

Jane Adair Klinger

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409 West 8th Ave
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Education

- 2013-present Ph.D. Candidate in Social Psychology, University of Waterloo
Currently a Visiting Scholar at the Ohio State University
- 2012-2013 M.A. in Social Psychology, University of Waterloo
Thesis: *Examining mechanisms of self-control improvement*
- 2007-2011 Bachelor of Arts in Psychology, Cornell University

Primary Research Interests

Self-regulation, self-control, motivation, lay beliefs, authenticity, meaning

Awards

Winner of the 2014 SPSP Student Poster Award
Dean's List at Cornell University, 2008 - 2010

Papers-in-Progress

Klinger, J. A., Scholer, A. A., Hui, C. M., & Molden, D. C. (in preparation). Effortful experiences of self-control foster lay theories that self-control is limited.

Conference Presentations

Klinger, J. A., Spencer, S.J., & Scholer, A. A. (2017, January). *Not Just Looking the Part: The Satisfaction of "Being" Goals*. Poster presented at the Society for Personality and Social Psychology Conference, San Antonio, TX.

Klinger, J. A. & Spencer, S.J. (2016, January). *The Two Faces of the Quantified Self: Tracking Habits for the Self vs. the Self-Image*. Poster presented at the Society for Personality and Social Psychology Conference, San Diego, CA.

Klinger, J. A., Scholer, A. A., Hui, C. M., & Molden, D. C. (2015, August). *Effort & Success in Self-Control Practice Affect Key Self-Control Beliefs*. Poster presented at the American Psychological Association Convention, Toronto, ON.

Klinger, J. A., Scholer, A. A., Hui, C. M., & Molden, D. C. (2015, February). *Perceived Ease of Self-Control Practice Affects Lay Theories and Performance*. Poster presented at the Society for Personality and Social Psychology Conference, Long Beach, CA.

Klinger, J. A., (2014, May). *Mechanisms of Self-Control: Capacity vs. Motivation*. Talk presented at the Waterloo-Western Conference, London, ON.

Klinger, J. A., Scholer, A. A., Hui, C. M., & Molden, D. C. (2014, April). *Perceived Instrumentality of Self-Control Predicts Self-Control Performance*. Poster presented at the Discovery Conference, Waterloo, ON.

Klinger, J. A., Scholer, A. A., Hui, C. M., & Molden, D. C. (2014, February). *Perceived Instrumentality of Self-Control Predicts Self-Control Performance*. Poster presented at the Society for Personality and Social Psychology Conference, Austin, TX. *Recipient of SPSP Student Poster Award*.

Teaching Experience

- 2016 TA for Social Psychology, Social Cognition
- 2015 Instructor for Social Statistics at Renison University
TA for Social Psychology and Social Cognition
Delivered guest lecture on group attitudes and behaviour
Delivered guest lecture on self-regulation
- 2014 TA for Social Psychology, I/O Psychology, and Cultural Psychology
Delivered guest lecture on motivation across cultures
- 2013 Completed Fundamentals of University Teaching Program
- 2013 *Delivered social psychology crash course at local retirement home*
- 2013 TA for Cultural Psychology, I/O Psychology, and Social Cognition
Delivered guest lecture on regulatory focus and social comparison
- 2012 TA for Social Psychology

Community Involvement

- 2015-2016 Co-organizer of the Waterloo-Western-Wilfrid Laurier Conference, extending it for the first time to include Wilfrid Laurier University
- 2015-2016 Lab Manager for the Social Area of the Waterloo Psychology Department
- 2014-2015 President of University of Waterloo Graduate Association of Students in Psychology (GASP)
- 2014 *Invited to give guest lecture on attentional and motivational strategies for financial success at the Office of Financial Empowerment, New York, NY.*
- 2013-2014 Social Area Representative for GASP
- 2012-2016 Tutor for English Conversation Partners program at University of Waterloo
- 2012-2015 Mentor for International Student Office Shadow program at University of Waterloo

Professional Membership

Midwestern Psychological Association, Society for Personality and Social Psychology