Using Family Life Education Infographics to Develop Family Programming

Patrice Powers-Barker and Katie LaPlant February 2017
Today’s Program:
• Short overview of the Family Life Education (FLE) Framework
• Why the FLE Framework is important and useful in 2017 – for all FLE and partners
• Introduce 2 Infographics
• Go through the steps of the FLE Planning Wheel

Thanks to OHCFR for sponsoring!
February is FLE Month

#FamilyLifeEd

ncfr

catalyzing research, theory and practice

CFLE

Certified Family Life Educator

ohcfr
The National Council on Family Relations is the premier professional association for the multidisciplinary understanding of families.
NCFR 78th Annual Conference
Education and Enrichment – Roundtable and Resource Exchange

November 2016

Title: “Making The Family Life
Education Framework Approachable:
The Planning Wheel”

Katie LaPlant, Jackie Kirby-Wilkins, Patrice Powers-Barker, not pictured: Carmen Irving
Where are you located today?
Katie LaPlant
Why I celebrate Family Life Education Month:
• FLE in all programming
• Many “do” FLE without knowing
• Celebrate all families

Working with families on a summer garden program #FamilyLifeEd
Patrice Powers-Barker
Why I celebrate Family Life Education Month ….

- My Community
- FLE Touches All My Work
- I Am Thankful

Afterschool Cooking Club
November 2016
Pumpkin Pie French Toast
Strengthening Families

2017 NCFR Annual Conference

Nov. 15-18, 2017 | Orlando, Florida

www.ncfr.org/
The Family Life Education Framework

10 Content Areas
4 Broad Age Groups
The Planning Wheel
Best Practices
Resources from NCFR include archived webinars like this one.
NCFR resources at the store, like the FLE poster and powerpoint
Managing Work & Family

“Hey Mom! Is this your professional poster or my educational play mat?”
2015-2016: From One Poster to Two Infographics

FLE Framework poster on the cubicle wall
The infographics were intentionally designed to *complement*, not replace NCFR's current FLE Framework materials.
Why Infographics?

Make the FLE Framework *approachable*

Share the *value and content* of the conceptual model in a way that FLE professionals, students and partners can easily:

- Access
- View
- Implement FLE Methodology in Daily Work
Looking at the Infographics in More Detail
<table>
<thead>
<tr>
<th>1. Families and Individuals in Societal Contexts</th>
</tr>
</thead>
<tbody>
<tr>
<td>How do families interact with society?</td>
</tr>
<tr>
<td>Networks ● Education ● Community ● Work ● Interacting Systems</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>2. Internal Dynamics of Families</th>
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<tbody>
<tr>
<td>How do individuals function within the family?</td>
</tr>
<tr>
<td>Transitions ● Roles ● Strengths &amp; Vulnerabilities ● Choices ● Beliefs</td>
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<tr>
<th>3. Human Growth and Development across the Life Span</th>
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<tbody>
<tr>
<td>How do people grow and develop across the lifespan?</td>
</tr>
<tr>
<td>Social ● Emotional ● Physical ● Cognitive ● Well-being</td>
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<tr>
<th>4. Human Sexuality</th>
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<tbody>
<tr>
<td>How does sexuality develop across the lifespan?</td>
</tr>
<tr>
<td>Intimacy ● Reproductive Health ● Family Planning</td>
</tr>
<tr>
<td>● Feelings ● Gender Roles</td>
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<tr>
<th>5. Interpersonal Relationships</th>
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<tbody>
<tr>
<td>How are relationships developed and maintained?</td>
</tr>
<tr>
<td>Communication ● Problem Solving ● Relating to Others</td>
</tr>
<tr>
<td>● Respect ● Self-Awareness</td>
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<tr>
<td>6. Family Resource Management</td>
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<tr>
<th>7. Parent Education and Guidance</th>
<th>How do parents guide their children?</th>
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<tbody>
<tr>
<td></td>
<td>Strategies • Parenting Styles • Teach &amp; Protect</td>
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<tr>
<td></td>
<td>• Relationships • Rights &amp; Responsibilities</td>
</tr>
</tbody>
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<tr>
<th>8. Family Law and Public Policy</th>
<th>How do laws and policies impact families?</th>
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<tbody>
<tr>
<td></td>
<td>Justice • Advocacy • Contemporary Issues • Protection • Rights</td>
</tr>
</tbody>
</table>

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<tr>
<th>9. Professional Ethics and Practice</th>
<th>How are families supported through professional ethics and practice?</th>
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<tbody>
<tr>
<td></td>
<td>Respect • Responsibility • Diversity • Objectivity • Prevention Education</td>
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<tr>
<th>10. Family Life Education Methodology</th>
<th>How does FLE enrich and empower families?</th>
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</thead>
<tbody>
<tr>
<td></td>
<td>Participant Needs • Evaluation • Learning Styles</td>
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<tr>
<td></td>
<td>• Teaching Principles • Educator</td>
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Sources:


10 Content Areas

4 Broad Age Groups

Best Practices

The Planning Wheel
Family Life Education (FLE) Methodology | The Planning Wheel

1. Beliefs
   Identify your—
   and your organization’s—
   basic values

2. Purpose
   Identify what you 
   hope to accomplish 
   (with the results of a needs 
   assessment)

3. Outcomes
   Using specific behavioral 
terms, identify specific 
behavioral outcomes
   
   Be clear about your goals: 
   process or outcome 
goals

4. Design
   Decide what learning 
experiences to offer
   
   Check: are the processes consistent 
   with the goals in Step 3 and the 
   values in Step 1?

   - Design programs to 
     meet the needs of the 
     audience
   - Engage participants 
     and stakeholders to 
     enhance educational 
     effectiveness
   - Evaluate FLE materials, 
     participant programs, 
     and program 
     effectiveness
   - Responded sensitively 
     to community concerns 
     and values respecting all 
     forms of diversity
   - Use a variety of 
     educational techniques
   - Understand the 
     relationship between 
     personal values/beliefs 
     and FLE areas
   - Apply principles of pedagogy and 
     andragogy
   - Implement outreach 
     and public relations 
     strategies

5. Implement
   Lead the workshop, 
teach the class, or 
run the project

   - Employ a variety of practices 
     and strategies
   - Use ground rules or identify group norms
   - Apply age-appropriate principles of teaching
   - Structure cognitive content in sequential steps, 
     appropriate to your audience
   - Honor learning style preferences
   - Use group size that supports and manages specific group processes

6. Evaluate
   Evaluate the 
outcome (in terms 
of Steps 1-4)

7. Redesign
   Modify your approach 
and/or content 
based on the evaluation results

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Family and Consumer Sciences
College of Education and Human Ecology
College of Food, Agricultural, and Environmental Sciences

Infographic created by: Chelsea Rye
Seven Steps of The Planning Wheel

1. Beliefs
2. Purpose
3. Outcomes
4. Design
5. Implement
6. Evaluate
7. Redesign

Plan and Implement FLE Programs

- Design programs to meet the needs of the audience
- Evaluate FLE materials, participant programs, and program effectiveness
- Use a variety of educational techniques
- Apply principles of pedagogy and andragogy
- Engage participants and stakeholders to enhance educational effectiveness
- Respond sensitively to community concerns and values respecting all forms of diversity
- Implement outreach and public relations strategies
- Understand the relationship between personal values/beliefs and FLE areas
Utilize Best Practices

- Employ a **variety of practices** and strategies
- Use **ground rules** or identify group norms
- Apply **age appropriate principles** of teaching
- Structure **cognitive content** in sequential steps (appropriate to your audience)
- Honor **learning style** preferences
- Use **group size** that supports and manages specific group processes
Using the FLE Planning Wheel at OSU Extension

• *Aging Smart curriculum development.* A multifaceted program and partnership between county Extension FCS Educators and the Office of Gerontology and Geriatrics.

• *Breakfast on the Farm, on-farm tour event.* Partnership between Extension (4-H, FCS, ANR) and partners in neighboring rural and urban counties. Event and survey completed, publications forthcoming.

[Image of a woman and two older individuals, one holding flowers, and another holding a cow]

[Image of a cow lying down in a barn]

[Logo: ohcfr]
Principles of Family Life Education
FLE Framework with 4 broad age groups and 10 content areas

FLE Methodology Planning Wheel and Best Practices
What Would We Like You to Do?

- **Identify** your work as FLE and promote #FamilyLifeEd month
- **Use** planning wheel for all aspects of planning
- **Use** infographics in your social media story
- **Learn** more about FLE and tell others
- **Advocate** this as a valuable means to promote FLE
For a link to the Infographics and other information, please visit:

http://go.osu.edu/fcsfle
References:


