As you work to develop effective leadership habits, it helps to start from a place of strength from the talents you already have. The book "Strengths Based Leadership" will help you better understand the strengths you inherently have and then think about how to lead using your top five strengths. The book also includes a unique access code so that you can take a leadership version of the Gallup StrengthsFinder.

You will receive the book directly from Amazon sometime in July. The book will be mailed to you from Ohio State in March. Before you arrive in Des Moines for the BIO World Congress, please:

• Read the book
• Complete the online assessment (your code is in the gray packet at the back of your book)
• The assessment takes an hour. Make sure you are focused and uninterrupted, as you have a limited time to complete the test.
• You'll see 177 paired statements and be asked to choose which one best describes you
• The assessment measures your natural patterns of thinking, feeling and behaving, so when you're done you'll have discovered your top 5 talents – areas of strength where you feel most confident and get the most energy.
• Print a copy of your personal report (you will receive this after completing the online assessment)

We believe the information in the book and personal report will be useful to your leadership journey and will also help the members of your Working Group to work together in a more cohesive way.