

# WHAT IS MEDICATION FOR OPIOID USE DISORDER (MOUD)?

## 1 WHAT IS MOUD?

- MOUD uses both medication and cognitive-behavioral therapy to treat substance abuse disorders



## 3 WHY USE MOUD OVER OTHER TREATMENTS?

- MOUD is more effective than medication or behavioral therapy alone
- The WHO has deemed MOUD the most effective treatment for Opioid Use Disorders (OUD)

## 4 AREN'T PATIENTS JUST SUBSTITUTING ONE DRUG FOR ANOTHER?

**NO:**

- MOUD can't give users euphoria like other opioids
- MOUD can be tapered down and doesn't need to be increased to have the same effect

## 2 HOW DOES MOUD WORK?

- MOUD reduces cravings and withdrawals
- The dosage decreases over time and this allows the individual to return to daily activities



# PATIENTS BENEFIT FROM MAT

## MOUD SAVES LIVES



50% Less  
Fatal Overdoses

INCREASING THE AVAILABILITY OF MOUD LED TO A 50% REDUCTION IN FATAL OVERDOSES IN BALTIMORE FROM 1995-2009.

(Volkow, N. D., et al, 2014)

## PATIENTS ARE MORE LIKELY TO RECOVER ON MOUD

- MOUD is the *most effective* treatment for opioid use disorders. (WHO, 2016)

## MOUD PROMOTES LONG-TERM RECOVERY

(Hatfield, R., 2017)



## PATIENTS ARE MORE LIKELY TO STAY IN TREATMENT

(Hatfield, R., 2017)



## PATIENTS LIVE HEALTHIER LIVES

- There are no long-term negative effects on bodily organs and patients engage in less risky behaviors. (Fields, J., et al., 2004)



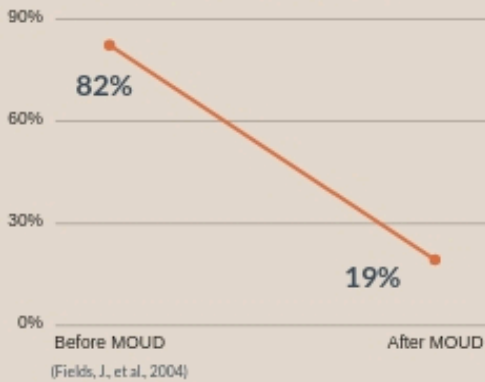


**“[MOUD] saves lives while increasing the chances a person will remain in treatment and learn the skills and build the networks necessary for long-term recovery.”**

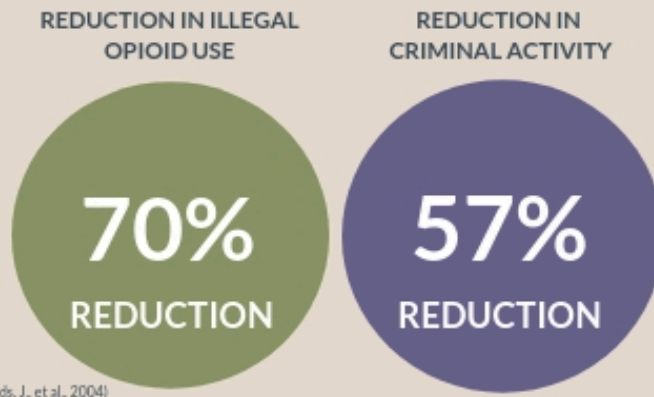
- Michael Botticelli, director, National Drug Control Policy

# MOUD BENEFITS SOCIETY

**Patients are less likely to be arrested after one-year of MOUD**



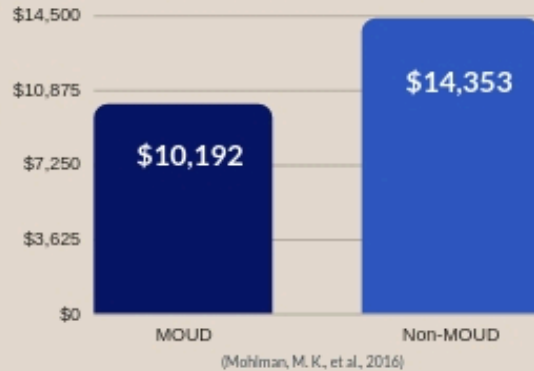
**MOUD reduced illegal opioid use and criminal activity**



**Patients are more likely to be employed full-time**

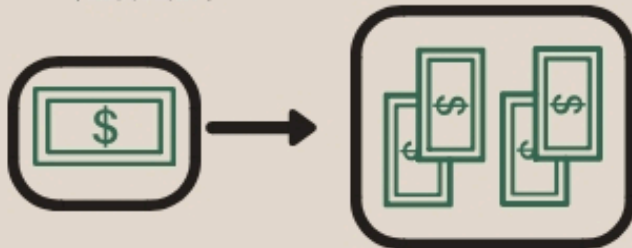


**Cost of Health Plan for MOUD Patients vs Non-MOUD Patients**



**For every \$1 spent on MOUD, \$4 is saved.**

(Fields, J. et al., 2004)



## WHAT ARE BARRIERS TO USING MOUD?

- MOUD is expensive in the short-term, but results in long-term savings
- There is a myth that MOUD is replacing one drug for another
- Patients may feel shame or a lack of support
- Insurance may not always cover MOUD

### Literature Cited

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