

Get Wild Discover Nature's Bounty one taste at a time! A special spring collaboration with OSU Extension's-**A Day in the Woods**, United Plant Savers, Rural Action & Hopewood Holistic Health.



If You Listen, They Will Teach You



Event will be held at the UpS Botanical Sanctuary near Rutland Ohio. Registration is limited to 30 participants & ends April 8th. On line registration will close once full.

Please follow link to register:

<http://bit.ly/2k9Ez0Z>. To learn more about programs and facilities at UpS or Sacred Seeds go to: www.ups.org or follow Goldenseal Botanical Sanctuary on Facebook or call 740-590-3455. Please ride share, drive safe, leave in plenty of time, dress for the conditions and join us for

A Day in the Woods.

Friday April 14th, 2017
9:00-3:30 Cost \$ 20.00
Registration opens at 8:30

Join Rebecca Wood, Tanner Filyaw and the OSU & UpS team for a day of **Wild Culinary & Propagation Adventures!** Join us as we ID edible & medicinal plants, get our fingernails dirty picking, planting and cooking up some **wild** tasty treats! Preservation, Propagation & Preparation are the days theme. Be prepared to taste, plant and wander your way through the day and the beauty & diversity of UpS's Goldenseal Botanical Sanctuary.



THE OHIO STATE UNIVERSITY

COLLEGE OF FOOD, AGRICULTURAL,
AND ENVIRONMENTAL SCIENCES



Hopewood Holistic Health

-Uniquely Simple Solutions-

Rural Action