Taking on the Challenge of Food Deserts

Food for a Long Life promotes healthy food knowledge, access, and consumption among preschoolers and their families in food deserts in Columbus, OH and Lynchburg, VA.

We use a community-based participatory action research approach with intergenerational strategies to achieve project goals and sustain programming.

Year 1 Highlights

Listening Sessions
13 sessions with 92 affiliated staff, administrators & community partners

Community/Discovery Councils lead to the formation of Family Nights in Virginia & an Emergency Food Pantry in Ohio.

Year 1 Data (2016-2017)

Nearly

60%

of FFLL families have struggled to feed their children

Enrolled Participants

74 Years Old

4 Years Old

Food for a Long Life: A community-based intergenerational project is a USDA CYFAR Sustainable Community Project (#2016-41520-25615).

For more information:
Website: https://u.osu.edu/foodforlife/home/
Twitter: @FFLLOHVA
Facebook: https://www.facebook.com/foodforalONGLife/
Instagram: https://www.instagram.com/foodforalONGLife/
Year 2 Updates (2017-18):

2 additional FFLL sites initiated intergenerational programming

6 FFLL Family Events

24 FFLL IG Nutrition Education Sessions

141 Marketbags
Shared With Elders, Preschoolers, Staff Members and Families June-August 2018

54 FFLL Preschool Nutrition Education Sessions

FFLL Year 3 Plans:
- Extending Partnerships
- Packing Healthy Lunches
- Holiday Backpack Food