

Korean Table Manners

Mr. Parish World Studies

Lesson Summary

Experiential Lesson

The goal of this lesson is to provide the frame work so students will have a basic understanding of the proper table manners in Korea. Students will be able to eat a Korean meal with proper table manners. Students will be able to describe, list and demonstrate the proper Korean table manners.

Time 1 Class Periods

Pre-Assessment

Students will be asked to list all of the table manners that they know and practice.

Scoring Guidelines - none

Post-Assessment

1 Students will partake of a Korean meal demonstrating the proper table manners.

2 Students will be able to compare American table manners to Korean. With at least 3 similarities and 3 differences. They will do this by writing a brief essay.

Scoring Guidelines - Students will start with 10 points and for every mistake in table manners 1 point will be subtracted from their total. The brief essay will be worth 6 points 1 point for every similarity and difference.

Instructional Procedures

Brainstorming – students will list all of the table manners that they use and know.

Handout the list of Korean table manners. Make a Venn diagram of the similarities and differences of the two cultures table manners.

teacher will demonstrate the proper use of chop sticks, spoon holders for Korea.

Students practice using chopsticks, spoon and holder.

Every student then receives a 2 small bowls. One of rice the other of Ramon noodles.

Students will eat using correct Korean table manners.

Differentiated Instruction

Extension

Students will be able to show their peers and families how to correctly eat with Korean table manners.

Homework Options

Connections – Home, Interdisciplinary, Technology, Research

Materials / Resources

<http://www.lifeinkorea.com/Food/f-manners.cfm#TOP>

Chopsticks, spoons, bowls of rice and Ramon noodles (one per student)

Korean table manner handout

Graphic organizer comparison chart

Key Vocabulary

General Tips

Attachments

General Table Manners

- At first, taste soup or kimchi juice, and then try rice or other dishes. Use spoon for rice and liquid foods, such as stews or soups; use chopsticks for other foods.
- Do not make noises with spoon or chopsticks hitting the rice bowl or other food containers.
- Do not hold the rice bowl or soup bowl in your hand during the meal.
- Do not poke around the rice or side dishes with the spoon.
- Do not pick out what you don't like or shake off seasonings.
- Do not leave any trace of food on the spoon while eating.
- During the meal, uneatable parts such as bones or fish bones are quietly discarded by wrapping them in a paper so that others won't see them. Do not put them on the table or floor.
- When coughing or sneezing during a meal, face the other way from table and cover your mouth with your hand or napkin.
- Eat the rice and side dishes from one side.
- Do not use your hands to pick the foods.
- Chew food with your closed mouth and do not make noises while chewing.
- Do not leave the table while eating.
- Do not read a book or newspaper or watch TV while eating.
- Do not reach across the table for distant food- ask a nearby person to pass it to you.
- Use an individual plate for foods served for a crowd, and also for sauces such as soy & vinegar sauce or sweet & sour hot pepper soybean paste.
- Try to keep pace with others by eating not too fast or too slow. When having a meal with the elderly, wait for them to put the spoon and chopsticks on the table at the end of the meal.
- At the end of the meal, pour sungnyung (boiled water in the rice cooker or scorched-rice tea) into the rice bowl and drink.
- After a meal, put the spoon and chopsticks on the spot where they were placed first and put used napkins on the table after folding it little bit if they are big.
- When using a toothpick, cover your mouth with one hand and discard it the toothpick afterwards so others won't see it.

▶ Dining with elderly people

- The space farthest away from the entrance door is the best spot, so reserve it for the elderly.
- When having a meal with the elderly, wait for the elders to hold their spoon first and keep pace with them.
- Sit with your body in an upright, straight position.
- When the elderly person is getting up after finishing the meal, get up together.
- If you finished the meal before the elderly, place the spoon in the rice bowl or sungnyung bowl and when the elderly person has finished the meal, place it on the table.

▶ Table Rules



- Hot and watery foods are placed on the right side and cold and dry foods are placed on the left side.
- The rice bowl is on the left, and soup bowl is on the right, with other bowls placed in the middle.
- The spoon is on the right side and chop sticks are behind the spoon and placed a little towards the outside of the table.
- Place kimchi dishes in the back row, stew dishes on the right, sauces in the middle of the front row, meat dishes on the right side, and vegetables on the left side.

▶ how to use chopsticks and spoon

- Do not hold the spoon and chopsticks together in one hand.
- Do not suck the chopsticks and do not hold spoon and chopsticks at the same time.
- When using chopsticks, place the spoon on the table.
- The spoon and chopsticks should not rest on any bowl or dish during the meal.
- Use spoon for rice and watery foods and chopsticks for other side dishes.