How many syllables are reflected in Early Middle Japanese yo?
From one end of Japanese language history to the other

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According to the longstanding standard theory or teisetsu going back to Hashimoto Shinkichi, there were two distinct syllables yo₁ and yo₂ in Old Japanese, which merged by the Heian period into yo. This claim was challenged by Roland A. Lange in the 1970s, who presented cogent evidence against it from his study of Man’yōshū. It is interesting to note that the history of the word for 'sulfur', which I here trace back from the present day to the Early Heian period, corroborates Lange's argument in an unexpected way.