Experience The Outdoors is:

• an educational program in which to learn various outdoor skills.
• designed primarily for women and an opportunity for anyone 14 years of age or older.
• held in a nurturing environment to foster success and develop camaraderie.
• $35 for session materials, t-shirt, refreshments and lunch.
• an exciting, informative, fun-filled day! . . . . . . Rain or shine!

At Hervida 4-H Camp, Waterford, Ohio

Located between Waterford and Watertown, Ohio. West off of State Route 339 at 1260 Camp Hervida Road. Directions and map to camp will be sent with registration confirmation.

For questions concerning this program, contact Suzi White at 740-236-6000 sjwhite6@yahoo.com.

Registration preferred by May 11, 2019.
Registration Form - Experience The Outdoors

Registration preferred by **May 11, 2019** to help ensure your session choices.

**Name** _____________________________________________________
**Address** ___________________________________________________
**City** __________________________**State** _______**Zip** __________

**E-mail** _____________________________________________________

In case of an emergency notify: 

**Phone (___)_________________________**

**Sessions: You will attend 4 sessions. Please rank in order of preference your 1st choice through your 6th choices.**

- All Tied up in Knots
- Belly Dancing
- Clean Green
- Creek Stomping
- Fairy Garden
- Know before you go
- Living History
- Mosaic Art
- Night in the Woods
- Pistol Basics ($5 fee)
- Rifle Basics ($5 fee)
- Sly as a Fox
- Shotgun ($5 fee)
- String Art
- Mosaic Art

Please circle your short-sleeve, ladies’ relaxed fit, t-shirt size: S M L XL 2X 3X

T-Shirts will be given out in the order that I receive your registration.

Make checks payable to Experience The Outdoors. Complete, detach and send $35 registration (plus $5 for each firearms) to: Suzi White  P.O. Box 855  Beverly, OH 45715

**COUNTRY STORE TIME!**

We are having a Country Store to help defer program expenses. We would welcome your contribution of an item valued in the $5-$20 range. Items need to be turned in at registration. Thank you!

*Remember to bring buck$ for tickets - (Must be present to win.)*

**2019 SESSION DESCRIPTIONS**

**All Tied up in Knots:** Knot your way into basic Macramé, this intro level class will teach basic knots, hitches & a few advanced techniques. Take your new skills home to continue making wall hangings, flower pots hangers, jewelry & more!

**Belly Dancing:** Discover the wonderful benefits of belly dancing. Come learn basic moves in a fun friendly environment and see if this form of exercise is for you. Belly dancing reduces stress, aids in digestion health, improves posture and tones muscles.

**Clean Green:** Au Naturale...We’ll get back to nature and take care of our homes with some remedies for everyday issues. Hands-on demos with take home projects.

**Creek Stomping:** Come down to Wolf Creek and enjoy getting your feet wet as we unravel the mysteries of stream life and learn basic collection methods. No stone will be left unturned. Bring water shoes or boots.

**Fairy Garden:** Build a miniature wonderland! Use small plants then add paths, animals & houses to create a new little world to be put in your landscape.

**Know before you go:** Intro to Hunting and Trapping. Learn the basics...What to buy, What to Wear, What to Bring...

**Living History:** Before there were Bows & Arrows, there were primitive weapons called Atlatl & Blow Guns. You will get to shoot these spear throwers & dart guns, also learn & experience Living History.

**Mosaic Art:** Show your creative side. Use mosaic tiles to create colorful designs that you can take home.

**Night in the Woods:** A planned event or an “OMG” moment? Using what you have and having what you need! Another special session from Survival John.

**Pistol Basics:** You’ll learn the basics of safety and marksmanship for shooting handguns. Spend time shooting a revolver and semi-automatic pistol at targets. Test your skill in shooting .22 caliber handguns. $5 additional cost.

**Rifle Basics:** You’ll learn the basics of safety and marksmanship for shooting rifles. Spend time shooting a bolt action rifle at bull’s-eye and silhouette targets. Test your skill in shooting .22 caliber guns. $5 additional cost.

**Shotgun & Sporting Clays:** Learn to shoot a 20 gauge shotgun starting with the basics including types of shotguns, ammunition and safe handling. Shoot at clays that are thrown from an automatic thrower and a few sporting clay stations. Experienced shooters are welcome to bring your own. $5 additional cost

**Sly as a Fox:** Become Sly as a Fox, learning about their secretive nature. Also information about other creatures around the Ohio Valley.

**String Art:** Create 3 dimensional animals on wood to show off your love for critters.

*Items To Bring on May 18!*

- Water bottle/bottled water
- Sunscreen
- Sturdy shoes
- Item and $$$ for Country Store
- Appropriate clothing for weather-rain or shine
- Items mentioned in preferred session descriptions
- Enthusiasm for a fun day!

Please be aware that outdoor activities often carry a risk of injuries which may not be obvious. Be aware of these risks and your ability. Ask for help when needed in order to eliminate the chances of injury.