REFERRAL RESOURCE GUIDE
Mahoning County

IN AN EMERGENCY OR CRISIS

For assistance in an emergency situation
Dial 911

National Suicide Prevention Lifeline
1-800-273-TALK (8255) (press 1 for veterans, 2 for Spanish)
Text “4HOPE” to 741741

Help Network of Northeast Ohio
330-747-2696
Ohio Problem Gambling Helpline
1-800-589-9966

Altas Behavioral Health Care Crisis Line
330-793-2487

DOMESTIC VIOLENCE, ABUSE, AND SEXUAL ASSAULT RESOURCES

National Child Abuse Hotline
1-800-4-A-CHILD (1-800-422-4453)

National Domestic Violence Hotline
1-800-799-SAFE (7233)
1-800-787-3224 (hearing impaired line)

National Sexual Assault Hotline
1-800-656-HOPE (4673)

RAINN (Rape, Abuse & Incest National Network)
1-800-656-HOPE (4673)
www.rainn.org

Sojourner House, a COMPASS program, provides crisis intervention, counseling, advocacy and shelter for victims of domestic violence in Mahoning County. 24-Hour Hotline: 866-436-6269 Phone: 330-747-4040 Website: http://sojournerhouse.com/

TREATMENT RESOURCES

Mental Health & Substance Use Disorder Treatment

COMPASS Family & Community Services is a non-profit that offers a wide range of services including psychiatric consultation and treatment, individual, family, couples and group therapy (ages 5 and older), case management, intensive outpatient program, residential services, women’s program (WIN), Medically Assisted Treatment, youth intervention programs, criminal court programs and more. Phone: 330-782-5664 Website: http://compassfamily.org/

Heartland Behavioral Healthcare Hospital provides inpatient care. Services include evaluations, intensive psychiatric care, recovery, psychiatry, psychology, social services, patient education, occupational and recreational therapy and work evaluation. In addition, our community support network and child and family services programs provide services to clients and their families residing in the community. Phone: 330-833-3135

Mahoning County Mental Health & Recovery Board’s main role is to monitor, evaluate, assess, prioritize and plan for mental health and addiction services in the counties it serves. Phone: 330-746-2959 Website: http://www.mahoningmhrb.org/
**National Council for Behavioral Health** can assist you in finding a local provider of behavioral health services and support. [www.thenationalcouncil.org](http://www.thenationalcouncil.org) (click on “Find a Provider”)

**Neil Kennedy Recovery Clinic** is a community-based non-profit substance use disorder treatment facility. *Phone: 1-800-472-1177*

**National Alliance on Mental Illness (NAMI)** Information HelpLine provides information and referral services. 1-800-950-NAMI (6264)

**SAMHSA’s National Helpline** provides free, 24-hour information and referral assistance to local treatment facilities, support groups, and community-based organizations. 1-800-662-HELP (4357) and [http://findtreatment.SAMHSA.gov](http://findtreatment.SAMHSA.gov)

**CHILDREN & YOUTH RESOURCES**

**a. Emergency and Referral Services**

<table>
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<tr>
<th>National Runaway Safeline</th>
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<td>1-800-621-4000</td>
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**b. Children and Youth Mental Health & Substance Use Disorder Services**

**Alta Care Group** provides diagnostic assessments, pharmacologic services, crisis intervention services, individual, group and family counseling, community psychiatric support, case management, trauma treatment, intensive home-based treatment. *Phone: 330-793-2487*  
*Website: [http://www.altabehavioralhealthcare.org/](http://www.altabehavioralhealthcare.org/)*

**RESOURCES FOR SPECIAL POPULATIONS**

**Gay, Lesbian, Bisexual, Transgender Support Resources**

<table>
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<tr>
<th>GLBT National Help Center</th>
<th>Trevor Project Crisis Line – LGBTQ Youth</th>
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<tr>
<td>1-888-843-4564</td>
<td>1-866-4-U-TREVOR (488-7386)</td>
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<tr>
<td><a href="http://www.glnh.org">www.glnh.org</a></td>
<td><a href="http://www.thetrevorproject.org">www.thetrevorproject.org</a></td>
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<tr>
<th>GLBT National Youth Talkline</th>
<th>Trans Lifeline</th>
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<td>1-800-246-PRIDE (1-800-246-7743)</td>
<td>877-565-8860</td>
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<tr>
<td><a href="http://www.glnh.org/talkline">www.glnh.org/talkline</a></td>
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**Advocates for Youth: Lesbian, Gay, Bisexual, Transgender, Questioning and Issues**  
Online resource developed by those serving LGBTQ youth. Resources include empowerment and advocating information for LGBTQ youth and those working with LGBTQ youth. Resources are available in Spanish. [https://advocatesforyouth.org/resources-tools/](https://advocatesforyouth.org/resources-tools/)
SELF-HELP RESOURCES AND GROUPS

Find a time and location of a meeting.

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<tr>
<th>Alcoholics Anonymous</th>
<th>Narcotics Anonymous</th>
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<tr>
<th>Al-Anon Family Groups</th>
<th>Nar-Anon Family Groups</th>
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<tr>
<td><a href="http://www.al-anon.alateen.org">www.al-anon.alateen.org</a></td>
<td><a href="http://www.nar-anon.org/find-a-group">www.nar-anon.org/find-a-group</a></td>
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<tr>
<th>Dual Recovery Anonymous</th>
<th>Other Resources</th>
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<tr>
<td><a href="http://www.draonline.org">www.draonline.org</a></td>
<td>Free and confidential information and referral, available 24/7, for help with food, housing, employment, health care, counseling and more - Dial 211</td>
</tr>
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**Catholic Charities Regional Agency** offers housing assistance services. *Phone:* 330-774-8451, ext. 323 *Website:* [https://www.ccdoy.org/locations/catholic-charities-diocesan-offices/#housing-opportunities](https://www.ccdoy.org/locations/catholic-charities-diocesan-offices/#housing-opportunities)

**Flying HIGH Inc.** is a non-profit organization that offers the Professional Development Center vocational school, job readiness and placement assistance, GED tutoring, Working Toward the Future Program, GROW Urban Farm, nutritionally assisted alcohol and drug treatment, peer support and case management services, and the Eagle’s Nest Recovery House. *Phone:* 330-797-3995 *Website:* [http://flyinghighinc.org/](http://flyinghighinc.org/)

Homeowner’s HOPE™ Hotline provides free comprehensive financial education and confidential foreclosure prevention counseling 24/7. 1-888-995-HOPE (4673)

Legal Advice provides legal information, lawyer profiles and a community to help individuals make legal decisions. [www.findlaw.com](http://www.findlaw.com)

**Youngstown Urban Minority Alcoholism & Drug Abuse Outreach Program (YUMADAOP)** provides culturally and gender appropriate violence, alcohol, tobacco and other drug (ATOD) prevention and offender reentry services to residents of Mahoning County. *Phone:* 330-743-2772 *Website:* [http://yumadaop.com/](http://yumadaop.com/)

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