m.

Hours may vary during term breaks and by location.

Download the **OSUCCS** App









osuccs

