

Family Life Educator Content Areas

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Family Life Education (FLE) Content Areas	Short Description from National Council on Family Relations (NFR)	Family and Consumer Sciences (FCS) Example
1. Families and Individuals in Societal Contexts	Families and relationships to other institutions, such as the educational, governmental, religious, and occupational institutions in society	
2. Internal Dynamics of Families	Family strengths and weakness and how family members relate to each other	
3. Human Growth and Development Across Lifespan	Developmental changes of individuals in families throughout the lifespan. Knowledge of physical, emotional, cognitive, social, moral, and personality aspects.	
4. Human Sexuality	Physiological, psychological, & social aspects of sexual development throughout the lifespan, so as to achieve healthy sexual adjustment	
5. Interpersonal Relationships	Development and maintenance of interpersonal relationship	
6. Family Resource Management	Decisions individuals and families make about developing and allocating resources including time, money, material assets, energy, friends, neighbors, and space, to meet their goals	
7. Parent Education and Guidance	How parents teach, guide and influence children and adolescents as well as the changing nature, dynamics and needs of the parent/child relationship across the lifespan	
8. Family Law and Public Policy	Legal issues, policies, and laws influencing the well-being of families	
9. Professional Ethics and Practice	Character and quality of human social conduct, and the ability to critically examine ethical questions and issues as they relate to professional practice	
10. Family Life Education Methodology	The general philosophy and broad principles of family life education in conjunction with the ability to plan, implement, and evaluate such educational programs	

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