

HRS Honors Opportunity List

In keeping with the themes of enrichment and discovery in the HRS Honors Program, the following pre-approved School and University opportunities are identified as potential components of a student's Honors Plan of Study. **The student will be responsible for a minimum of 50 points overall and activities are required** – completion of the Honors Foundation Course by the second year and completion of a portfolio that spans the entirety of the time in the Honors Program. The goal is to develop a plan that integrates interrelated experiences that bring growth and discovery around real world problems and enrich the student's undergraduate experience.

1. **Honors and Graduate Coursework* (at least 18 points):** points earned by completing the following (one point earned per credit hour): *It is strongly recommended that these courses be taken within the first two years.

a.) Honors courses HTHRHSC XXXXH Foundation required within one year of Honors program acceptance	b.) Honors-embedded courses
c.) 3000+ level courses taken during first two years (upon pre-approval of Honors Program Director)	d.) A graduate level course while an undergraduate student

2. **Research, Scholarship, and Teaching (at least 14 points):** points earned by completing the following research, scholarship, and teaching opportunities: **If a minor is required for an academic program, such as Health Sciences, points will not be earned

Honors Thesis	14 points
Apply for an undergraduate research grant at the local, university or national level (submit a copy of the full research grant to the Honors Program Director)	4 points
Documented contribution to a research or review paper submitted for publication in a peer-reviewed journal or discipline-equivalent publication	With Authorship 10 points; Without Authorship 7 points
Submit abstract/present a research study at a research forum (OSU Denman, OSU Research Festival, etc) or a state/regional/national conference	Abstract 2 points and/or Presentation 5 points
For non-thesis students: Weekly volunteer in a research lab for a semester (1 point/3hrs up to 3 pts per semester; may be repeated up to 3 semesters)	3 points (9 pts max)
Minor in any field** (If minor in HRS, course requirements must be above and beyond major requirements)	10 points
One full semester of study abroad	10 points
Serve as an unpaid teaching assistant/tutor	1 point per credit
Attend state or national professional association conference (without presenting)	2 points
Attend/Participate in any of the following experiences (Submit a 1 page double spaced reflection with your Honors Report): <ul style="list-style-type: none"> • HRS Grand Rounds (beyond those required for the HRS Grand Rounds Honors course) • Regular attendance and participation at a journal club that meets multiples times each semester • Attend any of the University's mind-blowing lecture/presentation offerings: <ul style="list-style-type: none"> ○ OSU Provost Lecture Program; ○ Annual SMITH LECTURE (OSU Physics); ○ Science Sundays; ○ Wexner Center for the Arts Glimcher Lecutre Series (Arts, Architecture), Lambert Family Lectures (Global issues in art and culture); ○ Public Humanities Lecture series (Arts and Sciences); V ○ Voices From the Community Lecture Series (Public Health); ○ Barbara K.Fergus Women in Leadership Lecture Series (Glenn School); ○ Humanism in Medicine Last Lecture Series (College of Medicine) 	1 point per experience
Other as pre-approved by the Honors Director within the School	Points TBD upon approval

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3. **Leadership and Service (at least 10 points):** Points earned by completing the following service and leadership activities, which go beyond the clinical and service-learning program or admission requirements of the student's current or future academic program. Documentation of proof of each activity is submitted to the Honors Program Director.

Leadership of a student organized project for recruitment or community-based outreach and engagement activities		3 points per year [^]
Serve as an officer of a student organization such as a student chapter of a professional organization, or HRS school or university student organization		3 points per year [^]
Member of division, school, college, or university committee		3 points per year [^]
Serve as a mentor (in the Honors Program, School, University or community)		3 points per year [^]
Perform volunteer services that are unrelated to required experiences for professional programs*** ***To receive points, a completed volunteer service certification form must be turned into the HRS Honors Director		1 point per 10 hours [^]
Volunteer at state or national professional meetings		3 points per meeting [^]
Participate in the HRS Leadership Academy		3 points [^]
[^]In circumstances when an extensive/extraordinary amount of time is dedicated to the successful completion of one of the opportunities designated by [^], up to 2 additional points may be awarded at the discretion of the Honors Program Director. A petition will be completed to request these points.		2 points (one time only)
Participation in honors activities (fireside chats, lunch & learn, dinner & dialogue)		1 point per event (3 points max)
Portfolio (completion submitted to Honors Program Director)		3 points
Serve as member in a university honorary society such as: <ul style="list-style-type: none"> • Alpha Lambda Delta (Freshman year class honorary) • Phi Eta Sigma (Freshman year class honorary) • Mirrors (Sophomore year class honorary) • Romophos (Sophomore year class honorary) 	<ul style="list-style-type: none"> • Chimes (Junior year class honorary) • Bucket & Dipper (Junior year class honorary) • Mortar Board (Senior year class honorary) • Sphinx (Senior year class honorary) 	3 points per year per society
Other as pre-approved by the Honors Director within the School		Points TBD upon approval