

REFERRAL RESOURCE GUIDE

Cuyahoga County

IN AN EMERGENCY OR CRISIS

For assistance in an emergency situation

Dial 911

National Suicide Prevention Lifeline

1-800-273-TALK (8255) (press 1 for veterans, 2 for Spanish)

Text 4HOPE to 741741

Frontline Crisis Hotline

216-623-6888

Ohio Problem Gambling Helpline

1-800-589-9966

DOMESTIC VIOLENCE, ABUSE, AND SEXUAL ASSAULT RESOURCES

National Child Abuse Hotline

1-800-4-A-CHILD (1-800-422-4453)

National Sexual Assault Hotline

1-800-656-HOPE (4673)

National Domestic Violence Hotline

1-800-799-SAFE (7233)

1-800-787-3224 (hearing impaired line)

RAINN (Rape, Abuse & Incest National Network)

1-800-656-HOPE (4673)

www.rainn.org

Ohio Sexual Violence Hotline

844-644-6435

Cleveland Rape Crisis Center Hotline

216-619-6192

The Cleveland Rape Crisis Center offers direct and comprehensive services including: 24-hour support hotline, hospital advocacy, victim advocacy in the justice system, trauma informed mental health assessments, case management and more.

Phone: 216-619-6194 Website: <http://www.clevelandrapecrisis.org/>

TREATMENT RESOURCES

Mental Health & Substance Use Disorder Treatment

The Alcohol, Drug Addiction and Mental Health Services (ADAMHS) Board of Cuyahoga County is responsible for the planning, funding and monitoring of public mental health and addiction treatment and recovery services delivered to the residents of Cuyahoga County. Phone: 216-241-3400 Website: <http://www.adamhsc.org/>

Catholic Charities provides comprehensive residential and outpatient behavioral health treatment and prevention services in Cuyahoga County. Specialized services for the deaf and hard of hearing, for Spanish-speaking individuals/families, for adolescents, for women and for persons with special needs are some of the priority populations targeted and served.

Phone: 216-391-2030 Website: <https://ccdoacle.org/>

Circle Health Services' Behavioral Health Department (formally known as the Free Medical Clinic of Greater Cleveland) includes mental health care and substance abuse treatment including intensive and non-intensive outpatient drug and alcohol treatment and adult mental health services.

Phone: 216-707-3500 ext. 1626 Website: <http://www.circlehealthservices.org/>

The Cleveland Department of Public Health's Office of Mental Health and Substance Abuse (OMHSA) provides abstinence-based substance abuse treatment and prevention activities through the CenterPoint treatment program and Prevention Services program. The CenterPoint treatment program offers adult Intensive Outpatient and Non-intensive Outpatient alcohol and chemical dependency treatment.

Phone: 216-664-6666 Website: <http://www.clevelandhealth.org/>

Cleveland Treatment Center provides the following outpatient treatment services: opioid treatment; assessment; medical evaluation; social, individual and group counseling; crisis intervention; vocational rehabilitation, and case management.

Phone: 216-861-4246 Website: <http://www.clevelandtreatmentcenter.org/>

Community Action Against Addiction (CAAA) is a private, non-profit organization providing substance abuse treatment and education to the residents of Cuyahoga County. More specifically, CAAA specializes in medication assisted treatment to persons who are addicted to heroin. Phone: 216-881-0765 Website: <https://www.caaaddiction.org/>

Community Assessment & Treatment Services (CATS), Inc. provides high-quality, cost-effective, holistic, abstinence-based interventions addressing the chemical dependency, mental health and social justice needs of a diverse clientele. CATS provides both residential and outpatient treatment to adult men and women. In addition, CATS offers the SafeNet Program for gang involved men and women returning to Cuyahoga County from prison, local jail of the CBCF. Phone: 216-441-0200 Website: <https://communityassessment.org/>

Connections is a leading provider of behavioral healthcare services in Northeast Ohio dedicated to the diagnosis and treatment of mental illness and chemical dependency and advocating on behalf of patients and their families. Our staff includes psychiatrists, registered nurses, licensed social workers, psychologists and counselors. Connections provides services for children, adults and families at one of our three locations in Cuyahoga County.

Phone: 216-831-6466 Website: <http://www.connectionsleveland.org/>

FrontLine Service is a private non-profit community behavioral health organization in Cuyahoga County that provides mental health and supportive services to more than 30,000 adults and children each year. FrontLine Service is the provider of choice in Cuyahoga County for administering services to some of the most vulnerable members of our community: homeless, severely mentally disabled, those in psychiatric crisis and adults and children who have been traumatized by violence in their home or communities. Phone: 216-623-6555

Website: <http://www.frontlineservice.org/>

Hitchcock Center for Women (HCFW)'s mission is to holistically empower women to achieve and maintain productive, chemical-free lives at home, at work and in the community. HCFW offers assessment services, residential alcohol and other drug treatment services, aftercare, 3/4 way housing for women with multiple children (up to age 10) and 12 affordable housing units for single women. Phone: 216-421-0662 Website: <http://www.hcfw.org/>

Jewish Family Service Association of Cleveland's Pathways for Community Living's services include: Community Psychiatric Support Treatment (CPST), counseling, cognitive enhancement therapy, art therapy, social recreation program, pharmacological management, housing and residential services, primary care, family advocacy and support services, payee services, and employment/vocational services. Jewish Family Service Association provides services to individuals regardless of religious affiliation.

Phone: 216-292-3999 Website: <https://www.jfsa-cleveland.org/>



Lutheran Metropolitan Ministry (LMM)'s Community Re-Entry program provides comprehensive case management and wrap-around support to men and women returning to the community after a period of incarceration or residing in the community and in need of assistance as a result of criminal justice involvement. Our Women's Reentry Program (WREN) provides gender-specific, trauma-informed behavioral health services for women with criminal justice involvement and more.

Phone: 216-696-2715 *Website:* <https://www.lutheranmetro.org/>

Magnolia Clubhouse, a center of psychiatric rehabilitation for people living with mental illness, is part of an international evidence based best practice, recognized by SAMHSA. The Clubhouse community supports employment, education and health and wellness. Magnolia Clubhouse also offers integrated psychiatric and primary care services through its Carriage House Clinic. *Phone:* 216-721-3030 *Website:* <https://www.magnoliacubhouse.org/>

May Dugan Center provides Mental Health Counseling to Adults, Adolescents and Children, Case Management. Wrap around services include; Food, Clothing & Fresh Produce Distribution, assistance for Parenting/Pregnant Teens, Community Education – Supportive classroom/tutoring for all learners, all classroom are Trauma Informed - GED Preparation, English for Speakers of Other Languages, Health Screenings. *Phone:* 216-631-5800 x100 *Website:* <http://www.maydugancenter.org/>

MetroHealth's Department of Psychiatry offers a wide array of behavioral health services in Cleveland from inpatient psychiatric programs to outpatient psychiatric programs. *Phone:* 216-778-4428 *Website:* <https://www.metrohealth.org/psychiatry>

Murtis Taylor Human Services System is a county-wide provider of comprehensive community mental health and behavioral healthcare services for children and adults such as alcohol and other drug assessments, case management, crisis intervention and counseling. MTHSS also operates several adult transitional housing facilities on the east and west sides of Cleveland, Ohio. *Phone:* 216-283-4400 *Website:* <http://www.murtistaylor.info/>

National Alliance on Mental Illness (NAMI) Information HelpLine provides information and referral services. 1-800-950-NAMI (6264)

National Council for Behavioral Health can assist you in finding a local provider of behavioral health services and support. www.theNationalCouncil.org (click on "Find a Provider")

Northcoast Behavioral Healthcare psychiatric inpatient services to those with severe and persistent mental illness, as well as intensive outpatient (ACT Services) and residential treatment services. Substance Abuse/Mental Illness services are provided to our inpatient patients requiring services. *Phone:* 330-467-7131

The Northern Ohio Recovery Agency (NORA) works with diverse populations throughout Cuyahoga, Lorain and Summit Counties to provide education, counseling, support services, and Intensive Outpatient (IOP) treatment for those individuals and families hurting because of alcohol, tobacco or other drug use. *Phone:* 216-391-6672 *Website:* <http://www.norainc.org/>

ORCA House, Inc. is one of the oldest African American alcohol and other drug treatment agencies in the country. ORCA House services are abstinence-based and focus on the 12-step model of recovery. ORCA House provides Non-Medicaid community residential treatment and outpatient treatment services. *Phone:* 216-231-3772 *Website:* <http://www.orcahouse.org/>



Recovery Resources is a comprehensive outpatient behavioral health agency serving adults, youth and children. Recovery Resources offers case management, individual and group counseling, intensive and non-intensive outpatient treatment, partial hospitalization and medical-somatic services. Recovery Resources provides a broad range of services to individuals affiliated with the criminal justice system and has multiple locations throughout Northeast Ohio. *Phone:* 216-431-4131 *Website:* www.recres.org

Rosary Hall offers a continuum of care, capable of seamlessly transitioning patients through a process of inpatient medical withdrawal/detoxification to outpatient rehabilitation and into community-based support networks. *Phone:* 216-363-2850
Website: <https://www.stvincentcharity.com/>

The Salvation Army Harbor Light Complex is a multifunctional social services facility and spiritual support center providing a wide range of services to those in the most need, including detox, Intensive Outpatient Treatment, emergency shelter for families, community correction, as well as transitional housing for homeless men.
Phone: 216-781-3773 *Website:* <https://neo.salvationarmy.org/northeastohio/ClevelandHome>

SAMHSA's National Helpline provides free, 24-hour information and referral assistance to local treatment facilities, support groups, and community-based organizations.
1-800-662-HELP (4357) and <http://findtreatment.SAMHSA.gov>

Scarborough House is a three-quarter way sober house located in the Tremont area of the near west side of Cleveland. Target population is women who are in recovery from drug and/or alcohol addiction, and who may be dually diagnosed, transitioning from treatment to the community. *Phone:* 216-781-5538 *E-mail:* scarborough2430@att.net

Stella Maris' Subacute Detoxification Unit provides medical detoxification, assessment, counseling and case management services to adult chemically dependent men and women 24 hours a day, seven days a week. The program has 24-hour nursing and physician coverage. The Outpatient Treatment/Aftercare program targets adult chemically dependent men and women and offers assessments, individual and group counseling, and case management. Intensive Outpatient Treatment and traditional outpatient services are available Monday through Friday, 9:00 a.m. to 8:00 p.m.
Phone: 216-781-0550 *Website:* <http://www.stellamariscleveland.com/>

Women's Recovery Center provides comprehensive trauma-integrated intensive outpatient alcohol and other drug treatment for women offering morning, afternoon, and evening hours. The Women's Recovery Center reduces barriers to treatment that women often experience with the provision of bus tickets and on-site child care.
Phone: 216-651-1450 *Website:* <https://womensctr.org/>

CHILDREN & YOUTH RESOURCES

a. Emergency and Referral Services

National Runaway Safeline

1-800-621-4000



b. Children, Youth & Family Mental Health & Substance Use Disorder Services

Achievement Centers for Children offers a wide array of interdisciplinary services for children from the youngest age (prenatal) through adulthood and their families. A Home-based treatment is available through the Early Childhood Mental Health program for children, birth through age five, who are experiencing social, emotional and/or behavioral challenges. This program is free of charge to families.

Phone: 216-292-9700 Website: <https://achievementcenters.org/>

Applewood Centers, a non-profit agency, is one of northeast Ohio's largest providers of behavioral healthcare and social services for children, youth and families. Services include school and community-based counseling services; psychiatric services for children and teens; foster care; residential treatment; therapeutic after-school and weekend programs; and the Eleanor Gerson Middle and High Schools for students with emotional difficulties.

Phone: 216-521-6511 Website: <http://www.applewoodcenters.org/>

Beech Brook offers extensive mental health services ranging from family life education and support to treatment of severe emotional disturbances. Beech Brook's services include Residential Treatment, including an Intensive Treatment Unit, Group Living Home for males ages 15-20, Day Treatment, Partial Hospitalization, Foster Care and Adoption Services, School-Based Services, Family Health, Family Preservation, Early Childhood Services, Outpatient Mental Health Services, Pharmacological Management, ACT Team for Transitional Youth.

Phone: 216-831-2255 Website: <https://www.beechbrook.org/>

Bellefaire JCB is a provider of behavioral healthcare with the following programs and services: Residential Treatment; Foster Care; Adoption; Day Treatment; Outpatient Counseling; Home-Based Counseling; Substance Abuse Services; Community-Based Programs; Early Childhood Programs; Big Brother/Big Sister Program; and Monarch Services, which include a Day School and Boarding Academy for Children and Adolescents with autism.

Phone: 216-932-2800 Website: <http://www.bellefairejcb.org/>

The Cleveland Christian Home provides residential services for males, ages 6-17; Intensive Treatment Program for males, ages 6-17 in acute crisis and/or experiencing severe problems related to their mental illness; Hope Center for males, ages 12-17, who are sexually aggressive and sexually reactive; Staff Shelter Care Program for males, ages 11-17, referred by Cuyahoga County Juvenile Court following a determination that they are able to function in a less secure setting instead of a locked detention facility. We accept emergency referrals/admissions 24 hours per day, seven days a week.

Phone: 216-671-0977 Website: <http://www.cchome.org/>

The Center for Families and Children's Health & Wellness services help people make positive changes in their lives by connecting them with community resources, including medications, counseling, socialization and skills for living.

Phone: 216-432-7200 Website: <http://www.thecentersohio.org/>

New Directions provides quality life-changing treatment to chemically dependent adolescents and their families dealing with emotional, behavioral, or psychiatric needs.

Phone: 216-591-0324 Website: <http://newdirections.co/>

OhioGuidestone's Mental Health Services treat children, youth, adults, and families experiencing mental health concerns. Services include assessment, home-based counseling, outpatient counseling, autism treatment services, school-based services, psychiatric and psychological services and residential treatment.

Phone: 440-260-8300 Website: <https://ohioguidestone.org/>



MENTAL
HEALTH
FIRST AID®

Positive Education Program (PEP) helps troubled and troubling children learn and grow, providing strength-based special education and mental health services in partnership with families, schools, and communities. *Phone:* 216-361-4400 *Website:* <http://www.pepcleve.org/>

RESOURCES FOR SPECIAL POPULATIONS

Gay, Lesbian, Bisexual, Transgender Support Resources

GLBT National Help Center

1-888-843-4564
www.glnh.org

Trevor Project Crisis Line – LGBTQ Youth

1-866-4-U-TREVOR (488-7386)
www.theTrevorProject.org

GLBT National Youth Talkline

1-800-246-PRIDE (1-800-246-7743)
www.glnh.org/talkline

Trans Lifeline

877-565-8860

Advocates for Youth: Lesbian, Gay, Bisexual, Transgender, Questioning and Issues

Online resource developed by those serving LGBTQ youth. Resources include empowerment and advocating information for LGBTQ youth and those working with LGBTQ youth. Resources are available in Spanish. <https://advocatesforyouth.org/resources-tools/>

SELF-HELP RESOURCES AND GROUPS

Find a time and location of a meeting.

Alcoholics Anonymous

www.aa.org/pages/en_US/find-aa-resources

Narcotics Anonymous

1-888-GET-HOPE (438-4673) (Hopeline)
www.na.org/meetingsearch

National Domestic Violence Hotline

www.al-anon.alateen.org/local-meetings

Nar-Anon Family Groups

www.nar-anon.org/find-a-group

Dual Recovery Anonymous

www.draonline.org

The Living Miracles offers a variety of peer facilitated services that promote mental health and wellness, increase recovery resiliency and social connectedness, and motivate one another in unique ways that help our members thrive and lead fulfilled lives.

Phone: 216-221-6323 *Website:* <http://thelivingmiracles.org/>

NAMI of Greater Cleveland is dedicated to empowering persons affected by mental illness and their family members. Services include family and peer support groups, family and peer education courses, multicultural outreach program and veterans programming.

Phone: 216-875-7776 *Website:* <https://namigreatercleveland.org/>

OTHER RESOURCES

Free and confidential information and referral, available 24/7, for help with food, housing, employment, health care, counseling and more - Dial 211

Homeowner's HOPE™ Hotline provides free comprehensive financial education and confidential foreclosure prevention counseling 24/7. 1-888-995-HOPE (4673)

Legal Advice provides legal information, lawyer profiles and a community to help individuals make legal decisions. www.findlaw.com

Asian Services in Action (ASIA), Inc.'s mission is to "empower Asian American and Pacific Islanders in Northeastern Ohio to access quality, culturally, and linguistically appropriate information and services." ASIA, Inc. provides wrap-around services to immigrants and refugees in the following service categories: Aging and Adult; Children, Youth, and Family; Community Health Promotions; Cultural Outreach; and Self-Sufficiency.
Phone: 216-881-0330 *Website:* <http://www.asiaohio.org/>

Cleveland UMADAOP, Inc. provides strength-based prevention services for consumers age 6+. Youth prevention programs utilize performance art-based and youth-led strategies to engage and promote no use of alcohol, tobacco and other drugs among youth and their peers through direct and indirect service delivery.
Phone: 216-361-2040 *Website:* <https://www.clevelandumadaop.com/>

The Compeer Program at Far West Center is a branch of Compeer, Inc., an international organization. Compeer offers adults that are in recovery from mental illness a support service that links consumers in a same-gender, one-to-one match with a trained adult volunteer.
Phone: 440-835-6212 *Website:* <http://www.farwestcenter.com/>

East Cleveland Neighborhood Center's teen services and co-ed programming for youth aged 8-18, including after school programs, summer camp leadership and ATOD Prevention Education throughout various middle schools in the Greater Cleveland community. Hours 8:30 a.m. – 5:00 p.m. *Phone:* 216-932-3626 *Website:* <https://www.ecneighborhoodcenter.org/>

EDEN, Inc. provides, operates, and advocates for safe, decent, affordable housing and support services for persons living with disabilities or special needs, who have low incomes and may be experiencing homelessness. *Phone:* 216-961-9690 *Website:* <http://www.edeninc.org/>

The Eldercare Services of Benjamin Rose Institute provides services to older adults who live in Cuyahoga County, caregivers or significant others who have concerns about an older adult, and individuals concerned with issues of aging or how to plan for their elder years. We offer services geared toward keeping you or your family member healthy, safe and at home.
Phone: 216-791-8000 *Website:* <http://www.benrose.org/>

Front Steps provides individuals and families with permanent, lifelong solutions to increase self-sufficiency and independence. Front Steps services include: Safe, affordable housing; Client-centered, comprehensive case management; and Supportive services for individuals and families.
Phone: 216-781-2250 *Website:* <http://www.frontstepsservices.org/>

Golden Ciphers, Inc. provides school-based and community-based substance abuse prevention and life skills education programming for youth aged 12 - 18. After-school prevention and alternative programming include: Leadership Training/Rites of Passage, gender-specific diversion program, mentoring program, drum team, step team, martial arts, and entrepreneur and employment training. Golden Ciphers also provides school based programming and Life Skills and Rites of Passage in the Juvenile Detention Center of Cuyahoga County.
Phone: 216-574-4888 *Website:* <http://goldenciphers1.com/>

The Life Exchange Center is designed to assist with the recovery process and provide social supports, educational programs, and life skills training for individuals with mental illness, alcohol and other drug addiction, and developmental disabilities.
Phone: 216-752-1269 *Website:* <https://www.lifeexchangecenter.com/>



Links is a consumer-operated drop-in center that provides a homelike and welcoming atmosphere in which peer support and socialization helps those living with mental illness combat isolation and stigma. Cookouts, holiday parties and movie/pizza nights are a few of the activities offered. *Phone:* 216-381-4851 *E-mail:* linkseast2010@gmail.com

The Shaker Heights Youth Center is a community-based social service agency that provides prevention and wellness services to Shaker Heights and their families.

Phone: 216-752-9292 *Website:* <http://www.shakerheightsyouthcenter.org/>

University Settlement is a neighborhood center that aims to empower youth, families and seniors in the Broadway-Slavic Village neighborhood. Services include Family-to-Family; Tapestry; Building Strong Families; Hunger Center; Housing Homeless Families; Computer Lab, Senior Services and Workforce Development. *Phone:* 216-641-8948

Website: <https://www.universitysettlement.net/>

Women's Alliance for Recovery Services, Inc. helps clients navigate the system, thus improving access to substance abuse treatment as well as connecting them to other resources that meet their needs for recovery pre and post treatment (ie. childcare, transportation, legal advice, support groups, sober and safe housing, etc.). Services are free, bilingual (Spanish), and confidential. *Phone:* 216-575-9120



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