

Taking on the Challenge of Food Deserts

Food for a Long Life promotes healthy food knowledge, access, and consumption among preschoolers and their families in food deserts in Columbus, OH and Lynchburg, VA.



We use a community-based participatory action research approach with intergenerational strategies to achieve project goals and sustain programming.



Year 1 Highlights

Listening Sessions

13 sessions with 92 affiliated staff, administrators & community partners



Community/Discovery Councils lead to the formation of Family Nights in Virginia & an Emergency Food Pantry in Ohio.

Year 1 Data (2016-2017)

Nearly
60%
of
FLL families have
struggled
to feed their children

Enrolled Participants

74 Years Old

4 Years Old



2 additional FFL sites initiated intergenerational programming

6 FFL Family Events



24 FFL IG Nutrition Education Sessions



141 Marketbags

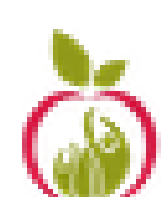
Shared With
Elders, Preschoolers,
Staff Members and Families
June-August 2018



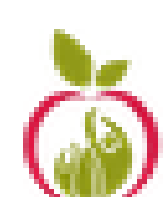
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FFL Preschool Nutrition Education Sessions

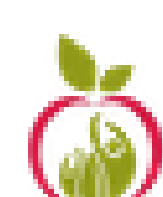
FFL Year 3 Plans:



Extending Partnerships



Packing Healthy Lunches



Holiday Backpack Food