HOW GREEN WAS MY NIGHT SOIL:
WASTE AND ENVIRONMENT IN NINETEENTH-CENTURY JAPAN

Health, Disease, and Environment in World History
Center for Historical Research Colloquium, The Ohio State University
October 19, 2012

David L. Howell
Harvard University

Abstract and Note to Reader

Excrement was a hot commodity in the cities of nineteenth-century Japan. The widespread use of night soil as an organic fertilizer meant that residents of big cities such as Edo (Tokyo) and Osaka could sell their waste rather than dispose of it themselves. Thanks to this trade, early modern Japanese cities enjoy a reputation as remarkably green spaces, in which residents lived in salubrious harmony with nature. Certainly, Japan’s poopless cities were more hygienic than their fetid counterparts in the west, though the environmental and public health benefits of the night soil trade were entirely fortuitous. In this paper I will survey the disposal of human waste and garbage and consider the effects of their commodification on the environment and public health. I will also consider how Japanese understandings about the relationship between waste and health may have changed in the wake of the opening to the west in the late 1850s.

The first part of this paper is taken from an article I wrote, “Fecal Matters: Prolegomenon to a History of Shit in Japan,” in Ian J. Miller, Julia Adney Thomas, and Brett L. Walker, eds., Japan at Nature’s Edge: The Environment of a Global Power (Honolulu: University of Hawai’i Press, forthcoming). I have added to it new material (mostly in the section entitled “Who Gives a Crap about the Environment?” and later) that focuses particularly on questions of environment and public health. I apologize for any offense caused by the pervasive use of crude language in this paper.

Poop is yucky. As a rule, yuckiness is socially constructed, but poop is different. Our dislike of the stuff is hardwired into us. Neuroscientists confirmed this in an experiment designed to locate regions of the brain involved in “the response to disgusting stimuli presented in the olfactory modality.” Poop’s yuckiness is an insistent plea for us to stay away; it protects us from the critters that live in it and could cause illness or even death if ingested. Yuckiness is good, at least with regard to poop. At the same time, poop is more than just yucky; it’s necessary, too, and not just in the usual sense of giving form to food the body cannot or will not digest. Babies are born with sterile guts. They must acquire intestinal microflora for their immune systems to develop properly. They pick up these vital bacteria from Mommy’s feces on the journey through the birth canal; or, barring that, from unwittingly helpful caregivers and well-wishers in the maternity ward.

---


Poop’s yuckiness presents a challenge to the aspiring historian of shit. In Tokugawa and Meiji Japan, people readily acknowledged the essential yuckiness of poop, but they also looked beyond it, and indeed embraced shit as an object of utility. In the pages that follow I will discuss a number of possible topics for a comprehensive history of shit in Japan. In every case, my emphasis will be on shit as something useful—a source of benefit for the individual and the nation. I will, moreover, meditate briefly on notions of the nature of excrement—the shittiness of shit—particularly from an agronomic perspective. Yet, at the end of the day, despite the rich variety of angles from which to look at it, it’s still shit we’re talking about. Yucky poop, disgusting as ever in the olfactory modality.

The Shittiness of Shit

In his discussion of night soil (and fertilizer more generally), Miyazaki Yasusada, the author of the agricultural manual Nōgyō zensho [The agricultural compendium], first published in 1697, cites what he calls an old proverb: 「上農夫ハ糞を惜む事、黄金をおしむがごとし」. Looking at the characters alone, the reader will want to read the proverb: Jōnōfu wa kuso o o shimu koto, kogane o o shimu ga gotoshi—something like, “The superior farmer values shit as he values gold.” Actually, however, Yasusada glosses the character 飞—normally read kuso or fun, “shit”—as koe, “fertilizer.” He does this, in fact, throughout his entire discussion of fertilizer. Now, the usual character for koe is 肥, the hi of hiryō 肥料, “fertilizer,” and himan 肥満, “obesity.” Yasusada uses this character as well, but to describe the beneficial results of the application of fertilizer. This suggests a slippage in meaning—“shit” 糞 is not waste, but rather is anything that nourishes and enriches the land and makes it literally “fat,” koechi 肥地, be it excrement, compost, green fertilizer, or the mud of streambeds.

Yasusada divides fertilizers into various categories depending on their source and use, but eventually settles on a broad differentiation between “miscellaneous shit” (zōgoe 雑糞) and “superior shit” (jōgoe 上糞)—in both cases, I’m using “shit” in his capacious sense. Night soil is “superior shit,” along with things like oil cake (the dregs of cottonseed and sesame seed that have been pressed for oil), dried sardines, and the remains of whale meat and bones boiled and pressed. He makes no mention of night soil per se as a commodity, though the other items in the “superior shit” category were commercial fertilizers. In any case, he is certainly cognizant of agriculture as a commercial enterprise. He cautions against using “superior shit” on crops that won’t return a high price or in fields without the labor to make the most of its potent power. Don’t invest more in fertilizer, in other words, than the crop is worth.

---

4 Ibid., pp. 91-105.
5 Ibid., p. 93.
6 Ibid., p. 98.
7 Ibid., pp. 101-2.
I should like to stress that even useful shit is still yucky; but its utility trumps its yuckiness. Hiraga Gennai makes this point in his treatise “On Farting” (Hōhiron, 1776). Here I quote William Sibley’s elegant translation:

All things that lie between heaven and earth array themselves naturally into categories of high and low, lofty and base. Among them, surely the lowest of the low, the basest of the base, are urine and excrement. In China they have various pejorative figures of speech in which things are compared to “ordure,” “coprolith,” etc., while in Japan we simply say of things we don’t care for that they’re “like shit.” Yet this loathsome filth, we should not forget, is turned into fertilizer and thereby nourishes the millions.8

Gennai’s essay on farting was intended to amuse his readers. Conversely, a lecturer named Furuichi Matsuo, speaking in 1915, was not joking when he said, “As you all know, excrement is bad smelling, foul looking, dirty stuff. Yet, for we farmers, it’s deeply important—treasure (takaramono), really.” In fact, Furuichi continued, it’s not proper to think of excrement as dirty, for shit is nothing less than rice transmuted: “if rice is important, so too is shit (kuso).” Unfortunately, some people just don’t get it—especially folks in Tokyo, who call farmers “poop handlers” (kuso nigiri) and “turd tinkers” (kuso ijiri). They might change their tune and stop looking down on farmers if they stopped collecting their night soil—in ten days Tokyo would be inundated in a sea of shit and piss.9

Without being quite so angry or aggressive, other writers made the same association between rice and shit as Furuichi did. The author of a short essay entitled, “Which Is More Precious, Shit or Rice?,” reads much into the characters used to write “shit,” 糞 and 屎 (either can be read kuso).10 The first combines the characters for “rice” 米 and “different” 米, the second “rice” and “corpse” 尸. In either case, he argues—invoking an appealing but incorrect folk etymology—that the characters demonstrate that shit is the transmutation of rice.11 Hence, “rice and shit are of the same essence, but manifest themselves in somewhat different forms. Man depends on rice to live; shit depends on man to be formed; and rice depends on shit to grow. Rice becomes shit and shit becomes rice in an endless cycle of birth and rebirth.” Indeed, it’s only because rice goes in the mouth and shit comes out the anus that we think of the one as pure and the other as filthy. After all, when we eat rice, it’s like we are indirectly eating shit…. We’re getting into pretty disgusting territory here, and by the point the author declares, “In this world, nothing is as important as shit,” one senses that he is not being entirely serious. Nevertheless, the basic circle-of-life storyline is one repeated frequently in Japanese discourses on shit.

9 Furuichi Matsuo, “Jinpunnyō no hanashi,” in Guntai nōji kōenshi, 2 vols. (Tokyo: DaiNihon Nōkai, 1915), vol. 2, pp. 244, 245, 246. The lecture was part of a series intended to encourage newly demobilized soldiers to return to the countryside and devote themselves to agriculture.
Shit as a Natural Resource

Another late seventeenth century farm manual, Hyakushō denki [The farmer’s memoir], devotes one of the work’s fifteen fascicles to a discourse on fujō 不浄, “the unclean.” 12 Although the anonymous author explicitly defines fujō as “excrement and urine” (daishōben 大小便), much of the fascicle is given over to a general discussion of fertilizer in its myriad forms, including varieties of green fertilizer from land and sea and animal products ranging from horse manure, bird droppings, and dried sardines to dried turtle meat, bivalves, and gastropods. Whatever the source—animal, vegetable, or human—because fertilizer requires careful curing and preparation before use, the author devotes much of his account to detailed instructions on the alchemy required to transform raw shit into useful fertilizer.

Despite the author’s ecumenical view of shit, he lavishes the most detail on human excrement and urine, with detailed tips on best practices for their collection and use. “Waste not a single drop of shit,” he exhorts the reader, for “shit nourishes the land” and ensures the cultivator his livelihood and prosperity. In elite households, he tells us, setchin 雪隠 is the word for a toilet in the northern part of the house. If it’s in the western section it is a saijo 西浄, and in the east, a tōen 東垣. But surely the most elegant place to do one’s business is in the southern part of the house, in the “fragrant-fragrant” kōko 香々. 13 Ordinary folk without the wherewithal to indulge in fancy toilet construction should place their privies where the excreta will be protected from rain, which disrupts the curing process. Chamber pots should be placed discreetly around the dwelling for the convenience of women and children who, out of incontinence or fear of the dark, may not be able to make it to the toilet; besides, it’s inconvenient and a waste of time to go all the way to the toilet to fulfill one’s needs. Indeed, waste not want not is the author’s constant theme—don’t waste time, don’t waste shit, don’t even waste dishwater for it too is a useful form of “shit.”

Not all shit is created equal. For one thing, different crops require different types of fertilizer. For example, seaweed harvested in the sixth and seventh months is excellent for barley and potatoes, provided the earth is not inordinately wet. Fish, turtles, and shellfish can be extremely efficacious in fertilizing rice paddies, but they must be prepared and used with great care, for they are so potent that rice plants will easily overdose. Indeed, when using any type of oily fertilizer on rice it’s best to inquire of experienced local farmers what works best. 14 Even as a by-product of human digestion, not all shit is created equal. “The shit of people whose diets are rich in flavorful foods, with lots of fish, is particularly potent, while that of those who eat simply does not nourish crops well. Therefore, villages that gather shit from prosperous areas (hanjō no chi 繁昌

---

14 Ibid., pp. 170-71.
の地: i.e., urban areas) and use it to fertilize their paddies and fields enjoy bountiful harvests of grain and vegetables.\(^{15}\)

The idea that some people’s feces were particularly potent was widely accepted in Japan. Night-soil collectors in Edo routinely paid a premium to empty the privies of the well-born and well-fed residents of daimyo mansions and high-end Yoshiwara brothels.\(^{16}\) In modern times night soil from military barracks was considered to be the best because soldiers ate a lot of meat. Excreta from the pleasure quarters was generally highly regarded as well, though connoisseurs engaged in contentious debates over questions like the relative quality of different red-light districts and whether cheap brothels, with their legions of young customers, might not be better sources of robust poop than fancy joints.\(^{17}\) Farmers in the eastern outskirts of modern Tokyo claimed to be able to discern a household’s economic status with a glance at its shit: the poop of the rich was greasy and plump, whereas the turds of the poor simply bobbed forlornly in the slurry.\(^{18}\)

Quality in, quality out. The logic is unimpeachable, and poop scientists in the early twentieth century endorsed this commonsensical view with studies that demonstrated that diets rich in protein rendered poop high in nitrogen.\(^{19}\) Still, surely the tea farmers of Uji in the 1830s needn’t have insisted on using night soil from only two streets in the tony Kamigyō district of Kyoto to fertilize their oldest and best tea plants.\(^{20}\)

The noted agronomist Satō Nobuhiro lists thirty-six different types fertilizer—animal, vegetable, and mineral—in his comprehensive treatise on crop fertilization, Baiyō hiroku [Secrets of fertility] (1840), but reserves pride of place for human excrement. Its oiliness warms and nourishes, and its volatility ensures that essential salts are quickly infused into the plant; crops treated with night soil

\(^{15}\) Ibid., p. 168.


\(^{19}\) Koshikawa Zenshichi, *Shinshiki jinpuunyō toriatsukai benpō: Ichimei nōji kairyō daigen* (Tokyo: Yūrindō, 1901), pp. 50-55. Koshikawa cautions, however, that in addition to diet, many other factors affect the quality of a person’s excrement, particularly age and general health. Tsubame, *Shimogoe*, p. 25, notes that although the feces of people with high-protein diets is indeed rich in nitrogen, people with low-protein diets produce feces with other types of nutrients.

grow strong and true.\textsuperscript{21} In another work, \textit{Jūjigō funbairei} [Annotated guide to manuring] (1824), Nobuhiro presents a series of sometimes rather elaborate fertilizer recipes, cooked up to suit diverse crops, climates, and soil conditions; despite the variety, the great majority feature night soil as a principal ingredient.\textsuperscript{22}

Nobuhiro’s contemporary, Ōkura Nagatsune, the “technologist” celebrated by Thomas C. Smith, starts his discussion of night soil with the comment that excrement is so well known among farmers as an efficacious fertilizer that there is no need for a detailed discussion. True to his word, he does little more than caution his readers against applying insufficiently cured, lumpy night soil to plant roots for fear of causing the plant and its neighbors to die of a nutrient overdose.\textsuperscript{23}

Rather than preach to the choir on the virtues of shit, Nagatsune dwells on urine, which is much appreciated as a fertilizer in the Kansai region but disdained by peasants in the environs of Edo, who think it poorly suited to the local soil. Nagatsune concedes that raw urine can kill plants, but insists that, with proper curing, it works extremely quickly and effectively, particularly on stems and leaves, making it ideal for leafy vegetables, eggplant, green onion, and watermelon (just the sort of crops, in fact, that truck gardeners in the outskirts of Edo produced). The urine of people who engage in hard physical labor is concentrated and particularly potent, so—in contrast to excrement—the poor are a better source of pee than the rich.\textsuperscript{24}

If Tokugawa agronomists were connoisseurs, ever ready to debate the \textit{goût de terroir} of regional shits, their counterparts writing during the golden age of stercorean science in Japan—roughly the 1890s through the 1910s—were simple utilitarians who pooh-poohed the notion that differences in fecal quality were significant enough for the average farmer to worry about.\textsuperscript{25} Their concern, instead, was that farmers were not sufficiently aware of the value of night soil; or that even if they were, their methods of processing the stuff did not maximize the potential return on Japan’s GNP—Gross National Poop—a figure estimated in 1914 to be something like 106 million \textit{koku}, or a bit more than 5 billion gallons, of raw shit, assuming an average annual output of about 2 \textit{koku} (95 gallons) for each of Japan’s 53 million men, women, and children.\textsuperscript{26}

Gen’an was Nobuhiro’s great-grandfather. In his agronomic works Nobuhiro always presented himself as merely passing down the techniques and knowledge of his ancestor. See Morita Hideki, “Edo no shinyō seki jijō,” \textit{Toshi to haikibutsu} 36:2 (2006): 51-54.
\textsuperscript{24} \textit{Nōka hibairon}, pp. 37-39.
\textsuperscript{25} Hara Hiroshi, \textit{Hiryōhen} (Tokyo: Hakubunkan, 1892), p. 71.
\textsuperscript{26} Tsubame, \textit{Shimogoe}, p. 24. The population figure excludes Korea.
Koshikawa Zenshichi, writing in 1901, runs his readers through a series of quick calculations of the value of their own output of poop. A rural household of five produces about 10 koku of excrement per year, to which is added 3 koku of water to make 13 koku (618 gallons) of fertilizer base. This is equivalent to 43.3 loads (ni 肥) of night soil, worth ¥3.90 at ¥0.09 per load retail. In addition, let us assume that each household member produces around 1 shō 1 gō (just over half a gallon) of urine each day, or about 4 koku per year. The 20 koku (950 gallons) of urine produced by the entire household is worth ¥3.333, assuming a retail price of ¥0.05 per load. Hence, one household produces about ¥7.233 worth of excrement and urine per annum. Since it would cost ¥25.037 to buy the chemical nutrients found in the family excreta, the household actually saves ¥17.844 per year—a significant sum in 1901—by using its own night soil. But wait, there’s more! If that same family employed Koshikawa’s new and improved system for curing night soil, they could extract even greater value—¥33.097 worth of nutrients—from their ¥7.233 of poop. That’s an annual savings of ¥25.864! And of course, the more you poop, the more you save.

If Koshikawa had been writing during the Tokugawa period, he might have been satisfied to begin and end his sales pitch with an appeal to the individual profit-maximizing instincts of Japan’s many rational peasants. But since he was writing in the Meiji era, it figures that his story is ultimately a national one: the nation as a whole actually produces enough shit to nourish its agricultural lands, but waste and inefficiency lead to the loss of two-thirds of the nitrogen and other nutrients housed in that shit. Instead of self-sufficiency, the nation has to expend valuable resources on chemical and other commercial fertilizers. Other writers confirmed Koshikawa’s basic point: in 1913, night soil accounted for only 22 percent of the fertilizer market by value, but the figure is low only because night soil was so cheap. Replacing the nutrients with other sources would cost the nation dearly.

Koshikawa wasn’t the only one thinking about the possibilities of shit. “The progress of culture [is] a question of sewage,” wrote the German chemist Justus von Liebig in the mid-nineteenth century, expressing a sentiment that his colleagues in Meiji Japan would have found eminently sensible. Liebig was concerned that the land would be irredeemably depleted unless nutrients were returned to it in the form of human and animal excreta. Indeed, he attributed “the singular continuity of Chinese culture across millennia” to the “exemplary perfection” of the Chinese in recycling their excreta. Other Western observers, including James Madison, concurred. By the end of the century Liebig’s ideas had inspired others to extol the fertilizing properties of poop. In 1896, a group of German technocrats published a massive study of “The Use of Urban Waste

27 Koshikawa, Shinshiki jinpunnyō toriatsukai benpō, pp. 36-39.
28 Ibid., pp. 36-38. See Tsubame, Shimōge, p. 6, for the value of night soil as a percentage of the entire fertilizer market; Furuichi, “Jinpunnyō no hanashi,” p. 245, for a lamentation on the high cost of replacing night soil’s nutrients with chemicals from other sources.
Material,” and planners in Berlin and a number of cities in the western United States implemented ambitious if ultimately short-lived schemes to commodify shit, projects that foundered once flush toilets and chemical fertilizers became widely available.\textsuperscript{31}

\textit{Shit as a Commodity}

By the latter part of the Tokugawa period, urban centers like Edo and Osaka were major sources of night soil for peasants in the surrounding countryside. The night-soil trade is the one aspect of the history of shit in early modern Japan that has been covered reasonably extensively. Scholars have focused particularly on the implications of night-soil use for urban hygiene and on the complexities of the market for night soil in the countryside. Among those writing in English, Louis Perez examines the night-soil trade panoramically, with a focus on the eighteenth century.\textsuperscript{32} Susan B. Hanley, who is concerned with the quality of life in early modern Japan, argues that the commodification of shit helped make Edo, Osaka, and other Japanese cities far more sanitary and livable than large urban centers in western Europe.\textsuperscript{33} In the hinterland of Edo, the development of the agricultural economy in the eighteenth century fostered the development of a lively market for night soil, and with it the emergence of a complex array of overlapping and sometimes conflicting rights. Anne Walthall, looking at the poop wars from the countryside, has examined the strains on regional solidarity among villages.\textsuperscript{34}

Aratake Ken’ichirō describes how the night-soil trade worked in one village near Osaka around the beginning of the nineteenth century. Well-to-do residents of Hashiramoto, a community on the western bank of the Yodo river, contracted with forty-five landlords in three urban wards to pay 25 monme in silver annually for rights to the contents of the landlords’ latrines. Twice a month, three groups of four villagers each went into the city to collect the merchandise. Aratake speculates that rather than do the dirty work themselves, the villagers likely hired proxies from the ranks of their less fortunate neighbors. In any case, the work was so onerous that the teams invariably spent at least one night—and sometimes as many as three—in Osaka each time they went on their poop-scooping rounds. After the raw night soil was delivered to the village by boat, the contracting villagers took what they needed themselves and sold the leftovers to their neighbors.\textsuperscript{35} Iwabuchi Reiji describes a similar arrangement in Edo on the eve of the Restoration. About half the residents of Tokumaru village participated in a night-soil syndicate, in which they exchanged cash, eggplants,

\begin{thebibliography}{99}
\bibitem{34}Walthall, “Village Networks,” pp. 293-302.
\end{thebibliography}
fresh and dried daikon radishes, and pickles for the excrement of 146 households in three Edo neighborhoods.\(^{36}\)

Tokumaru was in the western suburbs of Edo, where the lack of convenient water transportation routes retarded the development of a large-scale retail market for poop. East of Edo, however, night soil was a big business, and it remained so until the early decades of the twentieth century. The ready availability of night soil for fertilizer encouraged the development of truck gardening, with the result that the eastern suburbs supplied most of the city’s fresh vegetables, fruit, and flowers until industrialization and urban sprawl swept over the area in the period after World War I.

Although many villages east of Edo contracted directly with urban landlords for the contents of their toilets, a lot of night soil was moved by brokers, who hired workers to empty privies and carry the contents to wharves on the rivers in the east of Edo, where it was loaded onto boats and carried upstream as far as forty kilometers from the city. Brokers sometimes owned their own night-soil boats, but often they simply hired boats worked by owner-operators who lived aboard their vessels with their families. The night-soil boats and their operators were famous for their gaudy appearance and for the pride they took in running boats clean enough to haul vegetables back to the city after they had been emptied of their yucky cargoes upstream. They were also occasionally accused of dirty tricks like adding river water—and toilet paper—to the night-soil buckets as they went upstream, proffering increasingly watery shit to beleaguered farmers in the capital’s exurbs. Although all sorts of cargo moved in and out of Edo/Tokyo on the intricate network of rivers and canals that once characterized the city, night soil was surely the most voluminous of all: according to figures compiled by the government of Tokyo in 1872, almost a quarter (1,564 of 6,545) of the vessels in the prefecture were night-soil boats.\(^{37}\)

Competition for night soil led to all sorts of conflict. Landlords might sell their tenants’ shit to individual peasants, villages, or night-soil brokers; in some cases, the income from the toilets might exceed the rent collected on a tenement’s apartments. As demand for night soil grew in the late eighteenth century, consumers eager to get their hands on raw shit got into bidding wars that drove up the price of night soil significantly. Peasants priced out of the poop market occasionally banded together in an effort to persuade the shogunal authorities to intervene and either force down the price of night soil by fiat or drive brokers—whom peasants blamed for ratcheting up prices—out of the market altogether. Major conflicts occurred at least four times between 1789 and 1867; the first

\(^{36}\) Iwabuchi Reiji, “Kinsei toshi no toire to shyinō mondai no genkai,” *Rekishi to chiri* 484 (December 1995), pp. 52-53.

instance embroiled more than a thousand villages in Musashi and Shimōsa provinces.\textsuperscript{38}

Urine was another matter altogether. Farmers in the hinterland of Edo had little interest in using urine as a fertilizer, notwithstanding the efforts of Ōkura Nagatsune and other boosters to persuade them otherwise. A few enterprising entrepreneurs did set out urinals in the city, but almost all of early modern Edo’s pee ended up at the site of relief, be it the side of the road or the side of a building. In western Japan, however, urine was highly valued as a fertilizer. In urban tenements, residents ceded rights to their feces to the landlord or building manager, but their urine was theirs to sell to the highest bidder. In Osaka that was likely to be a urine jobber (shōben nakagainin 小便仲買人) or a member of the urine guild (shōben nakama 小便仲間), a group that claimed members in around 400 villages by the time of the Meiji Restoration. (Incidentally, some villages in the hinterland of Osaka bought night soil but not urine; others urine but not night soil; and still others bought excreta of all sorts.)\textsuperscript{39}

Passersby in Osaka could empty their bladders at one of the many public urinals (tagō 担桶) placed around the city. The men and women who found relief there (women stood to pee everywhere except in polite Edo society, we’re told) probably did so without much regard for the conflicts over rights to the contents of public urinals that raged almost incessantly in the city from the early eighteenth century until shortly after the Meiji Restoration.\textsuperscript{40}

The problems started in 1740, when the city authorities gave the elders of Watanabe village (the most important outcaste community in western Japan) the right to set out public urinals. The gesture was a mark of gratitude to the outcasts for their efforts in fighting a major fire; moreover, the income stream from the urinals would help compensate the Watanabe village elders for ensuring that their community fulfilled its particular feudal duties. Unfortunately, in the zero-sum world of Osaka urine, the granting of rights to the outcasts meant that townsmen who had apparently previously enjoyed rights to manage public urinals were hurt. The aggrieved commoners tried everything to break the outcasts’ monopoly: they put out their own illegal urinals; they damaged and destroyed the outcasts’ pissoirs; they even sabotaged the basins’ precious cargo by pouring sand into the containers. If such problems were not enough, the outcaste urinary managers had to deal with incidents like the case of Chūbei, a peasant caught pilfering pee from an outcaste-owned urinal.


\textsuperscript{40} On women routinely standing to urinate, see Iwabuchi, “Kinsei toshi no toire to shinyō mondai,” p. 50, and “Shōbenkō,” Kokkei shinbun no. 159, reprinted in Tsubame, Shimogoe, pp. 204-6.
in 1743. The authorities invariably supported the outcastes when disputes came to court, yet they seemed unable to put a decisive end to the conflict.  

As Kobayashi Shigeru argues, it was only because urine was such a valuable commodity that people cared enough to sabotage urinals or steal pee outright. And indeed it was valuable: as early as 1776, the outcastes estimated their urinal income to be enough to buy 300 koku of rice—roughly enough to feed 300 people for a year. In the decades that followed, the demand for urine increased, and so did complaints about unscrupulous dealers who adulterated the urine they sold and householders who turned their noses up at the daikon radishes they had once happily received in exchange for their pee and instead demanded cotton yarn, high-grade rice, and other luxuries.

The institutions governing urban shit began slowly to change after the Meiji Restoration of 1868. In 1874, the Osaka prefectural government disbanded the night-soil league (shimogoe kumiai 下屎組合) that had represented 309 local villages and regulated the collection of night soil directly, instituting a series of anal rules concerning the storage and transport of raw shit: keep it covered, don’t leave it out on the streets when collecting, move it only at night, don’t move it at all when there’s a lot of traffic on the roads and rivers, and so on.

Aratake notes that throughout the regulations there is a consistent and wholly novel concern with smell: poop has always been stinky, but its stinkiness was the object of official concern only in the 1870s. He argues that this was probably due to the fear of cholera, which reached Japan in 1858, and whose spread was linked by officials and the public to malodorous smells. A major cholera epidemic in 1877 upset the balance between the production of night soil in the city and its consumption in the countryside. During times of anxiety about cholera peasants refused to come into the city to empty privies.

The real turning point in the history of shit came after World War I. As Tokyo grew and its populace simply produced far more shit than the local agricultural economy could absorb, a teeming latrine became a liability and urbanites were forced to pay others to relieve them of their shit. In Hongō ward in the eastern section of Tokyo, the tipping point came in 1918, when in response to residents’ complaints of a “deluge of excrement,” the authorities were finally forced to hire night-soil men to haul away excess shit in some neighborhoods; emboldened carriers reneged on their contracts and refused to empty toilets under they received a fee. The toilets emptied for a fee still provided night soil to local farmers: in 1935, the ward supplied over 61,000 loads of night soil to

---


42 Kobayashi, Nihon shinyō mondai genryūkō, pp. 73-78.


44 Aratake, “Meiji zenki Ōsaka ni okeru shinyō mondai.”
agricultural associations in Chiba, Saitama, and Tokyo prefectures. In Yokohama the crisis occurred a bit later, in 1921, but the storyline is very similar—peasants, realizing that the supply of shit in the booming metropolis far outpaced demand, abruptly stopped paying for night soil and demanded a fee instead. The city, faced with the problem of disposing of 5,150 loads of night soil every day, had no choice but to capitulate to the farmers’ demands.

Shinoda Kōzō, in his nostalgic look back at Meiji Tokyo, contrasts his childhood memories of the family poop man, an uncultured but kind-hearted rustic from a village near the Tama River, with the privy cleaners of the present day—that is, the early 1930s—men who just don’t give a shit: it’s all waste to them, so they’re surly, they don’t mind spilling, and if anyone complains they’ll carry the grudge (with stinky consequences, no doubt). Back in the day, when a farmer would come with his oxcart to receive oh so gratefully the precious contents of the loo, you could shit to your heart’s content (kuso shihōdai 畑畑ほうだい), but now….

Who Gives a Crap about the Environment?

Poop is yucky, especially when it’s underfoot or in the water supply. Yuckiness abounded in the cities of early modern Europe; in Japanese cities, not so much. Much credit goes to the night-soil man for making a city like Edo a relatively healthful place to live, but as Susan Hanley notes, good water helped as well. Abundant rain and freshets of melted mountain snow flushed pollutants from the rivers that supplied the city with its water; cleverly designed aqueducts helped keep the clean river water clean for many of the city’s residents.

Edo was a green city, London brown. Wonderful. But were the city fathers thinking green when they laid out Edo’s infrastructure? Reading Ishikawa Eisuke’s bizarrely chauvinistic celebrations of premodern Japan, one would think so: indeed, in his presentation the French might have avoided the Black Death and the Revolution had they only thought to value shit as the Japanese did. Iwabuchi Reiji sounds a note of caution. Cities like Edo may

---

45 Hongō Kuyakusho, ed., Hongō ku shi (Tokyo: Hongō Kuyakusho, 1937), pp. 899-901. Many thanks to Jordan Sand for guiding me to this source.
50 Ishikawa Eisuke, Ōedo risaikuru jiichō (Tokyo: Kodansha, 1997), p. 158. Ishikawa is the author of a series of books on Edo, all of which contrast exemplary aspects of traditional Japanese material culture or technology with violent, polluting, or other dehumanizing features of modern life and criticize the Japanese themselves for being too quick to emulate the West.
have been relatively sanitary, he tells us, but one shouldn’t equate green results with green intentions. And in any case, clean compared to eighteenth-century London isn’t necessarily very clean at all. The Japanese marketed shit not because they wanted to preserve the environment per se, but because it made practical sense to do so. When given the opportunity to be bad custodians of their surroundings, they often took it.

An incident from 1784 illustrates this point. Villagers from the hinterland of Edo, apparently heeding Ōkura Nagatsune’s advice to embrace the fertilizing powers of urine, petitioned to place urinals in the streets of Edo. Commoner officials, pondering the question at the behest of the city magistrates, opposed the scheme. They complained that urine buckets in narrow city streets would hinder commerce and obstruct traffic during the day and pose the risk of injury to passersby stumbling across them at night. They fretted over the possibility of insulting the sensibilities of the city’s most exalted residents—it would hardly do for the shogun to glimpse a pissoir while passing through the commoner wards on procession (onari 御成); and since many shops in the city were official provisioners to daimyo mansions, stinky pee smells mustn’t mar their wares. Hiding urinals in back alleys was hardly better: alleys were that much more narrow than main streets, and the people back there already had toilets in their tenements. And in any case, what’s the big deal about peeing into drainage ditches or directly onto the ground?

In a conciliatory gesture, however, the officials said that they wouldn’t mind if the urinals were set out in poorer neighborhoods—Fukagawa and Honjo might be good choices—so long as the petitioners avoided areas where there already were more than 160 public urinals put out by enterprising night-soil men. Incidentally, 160 public urinals may sound like a lot—or not: Edo had more than a million people, after all—but even with all those urinals around, more than half of Edo’s urban wards (chō) remained without public facilities until the end of the Tokugawa period, despite a series of petitions similar to the one in 1784.52

As Nesaki Mitsuo argues, the episode strikes the modern reader as odd. Potties are a convenience, yet the officials seem to have considered them a nuisance best relegated to marginal districts: Edoites could drain their bladders at home, use an acquaintance’s facilities—or take a leak into a ditch in an emergency. To be sure, they had some sense that urine would make good fertilizer, but it does not seem to have occurred to them that the urinals would contribute to making Edo a cleaner, more livable city—notwithstanding that all parties openly acknowledged the foul smell of urine and all excreta.53

Garbage tells a similar story. Much of Edo was built on landfill, and much of that landfill was garbage. Edo had a surprisingly sophisticated system for disposing of the waste produced by prosperous commoners: contractors hauled

---


it away to sell the organic bits to rural farmers for use as yet another form of fertilizer and the inorganic stuff for use in landfill.\textsuperscript{54} When the system worked properly, it was a thing of waste management beauty. In the late seventeenth and early eighteenth centuries, Eitai Inlet off the eastern section of Edo was the shogunate's go-to dumping ground for a project to turn almost 13 million cubic feet of landfill into useful land along the shore of Edo Bay. The system did not always work properly—sightings of boatmen dumping waste in rivers and moats and reports of landfill-ready waste showing up in scows headed to rural fertilizer markets provoked official outrage—but coastal wetlands were indeed transformed into arable. Farmers on the new land turned out to be eager consumers of yet more garbage to shore up their farms against the slow subsidence of the reclaimed land back into the sea. Residents of older villages nearby also became garbage buyers after the wetland reeds and shellfish that had once nourished their crops were lost to the landfill project. At least they were satisfied customers: garbage turned out to be a tonic for their sandy, infertile soil, and soon their trashy land turned out watermelons and eggplants for the Edo market.\textsuperscript{55}

This sounds like garbage utopia, worthy of the name Isle of Dreams (Yumenoshima), as modern Tokyo's best known littoral garbage dump is known.\textsuperscript{56} Yet the orderly vision of contractors collecting waste and streaming it to field and sea as utility demanded—whether in the explicit service of a green sensibility or not—does not account for the many exceptions to this rule. Until landlords realized that garbage was as valuable as shit—somehow they seem not to have caught on until the early 1870s—commoners in poor neighborhoods were left to dispose of their own waste. Although some found contractors to haul theirs away—and pocketed the proceeds—many others simply flung their slop over the nearest wall, putting the problem out of sight and mind. The image of a domino effect of garbage flying from one tenement to the next and the next and the next does not gibe with the eco-chauvinism of the harmony-with-nature crowd of Japanese cultural essentialists.\textsuperscript{57}

But at least commoners seem to have made rational choices about their waste. Residents of daimyo mansions were just lazy. Garbage pits dug at daimyo mansions have yielded animal bones and food remnants as well as astonishing numbers of ceramic sake flasks, soy sauce containers, and other vessels,

\begin{itemize}
\item Itō Kōichi, \textit{Edo no yumenoshima} (Tokyo: Yoshikawa Kōbunkan, 1982).
\item Garbage wasn’t the stuff of dreams in the coining of Yumenoshima’s name: the man-made island was first slated to become an airport, then an amusement park; it’s now a sports and recreation facility. Long known officially as Site Number 14 (jūyon-gō chū), journalists called it Yumenoshima. The name took and is now official. Moreover, new landfill islands are routinely if unofficially called Yumenoshima: the fifth-generation Isle of Dreams is now under construction: \url{http://www.kankyo.metro.tokyo.jp/resource/faq/chubou/faq_list/answer_01_01.html} (accessed October 5, 2012); \url{http://ja.wikipedia.org/wiki/夢の島} (accessed October 5, 2012).
\item Ibid.; Itō, \textit{Edo no yumenoshima}.
\end{itemize}
discarded in mint condition by samurai slobs who couldn’t be bothered to take them back to the store for refilling as they were supposed to.\textsuperscript{58}

Garbage isn’t shit. Miyazaki Yasusada’s exhortation to farmers to value shit as they value gold worked because of the easy slippage of meaning between 異 as kuso and 異 as koe—poop as poop and poop as fertilizer. Garbage was garbage—gomi ごみ or, more commonly, chiriakuta (also read jinkai) 厨芥, something like dust and rubbish, organic or not as luck would have it.\textsuperscript{59} And while the ecologically minded in Japan today turn their organic kale scraps and fair-trade coffee grounds into komposuto コンポスト—“compost,” from the English—the closest Japanese word, taihi 堆肥, appears nowhere in the municipal archives of Edo garbage.\textsuperscript{60} Indeed, without a clear distinction between organic and inorganic chiriakuta, it’s hard for the historian to assay with confidence the contents of garbage scows. Most likely they included a mix of items: a study done in 1917 revealed that garbage sorters in Chiba, just to the east of Tokyo, recovered about 15 percent of the volume of garbage they went through, picking out bits of glass, crockery, wood, coal, coke, charcoal, and even fruit stones to trouser for their own profit.\textsuperscript{61} (How they turned peach pits into yen isn’t clear.)

This excursion into the economy of dust and rubbish suggests, tentatively to be sure, that garbage—or let’s say urban garbage—did not succeed in establishing itself unequivocally as a thing of utility: it couldn’t become “shit” in the most capacious sense. No doubt farmers treasured the garbage they bought, but the market was fickle. Sometimes, garbage prices rose and fell for the same reasons those of night soil did: they went up when supplies fell immediately after the Meiji Restoration in 1868; down during the Matsukata Deflation of the 1880s, when starving farmers couldn’t afford fertilizer; and down drastically when the market collapsed when outbreaks of cholera in 1877, 1879, 1886, and 1912 and a plague scare in 1905 frightened farmers away. In 1919, the Chiba fertilizer market swung in response to the postwar economic boom: an 81 percent rise in night soil prices led to a 40 percent decline in sales; bad as that was, garbage was worse: prices rose by 392 percent and sales fell by 65 percent.\textsuperscript{62} That was, indeed, the end of the glory days of the garbage market: like poop, it became not a commodity to be sold but waste to be hauled away for a price. Unlike night soil, however, which remained commodified even after urban dwellers were forced to pay to have their privies emptied, the market for garbage practically disappeared after World War I. With the spread of other, more potent


\textsuperscript{59} Chiri 厨 and akuta 厨 could also be used as distinct terms: chiri as dust or other small or ground-up waste and akuta as more substantial items of trash or garbage.

\textsuperscript{60} This assertion is based on a search of references to garbage in the relevant volumes of the massive compendium of Tokyo history, Tōkyō-to, ed., \textit{Tōkyō shishikō} (Tokyo: Tōkyō-to, 1911-), regarding the city itself (shigaihen, 87 vols.) and commerce (sangyōhen, 53 vols. to date).

\textsuperscript{61} Inamura, “Edo-Tōkyō gomi no hiryō riyō to sono hensen,” p. 337.

\textsuperscript{62} Ibid.
commercial fertilizers, garbage simply wasn’t a cost-effective source of nitrogen.\(^{63}\)

Shit and garbage were first explicitly implicated in public health only in the 1880s, which is about the time that public health as a discipline began to emerge in Japan. Anxiety about dirty, stinky streets grew not simply out of concerns about the spread of disease, however, but also out of a need to assert Japan’s attainment of “civilization” (bunmei) as it was understood by Westerners. Thus, when a sanitation expert, Nagai Kyūichirō, published in 1887 a proposal for public management of street cleaning and garbage disposal, he drew on both concerns to explain his ideas. Garbage needs to be removed from the city before it begins to rot, he argued, because germs (kin) will develop and not only cause the garbage to smell bad, but will seep into the ground and contaminate the drinking water supply. “The progress of civilization does not permit an incomplete system for garbage collection,” he warned. Thus, the business of cleaning the streets should not be left to local residents, but rather to trained professionals—upstanding married men like those used in Boston, rather than the tough ex-cons often employed by garbage contractors in Tokyo.\(^{64}\)

Nagai’s proposal was a call for revision to a new law governing toilets, garbage, and sewers in Tokyo. The law, which went into effect in June 1887, was implemented in response the cholera epidemic of 1886.\(^{65}\) The most controversial provision of that law, it turned out, was its requirement that shit be hauled only at night. Residents of hinterland communities protested that the sundown to sunrise rule imposed an unreasonable hardship on them. In response the Tokyo Prefectural Sanitation Board held a series of meetings that led eventually to a relaxation of the rule: hauling poop through city streets during the daylight hours was permitted, provided the hauler used a container with an airtight lid that would prevent all smells from exuding. The committee members who debated the change spoke of the cost and practicality of odorless honey pots, and they worried out loud about the sensibilities of foreigners—the unequal treaties would be revised any time now and Westerners would be free to live anywhere and smell anything—and so, here too, they worried about the damage stinky night soil might do to Western views of Japan’s attainment of civilization.\(^{66}\)

Nowhere in the petitions or responses—or for that matter in the wording of the original law—is an explicit statement of concern that garbage and night soil posed a public-health threat. There was some concern, clearly: the new law was posed as a response to the cholera epidemic of 1886; and the measure it replaced, implemented in 1879, was itself created at another time of cholera. But if officials saw shit or its smell as a vector of disease, they don’t say so, raising the

---

\(^{63}\) Ibid.


\(^{65}\) “Shisei akutatame gesui kisoku torishimari sōtei” (Apr. 14, 1887), reprinted in Tōkyō shishikō shigaiken, vol. 72, pp. 52-58.

possibility that the law’s major concern was to create an orderly waste disposal system to cope with times when farmers were afraid to go into the city and the metropolis was inundated excrement and garbage. In short, the sources don’t permit a clear comparison of understandings of disease etiology in Tokyo and Paris, where the city fathers were dealing with stinky public health crises at about the same time.\(^{67}\)

China comparison: it sounds like Jiangsu was similar to Japan in many ways—poop commodified early (by the Ming at the latest), with a similar sense of urban poop being the best because of people’s diets. Garbage also used in some places. But the overall sense of cleanliness is mostly missing, as it sounds like in a lot of regions (especially the north) night soil wasn’t used at all or not to a significant degree, and people didn’t even have toilets. So visitors from the West and from Japan in the late nineteenth all complain about the smell and disgusting nature of things.

All this talk about the environmental consequences of people’s toilet habits would surely have mystified people in early modern Japan. They didn’t share our concept of or concern with the environment, so it figures that they didn’t care whether their shit was green or brown so long as it remained an object of utility. Stinky and yucky but useful all the same. That, much more than conservation or sanitation, is the story of shit in Japan.

\(^{67}\) David S. Barnes, *The Great Stink of Paris and the Nineteenth-Century Struggle against Disease and Germs* (Baltimore: Johns Hopkins University Press, 2006).