

Cloverbud 4-H Discovery Series

Intended Audience:

4-H Cloverbuds

Lesson Objectives:

Participants will learn:

- 4-H Pledge
- 4-H Motto
- 4-H Flag & Colors

Time: 1 Hour

Equipment and supplies:

4-H and American Flags

4-H Flag/Pledge Print Out

Yarn

Scissors

Construction Paper

Crayons

Glue

Prepared By

Rachael Fraley, OSU

Extension, Lawrence

County

Sources

Bruce Zimmer, Extension Educator, OSU Extension, Monroe County, "Weave a Flag", Click it, Print It, Do It, Activity, Winter 2006.

Discover 4-H

BACKGROUND

What is 4-H? 4-H for Cloverbuds is an opportunity to explore topics. 4-H is "Head, Heart, Hands, and Health". In this lesson, Cloverbuds will learn the basics of 4-H to include the 4-H pledge and motto, 4-H flag and colors, and explore opportunities in the county 4-H program.

WHAT TO DO

1.) 4-H Pledge & Motto

The 4-H Pledge is introduced as a repeat after me with hand motions, "I pledge my head to clearer thinking", pause for repeat, "my heart to greater loyalty", pause for repeat, "my hands to larger service", pause for repeat, "I pledge my health to better living", pause for repeat, "for my club", ... "my community" "my country" ... and "my world". Be sure to use hand motions during the repeat after me.

The 4-H Motto is introduced in 4-H Yoga Style. Youth will get in frog-like position, when in position, they say "to make the best", they then jump into the air shouting "better!", practice this three times.

2.) 4-H Flag & Colors

Complete the "Weave A Flag" Activity Attached and discuss the 4-H colors, green and white. Green is nature's most common color and stands for springtime, life, youth, and growth and white symbolizes purity and high ideals. On the 4-H pledge side of the flag, cut and glue the corresponding, head, heart, hands, and health images into the correct line in the pledge.

3.) Camp Promotion

Camp Ambassador shares Cloverbud Camp information and dates, leads repeat after me songs as they stand up and sing.

Junior Fairboard members share fair events Cloverbuds can participate in.

SERVICE LEARNING

With construction paper and crayons, youth construct cards for elderly in the nursing home wishing them a "Happy Spring".



THE OHIO STATE UNIVERSITY

COLLEGE OF FOOD, AGRICULTURAL,
AND ENVIRONMENTAL SCIENCES



lawrence.osu.edu

CFAES provides research and related educational programs to clientele on a nondiscriminatory basis. For more information, visit cfaesdiversity.osu.edu. For an accessible format of this publication, visit cfaes.osu.edu/accessibility.