General Body Meeting
ICEBREAKER

Name?

What year are you in your program?

Are you a Masters or PhD student?

What would you say is your spirit animal?
Mentorship with BMES

2 Opportunities:

- Mentor undergrads about graduate school/grad school application process
  - ~once a month
- Give contact info to BMES for a “master list”
  - Undergrads can contact you to ask about your lab, your research, grad school in general
- Interested in either? Fill out this survey →
Social Events

September:
- Welcome Back BBQ
  - Sept. 16th from 12-2pm
- Cartoon/Movie Night
  - We want your opinion!

October:
- Halloween Bash
  - Costume Contest, Halloween movies & activities

Social Chair: Kimberly Denman
E-mail: denman.82@osu.edu
Outreach Opportunities

What have we done in the past?
- Career Panels for high school students
- BME themed STEM activities for K-12 students
- Other STEM related outreach

Plan for this year
- Monthly BME themed STEM activities in Columbus Elementary school
- Other events with local schools/organizations
- Science Communication Programming

Outreach Chair: Tom DePalma
E-mail: depalma.55@osu.edu
Career Services Event:

- Sept 23rd (tentative)
- CV/Resume Review
- Interview tips

The Road from Industry to Academia

- Faculty panel
- Mid/Late October

Professional Development Chair: Annie Ryan
E-mail: ryan.1747@osu.edu
Wellness Events

AIMS: Strengthen the physical and mental wellness of the BMEGSA community! And have tons of fun 😊

Projected events:

- **Group Fitness challenges**
  - Groups of similar physical activity interests attend group classes at OSU gyms and compete in who goes to the greatest number of sessions! Prizes TBA

- **Fitness in Motion Sessions** (hosted by RPAC, based on group interest, can include:)
  - Group Fitness Classes (Instructor leads a group in yoga, pilates, dance, HIIT)
  - Instructional Fitness Training (Physical skill or Mindfulness/Meditation)
  - Health and Fitness Talks (Attend an interactional presentation to

- **Group sport & nature excursions**
  - Hiking, pick-up volleyball games, and other group interests

Wellness Chair: Ana Panic
E-mail: panic.2@osu.edu
Thank you for coming! Any questions?

Check out our Facebook for the most up to date information! 
Biomedical Engineering Graduate Student Association at The OSU