

TRACY L. TYLKA, Ph.D., FAED

Master Vita
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CONTACT INFORMATION

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WORK ADDRESSES

225 Psychology Building	1465 Mt. Vernon Avenue
The Ohio State University	The Ohio State University
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PROFESSIONAL EMPLOYMENT

2013 Professor of Psychology, The Ohio State University
2007 Associate Professor of Psychology, The Ohio State University
2001 Assistant Professor of Psychology, The Ohio State University

EDUCATION

2001 Ph.D., Counseling Psychology, The University of Akron
1998 M.A., Counseling Psychology, The University of Akron
1995 B.A., Psychology, Summa Cum Laude, The University of Akron

HONORS/AWARDS

2018 Glass Breakers Award (President's and Provost's Council on Women, The Ohio State University)
2016 Fellow, Academy of Eating Disorders (FAED)
2013 Excellence Award in Journal Reviewing; *Journal of Counseling Psychology*
2008 Distinguished Faculty Teaching Award; The Ohio State University Alumni Association

PEER-REVIEWED JOURNAL PUBLICATIONS (*indicates a graduate student collaborator, underline indicates an Ohio State University undergraduate student contributor)

- (76) Cox, A. E., Ullrich-French, S., **Tylka, T. L.**, & MaMahon, A. K. (2019). The roles of self-compassion, body surveillance, and body appreciation in predicting intrinsic motivation for physical activity: Cross-sectional associations, and prospective changes within a yoga context. *Body Image*. Advance online publication.
- (75) **Tylka, T. L.**, Calogero, R. M., & Daníelsdóttir, S. (2019). Intuitive eating is connected to self-reported weight stability in community women and men. *Eating Disorders: Journal of Treatment and Prevention*. Advance online publication.
- (74) Barraclough, E. L., Hay-Smith, J. C., Boucher, S. E., **Tylka, T. L.**, & Horwath, C. (2019). Learning to eat intuitively: A qualitative exploration of the experience of mid-age women. *Health Psychology Open*, 6, 1-8. doi:10.1177/2055102918824064
- (73) **Tylka, T. L.**, & Calogero, R. M. (2019). Perceptions of male partner pressure to be thin and pornography use: Associations with eating disorder symptomatology in a community sample of adult women. *International Journal of Eating Disorders*, 52, 189-194.
- (72) Calogero, R. M., **Tylka, T. L.**, Mensinger, J. L., Meadows, A., & Daníelsdóttir, S. (2018). Recognizing

- fat as a fundamental right: A weight-inclusive approach to size acceptance and healing from sizeism. *Women & Therapy*. Advance online publication. doi:10.1080/02703149.2018.1524067
- (71) Halliwell, E., Jarman, H., **Tylka, T. L.**, & Slater, A. (2018). Evaluating the impact of a brief yoga intervention on preadolescents' body image and mood. *Body Image, 27*, 196-201.
- (70) Alleva, J. M., & **Tylka, T. L.** (2018). Muttarak's study design cannot support the link between the body-positive movement and overweight or obesity. *Obesity, 26*, 1527.
- (69) **Tylka, T. L.** (2018). *Body Image*: Celebrating the past, appreciating the present, and envisioning the future. *Body Image, 24*, A1-3.
- (68) Mensinger, J. L., **Tylka, T. L.**, & Calamari, M. E. (2018). Mechanisms underlying weight status and healthcare avoidance in women: A study of weight stigma, body-related shame and guilt, and healthcare stress. *Body Image, 25*, 139-147.
- (67) Homan, K. J., & **Tylka, T. L.** (2018). Development and exploration of the gratitude model of body appreciation. *Body Image, 25*, 14-22.
- (66) Koenig, J., **Tylka, T. L.**, Williams, D. P., Kaess, M., Thayer, J., & Peschel, S. K. V. (2018). Is intuitive eating related to resting state vagal activity? *Autonomic Neuroscience: Basic and Clinical, 210*, 72-75.
- (65) Frederick, D. A., Bates, M., Daniels, E., & **Tylka, T. L.** (2017). Exposure to thin-ideal media affects most, but not all, women: Results from the Perceived Effects of Media Exposure Scale and open-ended responses. *Body Image, 23*, 188-205.
- (64) Alleva, J. M., **Tylka, T. L.**, & Kroon Van Diest, A. M. (2017). The Functionality Appreciation Scale (FAS): Development and psychometric evaluation in U.S. community women and men. *Body Image, 23*, 28-44.
- (63) Halliwell, E., Jarman, H., **Tylka, T. L.**, & Slater, A. (2017). Adapting the Body Appreciation Scale-2 for children: A psychometric analysis of the BAS-2C. *Body Image, 21*, 97-102.
- (62) Calogero, R. M., **Tylka, T. L.**, Donnelly, L. C., McGetrick, A., & Medrano Leger, A. (2017). Trappings of femininity: A test of the "beauty as currency" hypothesis in shaping college women's gender activism. *Body Image, 21*, 66-70.
- (61) Karazsia, B. T., Murnen, S. K., & **Tylka, T. L.** (2017). Is body dissatisfaction changing across time? A cross-temporal meta-analysis. *Psychological Bulletin, 143*, 293-320.
- (60) Alleva, J. M., Martijn, C., Veldhuis, J., & **Tylka, T. L.** (2016). A Dutch translation and validation of the Body Appreciation Scale-2: An investigation with female university students in the Netherlands. *Body Image, 19*, 44-48.
- (59) Boucher, S., Edwards, O., Gray, A., Nada-Raja, S., Lillis, J., **Tylka, T. L.**, & Horwath, C. C. (2016). Teaching intuitive eating and acceptance and commitment therapy skills via a web-based intervention: A pilot single-arm intervention study. *Journal of Medical Internet Research, 5*, 1-22.
- (58) Mensinger, J. L., Calogero, R. M., Stranges, S., & **Tylka, T. L.** (2016). A weight-neutral versus weight-loss approach for health promotion in women with high BMI: A randomized controlled trial. *Appetite, 105*, 364-374.

- (57) **Tylka, T. L.**, & Iannantuono, A. C. (2016). Perceiving beauty in all women: Psychometric evaluation of the Broad Conceptualization of Beauty Scale. *Body Image, 17*, 67-81.
- (56) Mensinger, J. L., Calogero, R. M., & **Tylka, T. L.** (2016). Internalized weight stigma moderates eating behavior outcomes in women with high BMI participating in a healthy living program [Special issue]. *Appetite, 102*, 32-43.
- (55) **Tylka, T. L.**, & Homan, K. J. (2015). Exercise motives and positive body image in physically active college women and men: Exploring an expanded acceptance model of intuitive eating. *Body Image, 15*, 90-97.
- (54) **Tylka, T. L.**, Calogero, R. M., & Daníelsdóttir, S. (2015). Is intuitive eating the same as flexible dietary control? Their links to each other and well-being could provide an answer. *Appetite, 95*, 166-175.
- (53) **Tylka, T. L.**, Lumeng, J. C., & Eneli, I. U. (2015). Maternal intuitive eating as a moderator of the association between concern about child weight and restrictive child feeding. *Appetite, 95*, 158-165.
- (52) Eneli, I. U., **Tylka, T. L.**, Watowicz, R. P.*, Hummel, J., Ritter, J., & Lumeng, J. C. (2015). Targeting feeding and eating behaviors: Development of the Feeding Dynamic Intervention (FDI) for caregivers of 2- to 5-year-old children. *Journal of Obesity*. doi: 10.1155/2015/964249
- (51) Homan, K. J., & **Tylka, T. L.** (2015). Self-compassion moderates body comparison and appearance self-worth's inverse relationships with body appreciation. *Body Image, 15*, 1-7.
- (50) **Tylka, T. L.**, & Wood-Barcalow, N. L. (2015). A positive complement [Special issue]. *Body Image, 14*, 115-117.
- (49) Webb, J. B., Wood-Barcalow, N. L., & **Tylka, T. L.** (2015). Assessing positive body image: Contemporary approaches and future directions. [Special issue]. *Body Image, 14*, 130-145.
- (48) **Tylka, T. L.**, & Wood-Barcalow, N. L. (2015). What is and what is not positive body image? Conceptual foundations and construct definition [Special issue]. *Body Image, 14*, 118-129.
- (47) Eneli, I. U., **Tylka, T. L.**, Hummel, J., Watowicz, R. P.*, Perez, S. A.*, Kaciroti, N., & Lumeng, J. C. (2015). Rationale and design of the Feeding Dynamic Intervention (FDI) study for self-regulation of energy intake in preschoolers. *Contemporary Clinical Trials, 41*, 325-334.
- (46) **Tylka, T. L.**, Russell, H. L., & Neal, A. A. (2015). Self-compassion as a moderator of thinness-related pressures' associations with thin-ideal internalization and disordered eating. *Eating Behaviors, 17*, 23-26.
- (45) Eneli, I. U., **Tylka, T. L.**, Watowicz, R. P.*, & Lumeng, J. C. (2015). Maternal and child roles in the feeding relationship: What are mothers doing? *Clinical Pediatrics, 54*, 179-182.
- (44) **Tylka, T. L.** (2015). No harm in looking, right? Men's pornography consumption, body image, and well-being. *Psychology of Men and Masculinity, 16*, 97-107.
- (43) **Tylka, T. L.**, & Kroon Van Diest, A. M.* (2015). You looking at her "hot" body may not be "cool" for me: Integrating male partners' use of pornography into objectification theory for women. *Psychology of Women Quarterly, 39*, 67-84.

- (42) **Tylka, T. L.** & Wood-Barcalow, N. L. (2015). The Body Appreciation Scale-2: Item refinement and psychometric evaluation. *Body Image, 12*, 53-67.
- (41) Calogero, R. M., & **Tylka, T. L.** (2014). Sanctioning resistance to sexual objectification: An integrative system justification perspective. *Journal of Social Issues, 70*, 763-778.
- (40) **Tylka, T. L.**, Annunziato, R. A., Burgard, D., Daníelsdóttir, S., Shuman, E., Davis, C.*, & Calogero, R. M. (2014). The weight-inclusive vs. weight-normative approach to health: Evaluating the evidence for prioritizing well-being over weight loss. *Journal of Obesity*. doi: 10.1155/2014/983495
- (39) Homan, K. J., & **Tylka, T. L.** (2014). Appearance-based exercise motivation moderates the relationship between exercise frequency and positive body image. *Body Image, 11*, 101-108.
- (38) **Tylka, T. L.** (2013). Evidence for the Body Appreciation Scale's measurement equivalence/invariance between U.S. college women and men. *Body Image, 10*, 415-418.
- (37) **Tylka, T. L.**, & Kroon Van Diest, A. M.* (2013). The Intuitive Eating Scale-2: Item refinement and psychometric evaluation with college women and men. *Journal of Counseling Psychology, 60*, 137-153.
- (36) **Tylka, T. L.**, Eneli, I. U., Kroon Van Diest, A. M.*, & Lumeng, J. C. (2013). Which adaptive maternal eating behaviors predict child feeding practices? An examination with mothers of 2- to 5-year-old children. *Eating Behaviors, 14*, 57-63.
- (35) Kozee, H. B.*, **Tylka, T. L.**, & Bauerband, L. A.* (2012). Measuring transgender individuals' comfort with gender identity and appearance: Development and validation of the Transgender Congruence Scale. *Psychology of Women Quarterly, 36*, 179-196.
- (34) Iannantuono, A. C., & **Tylka, T. L.** (2012). Interpersonal and intrapersonal links to body appreciation in college women: An exploratory model. *Body Image, 9*, 227-235.
- (33) **Tylka, T. L.**, & Andorka, M. J. (2012). Support for an expanded tripartite influence model with gay men. *Body Image, 9*, 57-67.
- (32) **Tylka, T. L.** (2011). Refinement of the tripartite influence model for men: Dual body image pathways to body change behaviors. *Body Image, 8*, 199-207.
- (31) Augustus-Horvath, C. L.*, & **Tylka, T. L.** (2011). The acceptance model of intuitive eating: A comparison of women in emerging adulthood, early adulthood, and middle adulthood. *Journal of Counseling Psychology, 58*, 110-125.
- (30) Brown, D. L.*, & **Tylka, T. L.** (2011). Racial discrimination and resilience in African American young adults: Examining racial socialization as a moderator. *Journal of Black Psychology, 37*, 259-285.
- (29) **Tylka, T. L.**, & Calogero, R. M. (2011). Fiction, fashion, and function finale: An introduction and conclusion to the special issue on gendered body image, Part III [Special issue]. *Sex Roles, 65*, 447-460.
- (28) **Tylka, T. L.**, & Calogero, R. M. (2011). Expose the illusions, crack the codes: Contextualizing visual media to mold a new reality [Special issue]. *Sex Roles, 65*, 461-468.

- (27) Kroon Van Diest, A. M., & **Tylka, T. L.** (2010). The Caregiver Eating Messages Scale: Development and psychometric investigation. *Body Image, 7*, 317-326.
- (26) **Tylka, T. L.**, & Sabik, N. J. (2010). Integrating social comparison theory and self-esteem within objectification theory to predict women's disordered eating [Special issue]. *Sex Roles, 63*, 18-31.
- (25) Wood-Barcalow, N. L.* , **Tylka, T. L.**, & Augustus-Horvath, C. L.* (2010). "But I like my body": Positive body image characteristics and a holistic model for young-adult women. *Body Image, 7*, 106-116.
- (24) **Tylka, T. L.**, & Calogero, R. M. (2010). Fiction, fashion, and function revisited: An introduction to the special issue on gendered body image, Part II [Special issue]. *Sex Roles, 63*, 601-608.
- (23) Calogero, R. M., & **Tylka, T. L.** (2010). Fiction, fashion, and function: An introduction to the special issue on gendered body image, Part I [Special issue]. *Sex Roles, 63*, 1-5.
- (22) Augustus-Horvath, C. L.* , & **Tylka, T. L.** (2009). A test and extension of objectification theory as it predicts disordered eating: Does women's age matter? *Journal of Counseling Psychology, 56*, 253-265.
- (21) Eneli, I. U., Crum, P., & **Tylka, T. L.** (2009). One-size-does-not-fit-all: A case for further research on the tenets of the trust model. *Obesity, 17*, 1478-1480.
- (20) Eneli, I. U., Crum, P. A., & **Tylka, T. L.** (2008). The trust model: A different feeding paradigm for managing childhood obesity. *Obesity, 16*, 2197-2204.
- (19) Schwartz, J. P., & **Tylka, T. L.** (2008). Exploring entitlement as a moderator and mediator of the relationship between masculine gender role conflict and men's body esteem. *Psychology of Men & Masculinity, 9*, 67-81.
- (18) Bergeron, D.* , & **Tylka, T. L.** (2007). Support for the uniqueness of body dissatisfaction from drive for muscularity among men. *Body Image, 4*, 288-295.
- (17) Kozee, H. B.* , **Tylka, T. L.**, Augustus-Horvath, C. L.* , & Denchik, A. (2007). Development and psychometric evaluation of the Interpersonal Sexual Objectification Scale. *Psychology of Women Quarterly, 31*, 176-189.
- (16) Avalos, L. C., & **Tylka, T. L.** (2006). Exploring a model of intuitive eating with college women. *Journal of Counseling Psychology, 53*, 486-497.
- (15) **Tylka, T. L.**, & Wilcox, J. A.* (2006). Are intuitive eating and eating disorder symptomatology opposite poles of the same construct? *Journal of Counseling Psychology, 53*, 474-485.
- (14) Kozee, H. B.* , & **Tylka, T. L.** (2006). A test of objectification theory with lesbian women. *Psychology of Women Quarterly, 30*, 348-357.
- (13) **Tylka, T. L.** (2006). Development and psychometric evaluation of a measure of intuitive eating. *Journal of Counseling Psychology, 53*, 226-240.
- (12) Sabik, N. J. & **Tylka, T. L.** (2006). Do feminist identity styles moderate the relation between perceived sexist events and disordered eating? *Psychology of Women Quarterly, 30*, 77-84.

- (11) Phan, T., & **Tylka, T. L.** (2006). Exploring a model and moderators of disordered eating with Asian American women. *Journal of Counseling Psychology, 53*, 36-47.
- (10) Avalos, L., **Tylka, T. L.**, & Wood-Barcalow, N.* (2005). The Body Appreciation Scale: Development and psychometric evaluation. *Body Image, 2*, 285-297.
- (9) **Tylka, T. L.**, Bergeron, D.* & Schwartz, J. P. (2005). Development and psychometric evaluation of the Male Body Attitudes Scale (MBAS). *Body Image, 2*, 161-175.
- (8) Ridgeway, R. T., & **Tylka, T. L.** (2005). College men's perceptions of ideal body composition and shape. *Psychology of Men & Masculinity, 6*, 209-220.
- (7) **Tylka, T. L.**, & Hill, M. S. (2004). Objectification theory as it relates to disordered eating among college women. *Sex Roles, 51*, 719-730.
- (6) **Tylka, T. L.**, & Subich, L. M. (2004). Examining a multidimensional model of eating disorder symptomatology among college women. *Journal of Counseling Psychology, 51*, 314-328.
- (5) **Tylka, T. L.** (2004). The relation between body dissatisfaction and eating disorder symptomatology: An analysis of moderating variables. *Journal of Counseling Psychology, 51*, 178-191.
- (4) **Tylka, T. L.**, & Subich, L. M. (2003). Revisiting the latent structure of eating disorders: Taxometric analyses with nonbehavioral indicators. *Journal of Counseling Psychology, 50*, 276-286.
- (3) **Tylka, T. L.**, & Subich, L. M. (2002). A preliminary examination of the eating disorder continuum with men. *Journal of Counseling Psychology, 49*, 273-279.
- (2) **Tylka, T. L.**, & Subich, L. M. (2002). Exploring young women's perceptions of the effectiveness and safety of maladaptive weight control techniques. *Journal of Counseling & Development, 80*, 101-110.
- (1) **Tylka, T. L.**, & Subich, L. M. (1999). Exploring the construct validity of the eating disorder continuum. *Journal of Counseling Psychology, 46*, 268-276.

BOOKS

- (3) Wood-Barcalow, N. L., **Tylka, T. L.**, & Judge, C. (under contract, 2018). *Positive body image in clinical practice*. Cambridge, UK: Cambridge University Press.
- (2) **Tylka, T. L.**, & Piran, N. (Eds.). (2019). *Handbook of positive body image and embodiment: Constructs, protective factors, and interventions*. New York, NY: Oxford University Press.
- (1) Cook-Cottone, C., Tribole, E., & **Tylka, T. L.** (2013). *Healthy eating in schools: Evidence-based interventions to help kids thrive*. Washington, DC: American Psychological Association.

BOOK CHAPTERS

- (17) **Tylka, T. L.** (2019). Body appreciation. In T. L. Tylka & N. Piran (Eds.), *Handbook of positive body image and embodiment: Constructs, protective factors, and interventions* (pp. 22-32). New York, NY: Oxford University Press.
- (16) **Tylka, T. L.** (2019). Broad conceptualization of beauty. In T. L. Tylka & N. Piran (Eds.), *Handbook of positive body image and embodiment: Constructs, protective factors, and interventions* (pp. 52-57).

New York, NY: Oxford University Press.

- (15) Calogero, R. M., **Tylka, T. L.**, Hartman McGilley, B., & Pedrotty-Stump, K. N. (2019). Attunement with exercise (AWE). In T. L. Tylka & N. Piran (Eds.), *Handbook of positive body image and embodiment: Constructs, protective factors, and interventions* (pp. 80-90). New York, NY: Oxford University Press.
- (14) Resch, E., & **Tylka, T. L.** (2019). Intuitive eating. In T. L. Tylka & N. Piran (Eds.), *Handbook of positive body image and embodiment: Constructs, protective factors, and interventions* (pp. 68-79). New York, NY: Oxford University Press.
- (13) Calogero, R. M., & **Tylka, T. L.** (2019). Personal safety as a bedrock and safeguard for positive embodiment. In T. L. Tylka & N. Piran (Eds.), *Handbook of positive body image and embodiment: Constructs, protective factors, and interventions* (pp. 139-148). New York, NY: Oxford University Press.
- (12) **Tylka, T. L.**, & Calogero, R. M. (2019). Promoting a resistant stance toward objectification. In T. L. Tylka & N. Piran (Eds.), *Handbook of positive body image and embodiment: Constructs, protective factors, and interventions* (pp. 149-160). New York, NY: Oxford University Press.
- (11) **Tylka, T. L.** (2019). Cultivating embodiment through positive family environments. In T. L. Tylka & N. Piran (Eds.), *Handbook of positive body image and embodiment: Constructs, protective factors, and interventions* (pp. 232-243). New York, NY: Oxford University Press.
- (10) Piran, N., & **Tylka, T. L.** (2019). The *Handbook of Positive Body Image and Embodiment: From the present to the future*. In T. L. Tylka & N. Piran (Eds.), *Handbook of positive body image and embodiment: Constructs, protective factors, and interventions* (pp. 424-426). New York, NY: Oxford University Press.
- (9) **Tylka, T. L.**, & Piran, N. (2019). Focusing on the positive: An introduction to the volume. In T. L. Tylka & N. Piran (Eds.), *Handbook of positive body image and embodiment: Constructs, protective factors, and interventions* (pp. 1-8). New York, NY: Oxford University Press.
- (8) **Tylka, T. L.** (2018). Overview of the field of positive body image. In E. Daniels, M. Gillen, & C. Markey (Eds.), *The body positive: Understanding and improving body image in science and practice* (pp. 6-33). New York: Cambridge University Press.
- (7) Calogero, R. M., **Tylka, T. L.**, & Mensinger, J. L. (2016). Scientific weightism: A view of mainstream weight stigma research through a feminist lens. In T.-A. Roberts, N. Curtin, L. E. Duncan, & L. Cortina (Eds.), *Feminist perspectives on building a better psychological science of gender* (pp. 9-28). New York: Springer.
- (6) **Tylka, T. L.**, & Cook-Cottone, C. P. (2016). Health disparities and help-seeking behaviors among girls. In C. L. Juntunen & J. P. Schwartz (Eds.), *Counseling across the lifespan: Prevention and treatment* (2nd ed., pp. 165-185). Thousand Oaks, CA: Sage.
- (5) **Tylka, T. L.**, & Kroon Van Diest, A. M. (2015). Protective factors in the development of eating disorders. In L. Smolak & M. P. Levine (Eds.), *The Wiley-Blackwell handbook of eating disorders* (Vol. 1, pp. 430-444). New York: Wiley & Sons, LTD.
- (4) **Tylka, T. L.** (2012). Positive psychology perspectives on body image. In T.F. Cash (Ed.), *Encyclopedia of body image and human appearance* (Vol. 2, pp. 657-663). San Diego, CA: Academic

Press.

- (3) **Tylka, T. L.** (2011). Positive psychology perspectives on body image. In T.F. Cash and L. Smolak (Eds.), *Body image: A handbook of science, practice, and prevention* (2nd ed., pp. 56-64). New York, NY: Guilford Press.
- (2) **Tylka, T. L.**, & Augustus-Horvath, C. L.* (2011). Fighting self-objectification in prevention and intervention contexts. In R. M. Calogero, S. Tantleff-Dunn, & J. K. Thompson (Eds.), *Self-objectification in women: Causes, consequences, and counteractions* (pp. 187-214). Washington, DC: American Psychological Association.
- (1) **Tylka, T. L.** (2008). Eating disorders. In F.T.L. Leong (Ed.), *Encyclopedia of counseling: Personal and emotional counseling* (Vol. 2, pp. 579-585). Thousand Oaks, CA: Sage.

PROFESSIONAL PRESENTATIONS:

Tylka, T. L., Calogero, R. M., & Mensinger, J. L. (2019, March). Pressure to be thin and body acceptance by others mediate the relationship between BMI and intuitive eating. Paper presented at the annual meeting of the International Conference on Eating Disorders, New York, NY.

Mensinger, J. L., Calogero, R. M., **Tylka, T. L.**, & Harrop, E. (2019, March). Internalized weight stigma and intuitive eating explain changes in binge eating behaviors among women with high BMI. Paper presented at the annual meeting of the International Conference on Eating Disorders, New York, NY.

Mensinger, J. L., **Tylka, T. L.**, & Calamari, M. (2018, June). Social identity threat and the implications of weight stigma on healthcare avoidance in women. Oral presentation delivered at the annual Weight Stigma Conference, Leeds, United Kingdom.

Tylka, T. L. (2018, June). How to get published: An insider's guide. Workshop presented at the 8th biennial Appearance Matters conference, sponsored by the Centre for Appearance Research, Bath, United Kingdom.

Calogero, R. M., & **Tylka, T. L.** (2018, April). Personal safety anxiety and safety vigilance: Unexamined independent mediating mechanisms in the objectification theory model of disordered eating. Paper presented at the annual meeting of the International Conference on Eating Disorders, Chicago, IL.

Mensinger, J. L., **Tylka, T. L.**, & Calamari, M. E. (2018, March). Mechanisms underlying weight status and healthcare avoidance in women: A study of weight stigma, body-related shame and guilt, and healthcare stress. Research talk presented at the Helen I. Moorehead-Laurencin, MD, Sex and Gender Research Forum, Drexel University, Philadelphia, PA.

Halliwell, E., Jarman, H., **Tylka, T. L.**, & Slater, A. (2017, August). Impact of a yoga intervention on children's body image. In J. M. Alleva & N. Piran (Co-chairs), *Novel insights for enhancing positive body image and embodiment*. Symposium presented at the annual meeting of the American Psychological Association, Washington, DC.

Bates, M., Dare, J., Frederick, D. A., Daniels, E., & **Tylka, T. L.** (2017, January). Most, but not all, women are affected by exposure to media images: Results from quantitative measures. Poster presented at the Society for Personality and Social Psychology Conference, San Antonio, TX.

- Dare, J., Daniels, E., **Tylka, T. L.**, Bates, M., & Frederick, D. A. (2017, January). Does media affect women's feelings about their bodies? Qualitative responses to an experimental prime. Poster presented at the Society for Personality and Social Psychology Conference, San Antonio, TX.
- Frederick, D. A., Bates, M., Daniels, E., & **Tylka, T. L.** (2016, October). Exposure to thin-ideal media affects most, but not all, women: Results from the Perceived Effects of Media Exposure Scale and quantitative responses. Poster presented at the biennial Gender Development Research Conference, San Francisco, CA.
- Karazsia, B. T., Murnen, S. K., & **Tylka, T. L.** (2016, August). Is body dissatisfaction changing across time? A cross-temporal meta-analysis. Poster presented at the annual meeting of the American Psychological Association, Denver, CO.
- Tylka, T. L.**, & Calogero, R. M. (2016, July). Internalized objectification accounts for gender discrepancies in multiple indices of well-being. In R. M. Calogero & S. Loughnan (Co-chairs), *Objectification*. Symposium presented at the annual meeting of the International Society for Justice Research. Canterbury, U.K.
- Calogero, R. M., **Tylka, T. L.**, & Pedrotty-Stump, K. (2016, June). The role of attuned exercise in positive body image: A theoretical, empirical, and practical case. In E. Halliwell & D. Harcourt (Co-chairs), *Examining positive body image*. Symposium presented at the 7th biennial Appearance Matters conference, sponsored by the Centre for Appearance Research. London, England.
- Halliwell, E., Jarman, H., **Tylka, T. L.**, Slater, A., & Harcourt, D. (2016, June). Examining the acceptance model of positive body image and intuitive eating among women with and without a visible difference. In E. Halliwell & D. Harcourt (Co-chairs), *Examining positive body image*. Symposium presented at the 7th biennial Appearance Matters conference, sponsored by the Centre for Appearance Research. London, England.
- Tylka, T. L.** (2016, June). Perceiving beauty in all women: Development and psychometric evaluation of the Broad Conceptualization of Beauty Scale. In E. Halliwell & D. Harcourt (Co-chairs), *Examining positive body image*. Symposium presented at the 7th biennial Appearance Matters conference, sponsored by the Centre for Appearance Research. London, England.
- Tylka, T. L.** (Chair) (2016, June). *Life stages and identity*. Oral presentation session at the 7th biennial Appearance Matters conference. London, England.
- Tylka, T. L.**, & Piran, N. (Co-chairs) (2016, May). Using positive ways of inhabiting the body to facilitate eating disorder prevention and treatment. Symposium presented at the annual meeting of the International Conference on Eating Disorders, San Francisco, CA.
- Calogero, R. M., Mensinger, J. L., **Tylka, T. L.**, Meecham, S., & Pedrotty-Stump, K. (2015, November). *Development and validity of the Mindful Exercise Mindset Scale: A new tool for measuring process vs. outcome-driven exercise*. Poster presented at the annual meeting of the Renfrew Center Foundation for Eating Disorders, Philadelphia, PA.
- Tylka, T. L.**, & Piran, N. (2015, August). *Beyond negative body image: Innovative constructs carve paths to embodied well-being*. Co-chairs of symposium presented at the annual meeting of the American Psychological Association, Toronto, Ontario.
- Tylka, T. L.**, & Calogero, R. M. (2015, April). *Is intuitive eating the same as flexible control? Their links to each other and well-being could provide an answer*. Poster presented at the annual meeting of the

International Conference for Eating Disorders, Boston, MA.

Tylka, T. L., Eneli, I. U., Hummel, J., Watowicz, R., & Lumeng, J. (2014, November). *Maternal intuitive eating: A protective variable against restrictive child feeding*. Oral presentation delivered at The Obesity Society's 2014 Annual Scientific Meeting. Boston, MA.

Tylka, T. L., Eneli, I. U., Hummel, J., Watowicz, R., & Lumeng, J. (2014, November). *The connections between a chaotic home environment, maladaptive maternal eating and feeding behaviors, and child eating behaviors*. Oral presentation delivered at The Obesity Society's 2014 Annual Scientific Meeting. Boston, MA.

Eneli, I. U., Hummel, J., Watowicz, R., **Tylka, T. L.,** & Lumeng, J. (2014, November). *Food insecurity and maternal feeding practices*. Poster presented at The Obesity Society's 2014 Annual Scientific Meeting. Boston, MA.

Tylka, T. L. (2014, July). Keynote address: *Positive body image: Individuation, measurement, and analytic findings*. Keynote presented at the 6th biennial Appearance Matters conference, sponsored by the Centre for Appearance Research. Bristol, England.

Tribole, E., Wagner, M., H., **Tylka, T. L.,** & Heruc, G. (2014, March). In R. M., Calogero & K. M. Parman (Moderators), *Healthy bodies and minds in eating disorder prevention and recovery: Restoring nutrition while tackling weight stigma*. Discussion panel presented at the annual meeting of the International Conference for Eating Disorders, New York, NY.

Tylka, T. L. (2013, July). My body doesn't measure up sexually: Pornography, self-objectification, and well-being. In R. M. Calogero (Chair), *Sexualization as gender prejudice: Surprising and counterintuitive consequences of sexualizing treatment*. Symposium presented at the annual meeting of the American Psychological Association, Honolulu, HI.

Calogero, R. M., **Tylka, T. L.,** Roberts, D., Levine, M., & Danielsdottir, S. (2013, May). *Eating disorders and obesity as social justice issues: A conversation and clarification on a missing lens*. Workshop presented at the annual meeting of the International Conference for Eating Disorders, Montreal, Canada.

McCabe, M., Calzo, J. P., **Tylka, T. L.,** Hildebrandt, T. B., & Warren, M. (2013, May). In P.C. Diedrichs & A. Darcy (Moderators), *Male body image and eating disorder prevention: What we know and what we have yet to learn*. Special Interest Group (SIG) Discussion Panel presented at the annual meeting of the International Conference for Eating Disorders, Montreal, Canada.

Cook-Cottone, C., & **Tylka, T. L.** (2012, November). *The attunement model of self: How the interaction between my self and my world can lead to eating symptoms*. Workshop presented at the annual meeting of the Renfrew Center Foundation for Eating Disorders, Philadelphia, PA.

Tylka, T. L., Schwartz, J. P., Kroon Van Diest, A. M., & Bates, D.* (2010, August). *Associations between men's gender role conflict, entitlement, sexism, and heterosexism*. In J. M. O'Neil & G. E. Good (Chairs), *Gender role conflict research – Assessing contextual, therapeutic, and interpersonal variables*. Symposium presented at the annual meeting of the American Psychological Association, San Diego, CA.

Tylka, T. L., Kroon Van Diest, A. M., Williams, R., Lumeng, J., & Eneli, I. U. (2010, May). *Development and evaluation of a brief measure assessing caregiver division of feeding responsibility*. Poster presented at the annual meeting of the Pediatric Academic Society, Vancouver, British Columbia.

- Tylka, T. L.**, Kroon Van Diest, A. M., Williams, R., Lumeng, J., & Eneli, I. U. (2010, May). *Adaptive maternal eating attitudes and behaviors: Associations with maternal BMI and trust in child's internal cues*. Poster presented at the annual meeting of the Pediatric Academic Society, Vancouver, British Columbia.
- Lombardo, C., Battagliese, G., Baglioni, C., Violani, C., & **Tylka, T. L.** (2009, September). *The Intuitive Eating Scale: Psychometric properties and relationships with an Eating Self-Efficacy Scale and self-reported eating behaviour*. Poster presented at the annual meeting of the European Health Psychology Society conference, Pisa, Italy.
- Smith, M. H., **Tylka, T. L.**, Madanat, H. N., Passmore, K., Richards, S., & Hawks, S. R. (2009, May). *Validation of two intuitive eating scales among females receiving inpatient eating disorder treatment*. Poster was scheduled to be presented at the annual meeting of the International Conference for Eating Disorders (ICED), Cancun, Mexico. Note: the conference was cancelled due to the H1N1 epidemic in Mexico; was presented at the 2010 ICED conference, Salzburg, Austria.
- Andorka, M. J., & **Tylka, T. L.** (2008, August). *Using objectification theory to predict gay men's body change strategies*. Poster presented at the annual meeting of the American Psychological Association, Boston, MA.
- Tylka, T. L.** (2008, March). *Predictors of body image in heterosexual and sexual minority samples: Objectification, surveillance, and sociocultural pressures*. In D. A. Frederick & E. A. Daniels (Co-Chairs), *Objectification and body image: The roles of media, age, gender, ethnicity, sexuality, and country of origin*. Symposium presented at the annual meeting of the Society for Research on Adolescence, Chicago, IL.
- Augustus-Horvath, C. L.*, & **Tylka, T. L.** (2007, August). *Exploring intuitive eating among adult women of various ages*. Poster presented at the annual meeting of the American Psychological Association, San Francisco, CA.
- Tylka, T. L.** (2007, August). *Roles of self-esteem and proactive coping in fostering intuitive eating*. Poster presented at the annual meeting of the American Psychological Association, San Francisco, CA.
- Kozee, H. B.*, & **Tylka, T. L.** (2007, August). *Psychometric validation of the Transgender Congruence Scale*. Poster presented at the annual meeting of the American Psychological Association, San Francisco, CA.
- Wilcox, J.*, & **Tylka, T. L.** (2007, August). *Predictors and buffers of bulimic symptomatology among African American women*. Poster presented at the annual meeting of the American Psychological Association, San Francisco, CA.
- Tylka, T. L.** (2007, May). *Body image and eating behavior in men who identify as heterosexual and gay, and objectification and assessment of men's body image*. In L. J. Heinberg (Chair/Moderator), *Body image in boys and men: Assessing and treating the overlooked*. Discussion panel presented at the annual meeting of the International Conference for Eating Disorders, Baltimore, MD.
- Tylka, T. L.** (2006, August). *Does objectification theory predict men's body change behaviors?* In D. R. McCreary (Chair), *Muscularity-oriented body issues in boys and men*. Symposium presented at the annual meeting of the American Psychological Association, New Orleans, LA.
- Tylka, T. L.**, & Wilcox, J. A.* (2006, August). *Incremental contributions of intuitive eating to psychological*

- well-being*. Poster presented at the annual meeting of the American Psychological Association, New Orleans, LA.
- Augustus-Horvath, C. L.*, & **Tylka, T. L.** (2006, August). *Objectification theory applied to adult women of various ages*. Poster presented at the annual meeting of the American Psychological Association, New Orleans, LA.
- Avalos, L. C., & **Tylka, T. L.** (2006, August). *Exploring a model of intuitive eating among college women*. Poster presented at the annual meeting of the American Psychological Association, New Orleans, LA.
- Bergeron, D.*, & **Tylka, T. L.** (2006, August). *Validity support for the Male Body Attitudes Scale*. Poster presented at the annual meeting of the American Psychological Association, New Orleans, LA.
- Kozee, H. B.*, **Tylka, T. L.**, & Augustus-Horvath, C.* (2006, August). *Development and psychometric investigation of the Interpersonal Sexual Objectification Scale*. Poster presented at the annual meeting of the American Psychological Association, New Orleans, LA.
- Kozee, H. B.*, & **Tylka, T. L.** (2006, August). *A test of objectification theory with lesbian women*. Poster presented at the annual meeting of the American Psychological Association, New Orleans, LA.
- Schwartz, J. P., **Tylka, T. L.**, & Bush, I. (2005, August). *Gender role conflict and prejudice: The role of entitlement*. In J. M. O'Neil & G. E. Good (Chairs), *Gender role conflict research – Assessing contextual, therapeutic, and interpersonal variables*. Symposium presented at the annual meeting of the American Psychological Association, Washington, DC.
- Sabik, N.J. & **Tylka, T. L.** (2005, August). *Is feminist identity a buffer against disordered eating?* Poster presented at the annual meeting of the American Psychological Association, Washington, DC.
- Sabik, N. J., & **Tylka, T. L.** (2005, July). *Perceived sexist events, feminist identity, and disordered eating*. In A. Zucker (Chair), *Politicized gender identities*. Symposium presented at the annual meeting of the International Society of Political Psychology, Toronto, Canada.
- Tylka, T. L.**, Bergeron, D.*, & Schwartz, J. P. (2004, July). *Male body shape satisfaction and preoccupation questionnaires: Development and validation*. Poster presented at the annual meeting of the American Psychological Association, Honolulu, Hawaii.
- Phan, T., & **Tylka, T. L.** (2004, July). *Do variables protect against body preoccupation among Asian American women?* Poster presented at the annual meeting of the American Psychological Association, Honolulu, Hawaii.
- Tylka, T. L.** (2003, August). *Which variables moderate body dissatisfaction and eating disorder symptomatology?* Poster presented at the annual meeting of the American Psychological Association, Toronto, Canada.
- Ridgeway, R. T., & **Tylka, T. L.** (2003, August). *A qualitative analysis of body image among college men*. Poster presented at the annual meeting of the American Psychological Association, Toronto, Canada.
- Tylka, T. L.**, White, A., Messman-Moore, T. (2003, July). *Early career psychologists*. Structured discussion presented at the annual meeting of the Ohio Psychological Association, Columbus, Ohio.

- Tylka, T. L., & Subich, L. M.** (2002, August). *Examining a multidimensional model of eating disorder continuum placement*. Poster presented at the annual meeting of the American Psychological Association, Chicago, IL.
- Lewis, M. M., **Tylka, T. L., & Rogers, J. R.** (2000, August). *Examining the factor structure of the Balanced Inventory of Desirable Responding-6*. Poster presented at the annual meeting of the American Psychological Association, Washington, DC.
- Gersch, J. A., & **Tylka, T. L.** (1999, October). *Using body image as an emotional vehicle in outreach programming*. Presentation workshop at the annual Eating Disorders Awareness and Prevention Coordinators' Training Conference, Milwaukee, WI.
- Tylka, T. L., Gersch, J. A., Moore-Tyler, S. J., & Subich, L. M.** (1999, August). *Very high and very low client expectations in counseling*. Poster presented at the annual meeting of the American Psychological Association, Boston, MA.
- Tylka, T. L., & Subich, L. M.** (1998, August). *Women's perceptions of the effectiveness and safety of weight control techniques*. Poster presented at the annual meeting of the American Psychological Association, San Francisco, CA.
- Tylka, T. L., & Subich, L. M.** (1998, August). *An exploration of the eating disorder continuum with men*. Poster presented at the annual meeting of the American Psychological Association, San Francisco, CA.
- Tylka, T. L., & Subich, L. M.** (1995, May). *The five factor model of personality in relation to the eating disorder continuum*. Poster session presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL.

FUNDED GRANTS AND AWARDS

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|-------|---|
| 9/18 | \$1500 Professional Development Grant: The Ohio State University-Marion. Funded. |
| 7/17 | \$1500 Professional Development Grant: The Ohio State University-Marion. Funded. |
| 9/16 | \$1300 Professional Development Grant: The Ohio State University-Marion. Funded. |
| 6/16 | \$2000 Arts & Science International Travel Grant. The Ohio State University. Funded. |
| 2/16 | \$2000 Arts & Sciences Grant for Regional Faculty: The Ohio State University. Funded. |
| 9/15 | \$1300 Professional Development Grant: The Ohio State University-Marion. Funded. |
| 9/14 | \$1300 Professional Development Grant: The Ohio State University-Marion. Funded. |
| 4/14 | \$2000 Arts & Sciences Grant for Regional Faculty: The Ohio State University. Funded. |
| 10/13 | \$27,415 A Web-Based Behavioural Intervention for Weight Gain Prevention in High Risk Premenopausal Women. Translational Research Project (New Zealand). (PI Caroline Horwath, Co-I Tracy Tylka). Funded. |
| 10/13 | \$1300 Professional Development Grant: The Ohio State University-Marion. Funded. |
| 5/13 | \$600 Professional Development Grant: The Ohio State University-Marion. Funded. |
| 5/13 | \$2000 Arts & Sciences Grant for Regional Faculty: The Ohio State University. Funded. |
| 4/13 | \$2400 Coca-Cola Critical Difference for Women Grant: The Ohio State University. Funded. |
| 10/12 | \$1300 Professional Development Grant: The Ohio State University-Marion. Funded. |
| 10/11 | \$1300 Professional Development Grant: The Ohio State University-Marion. Funded. |
| 10/11 | \$2480 Building a Childhood Obesity Practice-Based Research Program (COPP). Food Innovation Center, The Ohio State University. Funded. |
| 4/11 | \$576,005 A Feeding Dynamic Intervention for Regulation of Energy Intake (PI Ihuoma Eneli, Co-I Tracy L. Tylka, Co-I Julie Lumeng, Co-I Niko Kacroti). National Institute |

of Health (NIH), NIDDK Small Grants for Clinical Scientists to Promote Diversity in Health-Related Research (PAE-09-223). Funded.

10/10	\$1300	Professional Development Grant: The Ohio State University-Marion. Funded.
2/10	\$1300	Professional Development Grant: The Ohio State University-Marion. Funded.
10/9	\$1300	Professional Development Grant: The Ohio State University-Marion. Funded.
1/09	\$14,950	Preventing Childhood Obesity with an Emphasis on Maternal-Child Feeding Dynamics: The Young Child Overweight Prevention Study (PI Ihuoma Eneli, Co-I Tracy Tylka). OSU Center for Clinical and Translational Science (CCTS) Community Engagement Program's Seed Grant for Increasing Community Engagement In Health-Related Research RFA. Funded.
10/08	\$1200	Professional Development Grant: The Ohio State University-Marion. Funded.
3/08	\$3000	Alumni Distinguished Faculty Teaching Award (OSU)
5/07 – 5/08	\$15,000	Childhood Obesity: The Role of Child Feeding Behavior (PI Ihouma Eneli, Co-PI Tracy Tylka). Columbus Children's Research Institute. Funded.
10/07	\$1200	Professional Development Grant: The Ohio State University-Marion. Funded.
9/06	\$1200	Professional Development Grant: The Ohio State University-Marion. Funded.
7/06	\$1000	Small Research Grant, OSU Social and Behavioral Sciences. Funded.
5/06	\$815	Professional Development Grant: The Ohio State University-Marion. Funded.
11/05	\$1000	Professional Development Grant: The Ohio State University-Marion. Funded.
11/04	\$1000	Professional Development Grant: The Ohio State University-Marion. Funded.
11/03	\$1000	Professional Development Grant: The Ohio State University-Marion. Funded.
11/02	\$1000	Professional Development Grant: The Ohio State University-Marion. Funded.
9/02	\$7500	Faculty Development Grant: The Ohio State University-Marion Funded.
12/01	\$1000	Professional Development Grant: The Ohio State University-Marion. Funded.

TEACHING:

The Ohio State University

Psych 100/1100	Introduction to Psychology
A & S 1102H	Arts & Sciences Honors Seminar
Psych 303/2303	Positive Psychology
Psych 331/3331	Abnormal Psychology (formerly Psychopathology and Psychotherapy I)
Psych 332	Psychopathology and Psychotherapy II
Psych 335/3335	Psychology of Adjustment
Psych 4543	Psychology of Gender
Psych 530/3530	Psychology of Personality
Psych 540/4540	Counseling Psychology: An Introduction
Psych 543	Psychology of Women
Psych 594	Group Studies: Theory and Research on Eating Behavior
Psych 693/3193.01	Individual Studies
Psych 699/4998	Undergraduate Research in Psychology
Psych 3193.02	Teaching of Psychology
Psych H783	Honors Research in Psychology

The University of Akron

3750:100	Introduction to Psychology
3750:110	Professional and Career Issues in Psychology
3750:200	Developmental Psychology
3750:230	Introduction to Experimental Psychology
3750:335	Dynamics of Personality
3750:435	Cross-Cultural Psychology

SERVICE: STUDENT ADVISING AND RESEARCH COMMITTEE INVOLVEMENT (OSU, NATIONAL, INTERNATIONAL)

Dissertations Directed

Augustus-Horvath, Casey (2008)
Kozee, Holly (2008)
Wilcox, Jennifer (2006)

Dissertations Co-Directed

Maria Joana Simoes (present) (University of Coimbra; advisor: Cláudia Ferreira)

Dissertation Committee Member

Kling, J. (2019) – External Examiner (University of Gothenburg; Sweden)
Boersma, K. (2017) – External Committee Member (University of Windsor; Canada)
Andrew, R. (2016) – External Committee Member (Flinders University; Australia)
Olson, K. (2016)
Jongenelis, M. I. (2013) – External Committee Member (University of Western Australia)
Ålgars, Monica (2011) – External Committee Member (Åbo Akademi University, Finland)
Watt, Merratt (2010) – External Committee Member (Deakin University; Australia)
Madden, Clara (2010) – External Committee Member (University of Otago; New Zealand)
Froilan, William (2010)
Yao, Melissa (2009)
Tressler (Salas), Danette (2008)
Camillus, Courtney (2007)
Brown, Danice (2007)
Orosco, Veronica (2007)
Godfrey, Tamara (2006)
Currence, Eric (2006)
Robinson, Carrie (2006)
Bergeron, Derek (2005)
Wood-Barcalow, Nichole (2005)
Kim, Eunha (2005)
Brennan, Julie (2004)

Masters Theses Directed

Augustus, Casey (2005)
Kozee, Holly (2005)
Wilcox, Jennifer (2004)

Masters Committee Member

Michika Nickerson (2018)
Stacey Potter (2018)
Salas, Danette (2006)
Currence, Eric (2004)
Adams, Peter (2004)
Halper, Carrie Robinson (2003)
Bergeron, Derek (2003)

Undergraduate Honors Theses Directed

Gordon, Melissa (2012)
 Iannantuono, Amy (2008)
 Kroon Van Diest (Wood), Ashley (2008)
 Boccia, Angelo (2008)
 Aumend, Devin (2007)
 Andorka, Michael (2007)
 Koch, Samantha (2006)
 Denchik, Angie (2005)
 Gattshaw, Sharon (2005)
 Avalos, Laura (2004)
 Sabik, Natalie (2004)
 Kozee, Holly (2003)
 Phan, Tatum (2003)
 Ridgeway, Rebekah (2003)

Undergraduate Honors Thesis Committee Member

Gillikin, Lindsay (2019)
 Neal, Ashley (2015)
 Smith, Olivia (2015)
 Magers, Deirdre (2002)
 Lucas, Morgan (2002)

SERVICE: EDITORIAL ROLES**Editor for Peer-Reviewed Professional Journals**

Editor-in-Chief, *Body Image*. January 2018 – present
 Associate Editor for *Body Image*. January 2009 – December 2017

Guest Editor for Special Issues (Peer-Reviewed)

Guest Editor for *Body Image: Special Series on Positive Body Image*. June 2014 – June 2015
 Guest Editor for *Sex Roles: Special Issue on Gendered Body Image, Part I*. December 2008 – June 2010
 Guest Editor for *Sex Roles: Special Issue on Gendered Body Image, Part II*. December 2008 – October 2010
 Guest Editor for *Sex Roles: Special Issue on Gendered Body Image, Part III*. February 2009 – October 2011

Editorial Board Membership for Peer-Reviewed Professional Journals

Editorial Board Member for *Eating Disorders: A Journal of Treatment and Prevention*, September 2015-present
 Editorial Board Member for *Sex Roles*, April 2011 – December 2017
 Editorial Board Member for *Psychology of Women Quarterly*, January 2011 – January 2017
 Editorial Board Member for the *Journal of Counseling Psychology*, July 2006 – December 2017
 Editorial Board Member for *Body Image*. January 2008 – January 2009

Regular Reviewer for Peer-Reviewed Professional Journals

Eating Disorders: The Journal of Treatment and Prevention
International Journal of Eating Disorders
Mindfulness
Health Psychology
International Journal of Obesity

Journal of Contextual Behavioral Science
Obesity Reviews
Journal of Adolescent Health
Academy of Nutrition and Dietetics
Eating Behaviors
Journal of Obesity
Appetite
Sage Open
Public Health Nutrition
Journal of Health Psychology
Psychology of Women Quarterly (ended January 2011 when I was promoted to editorial board)
Body Image (ended January 2009 when I was promoted to editorial board)
Journal of Counseling Psychology (ended July 2006 when I was promoted to editorial board)
Behavior Therapy
Assessment
Psychological Assessment
Sex Roles (ended April 2011 when I was promoted to editorial board)
Basic and Applied Social Psychology

External Reviewer

- 2018** I served as an external reviewer for an assistant professor's promotion and tenure review (Dr. Allison Kelly) at the University of Waterloo
2018 I served as an external reviewer for an APA Citizen Award application
2018 I served as an external reviewer for an Early Career Award application for an assistant professor (Dr. Allison Kelly) at the University of Waterloo
2017 I served as an external reviewer for an assistant professor's promotion and tenure review (Dr. Laurel Watson) at the University of Missouri, Kansas City.
2017 I served as an external reviewer for a full professor's transfer to another university for promotion to full professor with tenure (Dr. Donnalyn Pompper transferring from Temple University to the University of Oregon).
2015 I served as an external reviewer for a lecturer's promotion to senior lecturer (Dr. Afroditi Pina) at University of Kent, U.K.
2014 I served as an external reviewer for an associate professor's promotion to full professor (Dr. Louise Wasylikiw) at Mount Allison University, Canada.
2014 I served as an external reviewer for an assistant professor's promotion and tenure review (Dr. Meghan Gillen) at Pennsylvania State University, Abington.
2013 I served as an external reviewer for an assistant professor's promotion and tenure review (Dr. Jennifer Best Webb) at University of North Carolina-Charlotte.
2012 I served as an external reviewer for an assistant professor's promotion and tenure review (Dr. Christina Downey) at Indiana University at Kokomo.

Grant Reviewer

Standard Research Grants program of the Social Sciences and Humanities Research Council of Canada (SSHRC); Application title: Visual priming and male body image evaluation and investment: An experimental investigation of sociocultural theory, January 2011.

SERVICE: CONSULTING

Liaison

Between the journal *Psychology of Women Quarterly* (PWQ) and the Home Study Continuing Education (CE) Committee. I chose articles from each issue of PWQ, contacted the authors to determine if they

want to take part in devising items for CE seekers, helped authors devise the questions, and then submitted the test and other materials (article, author biography) to the Home Study Committee. July 2012 – July 2015.

Service to Professional Committees

Co-Chair, Health at Every Size (HAES) Special Interest Group, Academy for Eating Disorders, June 2012 – June 2015.

Chair, Member Resources Committee, Society for Counseling Psychology (Division 17 of the American Psychological Association), August 2009 – August 2010.

Beta Testing/Evaluation of Instruments/Books

4/06 Evaluation of *The muscular ideal: Psychological, social, and medical perspectives*, book edited by J.K. Thompson and G. Cafri.

9/04 Beta Tester for the Eating Disorder Inventory-3 (EDI-3) by David M. Garner

Independent Consulting

I've answered researchers' and clinicians' questions on my areas of expertise, i.e., psychometric Instrument development, intuitive eating, and positive body image. I do not charge requestors anything for my services (most are students). January 2006 – present.

SERVICE: OSU MARION CAMPUS, OSU PSYCHOLOGY DEPARTMENT, AND UNIVERSITY

10/18 – 12/18	OSU Provost Committee Member Evaluating the Reappointment of Dean Rose
12/13 – present	OSU-Marion Chair of Workload Committee
6/09 – present	OSU Marion Chair of Faculty Evaluation Advisory and Concerns Committee
1/19 – present	OSU Department of Psychology Peer Review Committee
8/16 – 5/17	OSU Department of Psychology Promotion and Tenure Committee
1/14 – 5/14	OSU Provost Committee Member Evaluating the Reappointment of Dean Rose
5/12 – 5/13	OSU-Marion Teaching Excellence Award Committee
5/12 – 5/14	OSU Department of Psychology Peer Review Committee
6/12 – 12/12	OSU-Marion Co-Chair Psychology (Social) Faculty Search Committee
6/12 – 9/12	OSU-Marion Campus Counselor Search Committee
10/11 – 5/13	OSU-Marion Academic Affairs
11/10 – 5/13	OSU-Marion Ad-hoc Committee to determine Research and Service Enhancement Course Releases
4/12 – 9/14	OSU-Marion Faculty Advisor for Out Loud
9/10 – 12/10	OSU-Marion Psychology (Cognitive) Faculty Search Committee
11/08 – 3/09	OSU-Marion Campus Counselor Search Committee
5/08 – 5/12	OSU Department of Psychology Promotion and Tenure Committee
5/08 – 6/09	OSU-Marion Faculty Evaluation Advisory Committee (FEAC) Member
10/07 – 2/08	OSU-Marion Psychology (Cognitive) Faculty Search Committee
10/07 – 10/09	OSU-Marion Ombudsperson
10/07 – 10/14	OSU-Marion Campus Assessment Team
9-10/06 & 9-10/07	OSU-Marion Faculty Co-Chair of the United Way Campaign Committee
12/06 – 3/07	OSU-Marion Psychology (Social) Faculty Search Committee
12/06 – 3/07	OSU-Marion Psychology (Cognitive) Faculty Search Committee
6/06 – 7/08	OSU Department of Psychology Undergraduate Studies Committee
5/06 – 5/08	OSU-Marion Adjunct Faculty Concerns Committee
5/06 – 5/07	OSU-Marion Review of Non-Tenure Track Faculty Committee
10/05	OSU-Marion Diversity Committee

11/05 – 3/06	OSU-Marion History Faculty Search Committee (Early Asian History)
11/05 – 3/06	OSU-Marion History Faculty Search Committee (American History)
10/04 – 3/05	OSU-Marion Philosophy Faculty Search Committee
11/03 – 10/04	OSU-Marion Facilities Committee
10/03 – 3/04	OSU-Marion Psychology Faculty Search Committee
10/02 – 10/03	OSU-Marion Adjunct Faculty Concerns Committee
5/03	OSU-Marion Academic Recognition Award Committee
8/02 – 12/02	OSU-Marion Admissions Search Committee
1/02 – 6/02	OSU-Marion Dean's Scholarship Committee

SERVICE TO THE COMMUNITY

Collaborations

Marion County YMCA. Worked with the YMCA director to evaluate the effectiveness of their community garden program. March 2013 – December 2013

Interviews

Podcasts

Centre for Appearance Research (Bristol, UK), Interview given August 2018

Magazines

Men's Health, Interview given March 2013
O Magazine (Oprah), Interview given May 2011
More Magazine, Interview given July 2008
Self, Interviews given September 2007, July 2008, October 2008
Elle, Interview given September 2006
Women's Health, Interview given September 2006
Glamour, Interview given September 2006
Shape, Interview given September 2006, September 2008
Prevention, Interview given August 2006
Fitness, Interview given August 2006

Wire Service

United Press International, Interview given August 2006
Reuters, Interview given August 2006

Newspapers

Columbus Dispatch, Interview given September 2006
Seattle Post, Interview given September 2006
The Ithican, Interview given September 2006
New York Newsday, Interview given August 2006
Toronto Star, Interview given August 2006
Washington Post, Interview given July 2004

Documentary

America the Beautiful, Independent Documentary by Darryl Roberts, Interview given August 2006

Radio News Stations

10TV (Commit to be Fit), Interview given April 2011
 Radio New Zealand, Interview given August 2006
 WMRN (Marion, Ohio), Interview given September 2006

Outreach, Workshops, and Guest Presentations

Buckeye Backers

5/14 *Restrained vs Intuitive Eating: Important Differences* (invited presentation – Emily Meyer)

University of Akron

4/13 *Body Image & Eating Behavior* (invited presentation – Dr. Jan Yoder)

University of North Carolina at Charlotte

2/12 *Intuitive Eating: Current Research and Future Directions* (invited presentation – Dr. Jennifer Best)

University of Akron

10/06 *Intuitive Eating* (invited presentation – Counseling Psychology Graduate Student Organization)

The Ohio State University

10/12 *Gendered Conversations* (invited presentation – Griffin Society, Marion campus)

12/07 *Eating Behavior in the U.S.* (invited presentation – Science Café, Marion campus)

11/05 *Intuitive Eating* (invited presentation – Body Image Outreach [BIO] organization – main campus)

5/05 *Women, Body Image, and Eating Disorders* (invited presentation – Dr. Nancy Betz's Graduate Psychology of Women class – main campus)

11/04 *Media Representations and Body Image* (invited presentation- Unity student organization-main campus)

5/03 *Body Image and Eating Disorders* (invited presentation-Newark campus)

3/03 *Eating Disorders: Development, Treatment, and Prevention* (invited presentation-Lima campus)

1/03 *Dying to be Perfect: Body Image and Eating Disorders* (invited presentation)

10/02 *Career Options in Counseling Psychology and Related Fields* (invited presentation)

12/01 *Let's Get Psyched: Women in Psychology* (invited presentation)

Counseling Center; Southern Illinois University

10/00 *Body Image Acceptance* (invited presentation)

8/00 *Improving Communication Skills*

Counseling, Testing, and Career Center; University of Akron

4/00 *Improving Test Taking Strategies*

4/00 *Improving Listening and Note-taking Skills*

4/00 *Increasing Motivation*

4/00 *Overcoming Procrastination*

11/00 *How to Handle Student Concerns as a Teaching Assistant*

11/00 *Becoming Assertive*

11/00 *Anger Management*

10/99 *Sexuality*

2/99 *Slim Hopes: Advertising and Eating Disorders*

- 2/99 *Exploring Body Image*
 2/99 *Love, Dating, and Relationships*
 11/98 *Rape and Sexual Assault Awareness*
 10/98 *Effective Communication*

Department of Psychology Undergraduate Classes; University of Akron

- 1/99 *Still Killing Us Softly: Media's Impact on Women* (invited presentation)
 3/98 *Preparing for Graduate School in Counseling Psychology* (invited presentation)
 8/97 *Eating Disturbances: Prevalence, Research, and Interventions* (invited presentation)
 11/96 *Preparing For and Succeeding in Graduate School in Psychology* (invited presentation)
 7/96 *Examining the Use of Projective Techniques with Individuals Who Have Eating Disorders*

Psychology Career Day Conference; University of Akron

- 11/99 *Preparing for Graduate School in Counseling Psychology* (invited presentation)

Battered Women's Shelter; Akron, Ohio

- 9/00 *Domestic Violence* (invited presentation)

Elementary and High School Presentations; Akron, Ohio

- 3/99 *Eating Disturbances and Disorders* (invited presentation)
 5/97 *Eating Disturbances and the Ineffectiveness and Harmfulness of Weight Control Techniques* (invited presentation)

CLINICAL SERVICE:

1/01-8/02 Consultant
 Counseling Center, Southern Illinois University at Carbondale

Responsibilities: Provided consultation on the long-term impact of personal-emotional counseling on academic retention and graduation status.

8/00- 8/01 Intern
 Counseling Center; Southern Illinois University at Carbondale

Responsibilities: Provided individual counseling (personal, couples, and career) and group counseling for a Women's Therapy group, designed and conducted outreach presentations, and administered and interpreted psychological assessment tools (e.g., personality inventories, career inventories) to a diverse range of college students.

8/00- 8/01 Supervisor
 Counseling Center; Southern Illinois University at Carbondale

Responsibilities: Provided individual supervision to two doctoral students in counseling psychology on a weekly basis.

8/98- 5/00 Advanced Practicum Trainee
 Counseling, Testing, and Career Center; University of Akron

Responsibilities: Provided individual therapy (e.g., personal, career, and educational counseling), designed and delivered outreach presentations, and administered and interpreted psychological assessment tools (e.g., personality inventories, career inventories, intelligence tests, achievement

tests) to a diverse range of college students.

8/99 - 5/00 Clinic Coordinator

Psychology Department Counseling Clinic, University of Akron

Responsibilities: Supervised the functioning of nine practicum students and fourteen student secretaries.

8/98 - 12/98 Supervisor, Supervision in Counseling Psychology

Clinic for Child Study and Family Therapy; University of Akron

Responsibilities: Provided individual supervision to two masters level counseling students on a weekly basis.

8/97 - 5/98 Practicum Trainee

8/96 - 5/97 Psychology Counseling Clinic; University of Akron

Responsibilities: Provided personal and career counseling to college students and members of the community. Administered and interpreted vocational and personality inventories.

6/99 - 7/00 One Safe Night Program Specialist

Battered Women's Shelter; Akron, Ohio

Responsibilities: Assisted survivors of domestic violence and rape by offering crisis intervention.

1/94 - 6/99 Crisis Intervention Specialist

Battered Women's Shelter; Akron, Ohio.

Responsibilities: Answered hotline crisis calls regarding domestic violence, made appropriate referrals, and supervised women and children involved in domestic violence situations. Completed intake interviews of women and children coming into the shelter. Helped women explore their options and formulate safety plans.

4/98- 3/99 Telephone Hotline Volunteer

Summit County Rape and Sexual Assault Services; Akron, Ohio

Responsibilities: Answered crisis and informational telephone calls concerning rape and sexual assault, assisted callers in exploring options, and made appropriate referrals.

8/97 - 7/98 Telephone Hotline Trainer

Portage Path Community Mental Health Center; Akron, Ohio

Responsibilities: Participated in educating, training, and assisting novice volunteers on the procedures used when answering hotline calls and writing call reports set forth by Portage Path Community Mental Health Center.

1/97 - 7/98 Telephone Hotline Volunteer

Portage Path Community Mental Health Center; Akron, Ohio.

Responsibilities: Answered crisis and informational telephone calls concerning a variety of issues.

8/96 - 8/97 Support Group Co-Coordinator

Department of Psychology; University of Akron.

Responsibilities: Helped coordinate and run a support group for the first year counseling psychology students.

7/94 - 3/95 Hotline Volunteer

National Eating Disorder Organization; Worthington, Ohio.

Responsibilities: Worked for a toll free hotline and performed duties such as answering informational questions, distributing information (e.g., on topics concerning eating disorders and body image, the dangers of dieting, eating disorders prevention, and the signs and symptoms of eating disorders), and referring callers for further assistance. Helped with the preparation of the National Eating Disorders Organization Convention in October 1994.

ASSESSMENT EXPERIENCE:**6/98 - 7/00 Psychological Testing Assistant**

Counseling, Testing, and Career Center; University of Akron.

Responsibilities: Administered Academic Profile tests to incoming University of Akron first year students.

10/98 Depression Screening Day**& 10/99**

Counseling, Testing, and Career Center; University of Akron.

Responsibilities: Administered and interpreted a depression screening instrument (i.e., the HANDS) for university students. Made appropriate referrals as necessary.

6/97 - 9/97 Testing Assistant

Private Practice (Dr. Mitchell Wax); Lakewood and Elyria, Ohio.

Responsibilities: Administered and interpreted various personality inventories and intelligence/achievement tests as part of assessment batteries for Social Security applicants.

ACTIVE PROFESSIONAL MEMBERSHIPS:

American Psychological Association (since 2000)

Division 17 (Society for Counseling Psychology)

Section for the Advancement of Women

Section for Lesbian, Gay, and Bisexual Awareness

Section on Ethnic and Racial Diversity

Division 35 (Psychology of Women)

Division 38 (Health Psychology)

Academy for Eating Disorders (since 2007)