

# East Ohio Women in Agriculture Conference



## Who should attend:

Women and Young Women (high school age) who are interested, involved, or want to become involved in food, agriculture, natural resources, or small business.

This one-day conference is a great place to learn, share and network. Be surrounded by other women who are facing the same day-to-day ups, downs, adventures and dilemmas as you.

## AGENDA

- 9:00 Registration, Network Fair & Breakfast
- 9:30 Welcome
- 10:00 Breakout 1
- 11:00 Breakout 2
- 12:00 Buffet Lunch
- 12:45 Key Note  
*"Weathering the Storm in Agriculture"*  
 Dr. Jeff Dwyer  
 Michigan State University Extension
- 1:45 Breakout 3
- 2:45 Breakout 4
- 3:30 Closing and Door Prizes



**THE OHIO STATE UNIVERSITY**

COLLEGE OF FOOD, AGRICULTURAL,  
AND ENVIRONMENTAL SCIENCES

CFAES provides research and related educational programs to clientele on a nondiscriminatory basis. For more information: <http://go.osu.edu/cfaesdiversity>.

Friday

**March 22, 2019**

**9 A.M. – 3:30 P.M.**

R. G. Drage Career Technical Center  
2800 Richville Drive SE  
Massillon, OH 44646

\$55 adults/ \$30 Students

Registration Deadline: March 15

For more information call 614-292-2433

Register online with credit card at  
[go.osu.edu/eowia2019](http://go.osu.edu/eowia2019)  
or complete & send this registration form.

**Cancellation Policy:** If the R. G. Drage School is closed for any reason on March 22, 2019, this Conference will also be cancelled. The event will not be rescheduled. No registration fees will be refunded. All will be held as registration for the 2020 East Ohio Women in Agriculture Conference.

# Break Out Tracks & Sessions

	Business & Finance	Plants & Animals	Communication	Home & Family	Special Interest
<b>Session 1</b>	<b>1-A Account Books and Beyond</b> – Dianne Shoemaker, OSU Extension <i>From paying bills to income tax preparation to evaluating business strengths and concerns, keeping and using quality records impact potential profitability.</i>	<b>1-B Divine Swine</b> – Heather Neikirk, OSU Extension <i>Interested in raising swine on a small, sustainable scale for food consumption? Learn tips on basic production from farm to freezer to table.</i>	<b>1-C Three Keys to Success</b> – Jackie Krieger, OSU Extension <i>Building your personal skills in time management, sound decision making and emotional awareness will prove valuable to you and those you live and work with. Let's get started!</i>	<b>1-D In an (Instant) Pot</b> – Christine Kendle, OSU Extension <i>Have an electric multi-cooker or thinking about getting one? Learn the basics to get started and make meals in an instant!</i>	<b>1-E Hands-On Tractor Operation Skill-BUILDER</b> – Dee Jepsen, Ohio State Univ. <i>Build confidence and improve your safety knowledge around tractors. Learn "parts identification" and other machinery topics. (May be outdoors weather permitting)</i>
<b>Session 2</b>	<b>2-A Wills and Trusts and POAs, Oh My!</b> – Peggy Hall, Ohio State University <i>Does estate planning scare you? Banish your fears by learning about estate planning tools and how they can help you.</i>	<b>2-B Small Space Gardening</b> – Sandy Smith, OSU Extension <i>Raised beds, containers and planting edible landscapes are just a few ways that you can raise food in limited spaces.</i>		<b>2-D Farmwear Repair</b> – Anne Wolfe, Master Clothing Educator <i>Keep your clothes in top performance by learning how to mend pants, coveralls and more. Get ready for hands-on learning!</i>	<b>2-E Reading the Soil</b> – Erika Lyon, OSU Extension <i>This session will focus on improving the health of your soils and the basics of soil testing services and kits.</i>
<b>Session 3</b>	<b>3-A Establishing Your Business's Mission and Vision</b> – Sabrina Schirtzinger, OSU Extension <i>Create the foundation of your farm/business and put it on the road to success.</i>	<b>3-B Planning for Perennial Crops</b> – Jacqueline Kowalski, OSU Extension <i>Learn how to plan for perennial vegetables, flowers and fruits that may be in the same place permanently.</i>	<b>3-C Cultivating a Productive Mindset</b> – Beth Scheckelhoff, OSU Extension <i>Learn how to identify stress signs and symptoms as well as strategies and resources to manage stress for farm families.</i>	<b>3-D Meal Prepping - How to Make Convenience Meals at Home</b> – Amy Meehan & Alisha Barton, OSU Extension <i>Come learn how to meal prep, a way to make eating at home or on-the-go convenient and nutritious!</i>	<b>3-E The Amazing World of Seeds - Growing Microgreens</b> – Diane Patris, Master Gardener Volunteer <i>Microgreens are some of the most nutritious vegetables on earth. Learn how to grow microgreens successfully from planting to harvest.</i>
<b>Session 4</b>	<b>4-A Easy as Pie to Bring Home the Bacon!</b> – Emily Marrison, OSU Extension <i>Starting or expanding a home food business? Learn to navigate the world of food regulations and food safety!</i>	<b>4-B Healthy Happy Herds</b> – Dr. Terri Specht DVM, Heimerl Farms, Ltd. <i>Good care and management are essential for any livestock herd. Learn the key elements to ensure your success.</i>	<b>4-C How to Never Be Wrong: Civil Discourse</b> – Grace Lach and Holly McClay, State FFA Officers <i>Navigate disagreements and learn to share your ideas, understand others' perspectives, and maintain your position. Turn arguments into constructive conversations!</i>	<b>4-D Mind Full or Mindful?</b> – Melinda Hill, OSU Extension <i>Come learn how a few techniques can help decrease stress in life and enhance the moments you want to remember.</i>	<b>4-E Intro to Aquaculture and Aquaponics</b> – Jeni Blackburn, Fresh Harvest Farm <i>Aquaculture is agriculture. Come learn about different production systems and species grown right here in Ohio!.</i>

## Registration Form

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

Breakout Sessions: 1 \_\_\_\_\_ 2 \_\_\_\_\_ 3 \_\_\_\_\_ 4 \_\_\_\_\_

Payment Enclosed: \$ \_\_\_\_\_ for \_\_\_\_\_ Adult(s) and/or \_\_\_\_\_ Student(s)

Please register on-line with credit card at [go.osu.edu/eowia2019](http://go.osu.edu/eowia2019) or mail registration and payment to:  
 Women in Agriculture, Agricultural Administration, 34 Ag. Admin. Bldg., 2120 Fyffe Rd., Columbus, OH 43210