Certified Family Life Educator (CFLE)

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EXTENSION



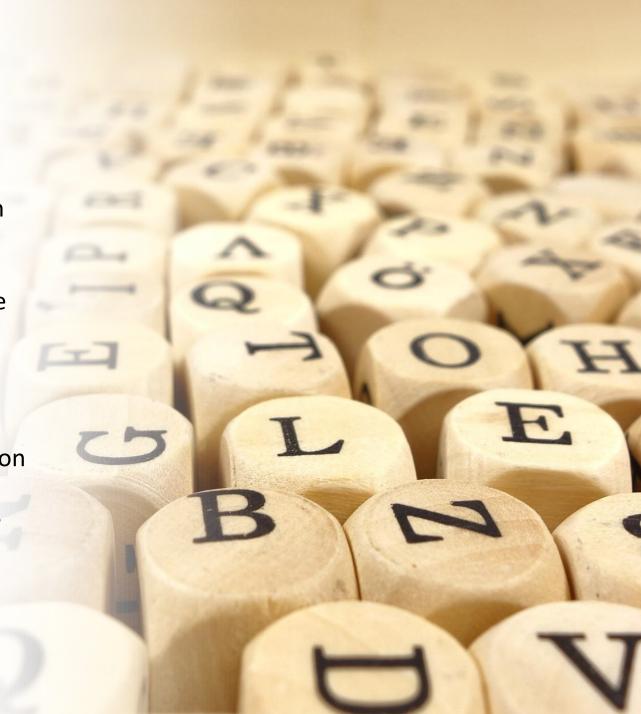
"The science and art of living and working well in our complex world"

American Association of Family and Consumer Sciences

OUR WORK
CAN BE
COMPLEX

KEYWORDS AND ACRONYMS

- National Council on Family Relations (NCFR)
- Certified Family Life Educator (CFLE)
- Ohio Council on Family Relations (OHCFR)
- American Association of Family and Consumer Sciences (AAFCS)

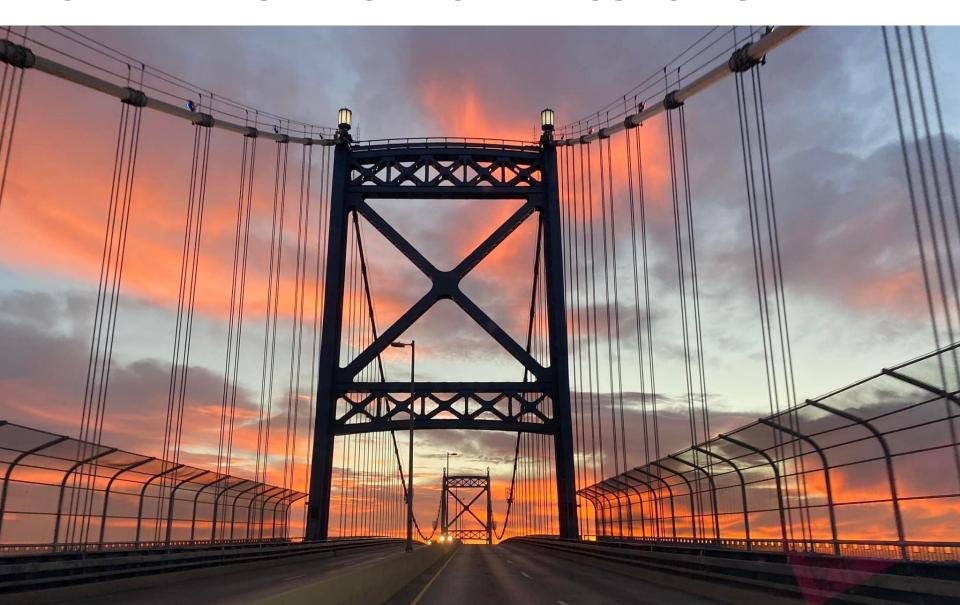


DOES BEING A CFLE REALLY HELP ME?

It Depends ...

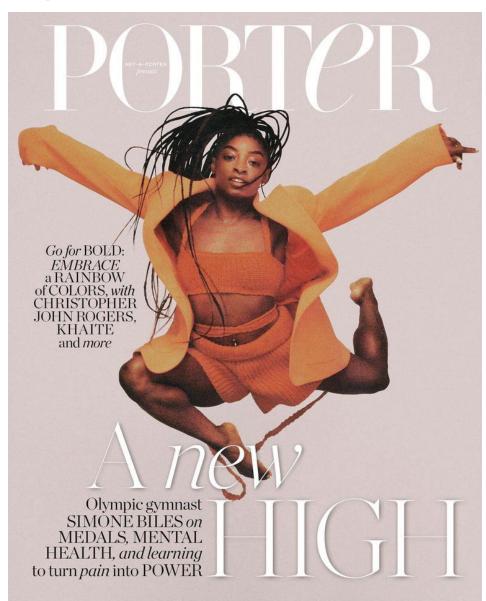
- No no pay increase, people don't know what it is, risk having to be the expert on any and all topics related to families, pulls time, money and attention from other professional organizations like NEAFCS or AAFCS and others
- Maybe interviews, value of credentials, access to professional development, contribute to group work
- Yes challenges me, accountability of professional development, connections with others, new ideas and opportunities, supports my love of life-long learning

NCFR = BRIDGE FROM ACADEMICS TO WORK



CHOOSING A CERTIFICATION

- OSU Extension Indicator of Professional Development:
 - Document recognition of expertise or area(s) of specialization beyond area of responsibility
- Passion and purpose (note: sometimes it's subtle)



ENHANCE YOUR PROFESSIONAL WORK



Free resources from professional organizations



National Council on Family Relations membership



CFLE certification

INCREASED COMMITMENT OF TIME, MONEY, EFFORT

FAMILY SCIENCE

The scientific study of families & close interpersonal relationships

Visit family.science



Relationship-Focused



Evidence-Based



Preventive



Strengths-Oriented



Applied

NCFR RESOURCES

WE ARE FAMILY LIFE EDUCATORS
WE ARE COOPERATIVE EXTENSION AGENTS
WE ARE RESEARCHERS
WE ARE DIRECTORS OF AGING SERVICES
WE ARE MEDICAL FAMILY THERAPISTS

WE ARE FAMILY SCIENCE

Family Life Education (FLE) Framework

Across the Lifespan







1. Families and Individuals in Societal Contexts How do families interact with society? Networks • Education • Community • Work • Interacting Systems

2. Internal Dynamics of Families

How do individuals function within the family? Transitions • Roles • Strengths & Vulnerabilities • Choices • Beliefs

3. Human Growth and Development across the Life Span

How do people grow and develop across the lifespan? Social . Emotional . Physical . Cognitive . Well-being

4. Human Sexuality

How does sexuality develop across the lifespan? Intimacy • Reproductive Health • Family Planning

• Feelings • Gender Roles

5. Interpersonal Relationships How are relationships developed and maintained? Communication • Problem Solving • Relating to Others

· Respect · Self-Awareness

6. Family Resource Management

How do families use resources to survive and thrive? Needs & Wants . Goals . Decision Making

Planning • Resource Allocation

7. Parent Education and Guidance

How do parents guide their children? Strategies . Parenting Styles . Teach & Protect • Relationships • Rights & Responsibilities

8. Family Law and Public Policy How do laws and policies impact families?

Justice • Advocacy • Contemporary Issues • Protection • Rights

9. Professional Ethics and Practice How are families supported through

professional ethics and practice? Respect • Responsibility • Diversity • Objectivity • Prevention Education

10. Family Life Education Methodology How does FLE enrich and empower families?

Participant Needs • Evaluation • Learning Styles • Teaching Principles • Educator

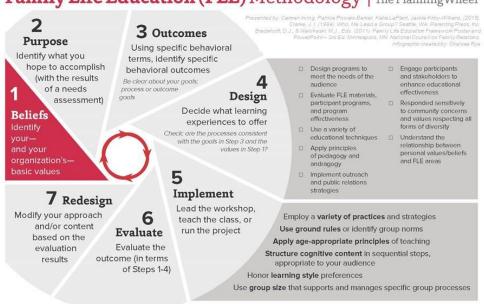




ADDITIONAL RESOURCES

- Family Life Education Methodology: The Planning Wheel
- Family Life Education Framework, Across the Lifespan go.osu.edu/fcsfle

Family Life Education (FLE) Methodology | The Planning Wheel

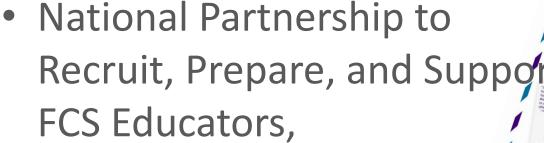


THE OHIO STATE UNIVERSITY

Family and Consumer Sciences College of Education and Human Ecology College of Food, Agricultural, and Environmental Sciences

ADDITIONAL RESOURCES (NOT NCFR)

- Complex:
 - Professional organizations
 - Promotion and campaigns
- AAFCS, https://www.aafcs.org/elevatefcs



https://www.fcsed.net/recruit/recruit-markefing





ENHANCE YOUR PROFESSIONAL WORK



NCFR membership



CFLE certification

INCREASED COMMITMENT OF TIME, MONEY, EFFORT

NATIONAL COUNCIL FAMILY RELATIONS (NCFR)

- Member of OHCFR (opportunity to volunteer, offer webinars)
- National webinars, Journal(s)
- Excellent annual, academic conference
- NCFR provides CFLE credential



November 2016

Title: "Making The Family Life

Education Framework Approachable:

The Planning Wheel"

ENHANCE YOUR PROFESSIONAL WORK



Certified Family Life Educator (CFLE)

INCREASED COMMITMENT OF TIME, MONEY, EFFORT

BECOMING A CERTIFIED FAMILY LIFE EDUCATOR

- Demonstrate content knowledge in 10 areas:
 - Families and individuals in societal contexts
 - Internal dynamic of families
 - Human growth and development across the lifespan
 - Human sexuality
 - Interpersonal relationships
 - Family resource management
 - Parent education and guidance
 - Family law and public policy
 - Professional ethics and practice
 - Family life education methodology
- NCFR information: https://www.ncfr.org/cfle-certification/become-certified
- Talk to your colleagues (Patrice and Katie Schlagheck, on OHCFR and other CFLE colleagues)

ALL PROFESSIONALS - YOU ARE INVITED:

- Name your professional passion
- Read three articles:
 - Reconceptualizing the Domain and Boundaries of Family Life Education (2011)
 - Family Life Education: A
 Profession with a Proven Return
 on Investment (ROI) (2014)
 - The Family and Consumer
 Sciences Body of Knowledge and the Cultural Kaleidoscope:
 Research Opportunities and Challenges. (2009)
- Use free tools from NCFR (as well as from other professional organizations)
- Read more about CFLE: go.osu.edu/FLELens

