# REFERRAL RESOURCE GUIDE

## Columbiana County

#### IN AN EMERGENCY OR CRISIS

For assistance in an emergency situation	National Suicide Prevention Lifeline
Dial 911	1-800-273-TALK (8255) (press 1 for veterans, 2 for Spanish)
	Text 4HOPE to 741741
Help Network of Northeast Ohio	Ohio Problem Gambling Helpline

# Help Network of Northeast Ohio Hotline

330-424-7767

# DOMESTIC VIOLENCE, ABUSE, AND SEXUAL ASSAULT RESOURCES

1-800-589-9966

National Child Abuse Hotline 1-800-4-A-CHILD (1-800-422-4453)	National Sexual Assault Hotline 1-800-656-HOPE (4673)
National Domestic Violence Hotline	RAINN (Rape, Abuse & Incest National Network)
1-800-799-SAFE (7233) 1-800-787-3224 (hearing impaired line)	1-800-656-HOPE (4673) www.rainn.org
Ohio Domestic Violence Network	Ohio Sexual Violence Helpline
800-934-9840	1-844-644-6435

#### TREATMENT RESOURCES

#### **Mental Health & Substance Use Disorder Treatment**

**The Columbiana County Mental Health and Recovery Services Board** contracts with service agencies to provide treatment and support for persons with mental health and substance abuse problems. The Board plans, funds, and monitors a comprehensive system of mental health and substance abuse services for both children and adults. *Phone:* 330-424-0195 *Website:* http://www.ccmhrsb.org/

**ComQuest Recovery and Prevention Services** offers a detox facility, Medication Assisted Treatment, individual and group counseling, non-medical residential treatment and more. *Phone:* 330-455-0374 *Website:* https://commquest.org/

**The Family Recovery Center** has services available for adults, adolescents and children experiencing symptoms due to alcohol/drug use/abuse, effects of another's use, and/or mental health issues. Services include intensive outpatient treatment, individual and group treatment, Medication Assisted Treatment, recovery housing and prevention services.

Phone: 330-424-9844 Website: http://www.familyrecovery.org

**National Alliance on Mental Illness (NAMI)** Information HelpLine provides information and referral services. 1-800-950-NAMI (6264)



**National Council for Behavioral Health** can assist you in finding a local provider of behavioral health services and support. <a href="www.theNationalCouncil.org">www.theNationalCouncil.org</a> (click on "Find a Provider")

**Neil Kennedy Recovery Centers** offer detox, inpatient and outpatient locations in the Mahoning Valley, Youngstown, Ohio area. *Phone:* 330-744-1181 *Website:* <a href="https://www.nkrc.org/">https://www.nkrc.org/</a>

**New Day Recovery** operates withdrawal management and residential treatment programs with locations in Columbiana, Mahoning, and Trumbull counties. *Phone:* 330-886-4744 *Phone:* Website: <a href="https://newday-recovery.com/">https://newday-recovery.com/</a>

**SAMHSA's National Helpline** provides free, 24-hour information and referral assistance to local treatment facilities, support groups, and community-based organizations. 1-800-662-HELP (4357) and <a href="http://findtreatment.SAMHSA.gov">http://findtreatment.SAMHSA.gov</a>

**Trinity East's Behavioral Medicine Department** offers both inpatient and outpatient treatment services to individuals with psychiatric illnesses and/or substance use disorders. *Phone:* 740-283-7024 Website: <a href="https://trinityhealth.com/behavioral-medicine/">https://trinityhealth.com/behavioral-medicine/</a>

#### **CHILDREN & YOUTH RESOURCES**

#### a. Emergency and Referral Services

	/ Safeline
1-800-621-4000	

#### b. Children and Youth Mental Health & Substance Use Disorder Services

**The Counseling Center of Columbiana** County provides comprehensive mental health and substance abuse assessment, counseling, treatment, rehabilitation, and education for children and adults. *Phone:* 330-424-9573 *Website:* www.colmhc.org

#### **RESOURCES FOR SPECIAL POPULATIONS**

#### Gay, Lesbian, Bisexual, Transgender Support Resources

GLBT National Help Center	Trevor Project Crisis Line – LGBTQ Youth
1-888-843-4564	1-866-4-U-TREVOR (488-7386)
<u>www.glnh.org</u>	www.theTrevorProject.org
<b>GLBT National Youth Talkline</b>	Trans Lifeline
1-800-246-PRIDE (1-800-246-7743)	877-565-8860
www.glnh.org/talkline	

**Advocates for Youth: Lesbian, Gay, Bisexual, Transgender, Questioning and Issues** Online resource developed by those serving LGBTQ youth. Resources include empowerment and advocating information for LGBTQ youth and those working with LGBTQ youth. Resources are available in Spanish. <a href="https://advocatesforyouth.org/resources-tools/">https://advocatesforyouth.org/resources-tools/</a>



#### **SELF-HELP RESOURCES AND GROUPS**

Find a time and location of a meeting.

#### **Alcoholics Anonymous**

www.aa.org/pages/en US/find-aaresources

#### **National Domestic Violence Hotline**

www.al-anon.alateen.org/local-meetings

### **Dual Recovery Anonymous**

www.draonline.org

#### **Narcotics Anonymous**

1-888-GET-HOPE (438-4673) (Hopeline) www.na.org/meetingsearch

# Nar-Anon Family Groups

www.nar-anon.org/find-a-group

#### **OTHER RESOURCES**

Free and confidential information and referral, available 24/7, for help with food, housing, employment, health care, counseling and more - Dial 211

Homeowner's HOPE™ Hotline provides free comprehensive financial education and confidential foreclosure prevention counseling 24/7. 1-888-995-HOPE (4673)

Legal Advice provides legal information, lawyer profiles and a community to help individuals make legal decisions. <a href="https://www.findlaw.com">www.findlaw.com</a>

**Columbiana County Department of Job & Family Services** provides a list of helpful agencies, organizations, charities, etc. in and around Columbiana County: https://www.columbianacountyjfs.org/job-family-services-helpful-links.aspx

**Community Action Activity of Columbiana County** is a private, nonprofit organization provides the Rural Transit System (CARTS), Home Energy Assistance and Weatherization program and more. *Phone:* 330-424-7221 *Website:* <a href="http://www.caaofcc.org">http://www.caaofcc.org</a>

**Habitat for Humanity of Northern Columbiana County** is a locally run affiliate of Habitat for Humanity International. *Phone:* 330-337-1003 *Website:* <a href="http://www.habitat.org">http://www.habitat.org</a>

**National Alliance on Mental Illness (NAMI) of Columbiana County** offers ongoing support, help to those people who are accepting and coping with the problem of a loved one diagnosed with a mental illness, a learning time for those newly diagnosed family members. Family Support Groups and recovery support groups. *Phone:* 330-424-5772 *Email:* nami@ccmhrsb.org



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