

East Ohio Women in Agriculture Conference



Who should attend:

Women and Young Women (high school age) who are interested, involved, or want to become involved in food, agriculture, natural resources, or small business.

This one-day conference is a great place to learn, share and network. Be surrounded by other women who are facing the same day-to-day ups, downs, adventures and dilemmas as you.

AGENDA

- 9:00 Registration, Network Fair & Breakfast
- 9:30 Welcome
- 10:00 Breakout 1
- 11:00 Breakout 2
- 12:00 Buffet Lunch
- 12:45 Key Note
*Clinging to context in a noisy world:
don't lose sight of your "why"*
Rebecca Miller
Editor, Farm and Dairy
- 1:45 Breakout 3
- 2:45 Breakout 4
- 3:30 Closing and Door Prizes



THE OHIO STATE UNIVERSITY

COLLEGE OF FOOD, AGRICULTURAL,
AND ENVIRONMENTAL SCIENCES

Thursday

March 19, 2020

9 A.M. – 3:30 P.M.

R. G. Drage Career Technical Center
2800 Richville Drive SE
Massillon, OH 44646

\$55 Adults/ \$30 Students

Registration Deadline: March 12

For more information call 614-292-2433

Register online with credit card at
go.osu.edu/eowia2020
or complete & send this registration form.

Cancellation Policy: If the R. G. Drage School is closed for any reason on March 19, 2020, this Conference will also be cancelled. The event will not be rescheduled. No registration fees will be refunded. All will be held as registration for the 2021 East Ohio Women in Agriculture Conference.

Break Out Tracks & Sessions

| | Business & Finance | Plants & Animals | Communication | Home & Family | Special Interest |
|------------------|---|---|---|--|---|
| Session 1 | <p>1-A Insurance - Get Covered! – Kim Davis, Kim Davis Insurance Agency, LLC <i>Just because you pay an insurance premium doesn't mean you're covered for everything! Don't miss this fun, interactive session discussing all types of insurance.</i></p> | <p>1-B Raising Livestock on 5 Acres or Less – Sandy Smith, OSU Extension <i>So you have some land and you want some extra income or a supply of food for your family. This session will investigate all of your options and possibilities.</i></p> | <p>1-C QPR (Question, Persuade, Refer) Suicide Prevention Training – Judy Wortham Wood, Wayne-Holmes Mental Health and Recovery Board <i>QPR – Question, Persuade, Refer, a Suicide Prevention training, includes how to “ask a question to save a</i></p> | <p>1-D Fast Foods – Five Ingredients or Less! – Kate Shumaker, OSU Extension <i>Cooking doesn't have to be complicated! See (and taste) how a few ingredients can bring BIG flavor. Recipes will be provided.</i></p> | <p>1-E Reaching Your Educational Goals – Dennis DeCamp, OSU Extension <i>Regardless of age, educational opportunities are always available. Explore options for obtaining and funding education to meet your goals while maintaining a balanced life.</i></p> |
| Session 2 | <p>2-A Managing Price and Production Risk – Ben Brown, Ohio State University <i>Ag is Risky!!! Explore a framework to evaluate the options available to producers. Leave with four tips on how to be a better grain marketer.</i></p> | <p>2-B Veterinarians: Building a Relationship & Knowing When to Call – Dr. Em Mowrer, Stonehouse Veterinary <i>A working relationship with your veterinarian can teach you when it's appropriate to try something at home vs. having them out on a call to improve your farm's husbandry & production.</i></p> | <p><i>life,” recognizing warning signs, and referring for help.</i></p> | <p>2-D Farm Wear Repair: Part 2 – Ann Wolfe, Master Clothing Educator <i>Learn some short-cut techniques in basic sewing repair and what to look for when purchasing farm wear that's farm tough to help prevent repairs.</i></p> | <p>2-E Reading the Soil – Erika Lyon, OSU Extension <i>This session will focus on improving the health of your soils and the basics of soil testing services and kits.</i></p> |
| Session 3 | <p>3-A LOL – Lots of Loans! – Panel <i>Hear from our panel to find the right fit for your needs. Including lines of credit, ag real estate, equipment & building loans/leases, home loans, home equity loans, youth loans, etc.</i></p> | <p>3-B Sustainable Stewardship for the Small Farm – Heather Neikirk, OSU Extension <i>What is sustainable for you? Dig in and explore sustainability and stewardship practices and opportunities for utilization in small farm animal and plant-based enterprises.</i></p> | <p>3-C Sharing Your Story in a Handheld World – Bethany Pozderac & Bethany Starlin, State FFA Officers <i>Effectively communicating your story is important in today's society. This session will primarily focus on utilizing social media.</i></p> | <p>3-D Cooking with Cast Iron – Christine Kendle, OSU Extension <i>Are you not sure what pan to use? How to season it? How you should care for your cast iron cookware? This class is for you!</i></p> | <p>3-E Hands-On Tractor Operation Skill-BUILDER: Part 2 – Lisa Pfeifer, Ohio State University <i>Examining the utility of the compact tractor – safety, parts, color coding, hand signals and operation will be discussed in this interactive audience driven session.</i></p> |
| Session 4 | <p>4-A My Story: Working with Natural Resources Agencies – Shana Angel, Angel Family Farms & Cheryl Rice, NRCS <i>Navigating the programs available through NRCS, SWCD, FSA, etc. can be mind boggling. Join this panel to gain insight from a professional and client standpoint.</i></p> | <p>4-B The Mystery of Fruit Tree Pruning – Paul Snyder, OARCD Secrest Arboretum <i>This session covers the basics of how and when to prune fruit trees, highlighting the most common backyard fruit tree, the apple tree.</i></p> | <p>4-C He Said, She Said: – Emily Marrison, OSU Extension <i>Women in agriculture often work with men in agriculture. Explore ways to improve interpersonal communication for more productive work settings and peaceful home environments.</i></p> | <p>4-D The Salt Shake Down – Bridget Britton, OSU Extension <i>Want to learn how much sodium we consume at restaurants, and ways to decrease it? Hands-on menu reading and making substitutions for lower sodium options.</i></p> | <p><i>(May be outdoors weather permitting)</i></p> |

Registration Form

Name _____

Address _____

Phone _____ Email _____

Breakout Sessions: 1 _____ 2 _____ 3 _____ 4 _____

Payment Enclosed: \$ _____ for _____ Adult(s) and/or _____ Student(s)

Please register on-line with credit card at go.osu.edu/eowia2020 or mail registration and payment to:
Women in Agriculture, Agricultural Administration, 34 Ag. Admin. Bldg., 2120 Fyffe Rd., Columbus, OH 43210