



These healthcare provider recommendations were compiled by postdocs for postdocs in February 2019. Browse through this list to find recommended providers for those with BCBS HMO and BCBS PPO insurance. As always, be sure to confirm that a provider is in-network using the [BCBS Find a Provider tool](#).

Primary Care Physician

- 1) Physician Name: Sheila Bhagavan
Medical Group: Primary Care Medical Associates Ltd.
Neighborhood: Lincoln Park/Old Town
Phone: 773-871-4409
Website: <https://chicagoprimarycare.com/>
Insurance: BCBS PPO
- 2) Medical Group: Cook Medical Group
Neighborhood: Hyde Park
Phone: 844-433-8811
Website: <http://www.cookcountyhhs.org/>
Insurance: BCBS HMO
- 3) Physician Name: Megan Galanek
Medical Group: Access Community Health
Neighborhood: Washington Park
Phone: 773-288-6900
Website: <https://www.achn.net/locations/location-pages/access-grand-boulevard-health-and-specialty-center/>
Insurance: BCBS HMO
Note: "The doctors are awesome, I really like them. I can see my PCP, NP, therapist, and psychiatrist all at this same location. They have a Walgreens pharmacy attached to the health center. They take walk-ins too, if you cannot wait to schedule a general appointment and need to see a doctor. The only setback is that it's located a couple miles west of campus in a not-so-great neighborhood so I recommend taking an Uber or driving. The 55 bus stops right by the plaza too. There is security at the medical center."
- 4) Physician Name: Patrick Gibbons/Howard Brown Health
Medical Group: Advocate Physician Partners
Neighborhood: Lakeview
Phone: 773-388-1600
Website: <https://howardbrown.org/>
Insurance: BCBS HMO
- 5) Physician Name: Sean Huang
Medical Group: Northwestern Medical
Neighborhood: South Loop
Phone: 312-926-3627
Website: <https://www.nm.org/locations/primary-care-south-loop-roosevelt-collection/meet-the-south-loop-primary-care-team>
Insurance: BCBS PPO



- 6) Physician Name: Sandra Naaman
Medical Group: UChicago Medicine
Neighborhood: Streeterville
Phone: 773-834-4150
Website: <https://www.uchicagomedicine.org/find-a-physician/physician/sandra-naaman>
Insurance: BCBS PPO

- 7) Physician Name: Shefali Shah
Medical Group: Park West Family Medicine
Neighborhood: Lincoln Park
Phone: 773-929-7410
Website: <https://parkwestfamilymedicine.com/>
Insurance: BCBS PPO

- 8) Physician Name: Thalia Torres
Medical Group: Advocate Health Care
Neighborhood: Wrigleyville/Lincoln Park
Phone: 773-296-5090
Website: <https://doctors.advocatehealth.com/a-thalia-a-torres-chicago-internal-medicine-2>
Insurance: BCBS HMO
Note: "Dr. Torres is an amazing PCP. She will listen to all your concerns and address them without any judgement. Though her Practice is rather far away from the Hyde Park area, she is worth the drive every single time. I totally trust her care."

- 9) Physician Name: Katherine Tynus
Medical Group: Northwestern Medical
Neighborhood: South Loop
Phone: 312-926-3627
Website: <https://www.nm.org/doctors/1932133766/katherine-m-tynus-md>
Insurance: BCBS PPO
Note: "Multiple providers available, lab on-site for routine bloodwork. Parking validation available."

- 10) Not Recommended:
Physician Name: Pamela Franklin
Medical Group: Independent Physicians at Mercy
Neighborhood: South Kenwood
Note: "Dr. Franklin ignored/denied my description of my own medical history, ordered unnecessary tests (at a hospital halfway across town), and entirely disregarded stated reasons for scheduling an appointment."



OBGYN

- 1) Physician Name: Lori Beyer
Medical Group: Access Community Health
Neighborhood: Washington Park
Phone: 773-288-6900
Website: <https://www.achn.net/locations/location-pages/access-grand-boulevard-health-and-specialty-center/>
Insurance: BCBS HMO
Note: "Great doctor but the location is a little sketchy so it's best to take an Uber or drive. 55 bus goes right by the center."
- 2) Physician Name: Catherine Clinton
Medical Group: Chicago Women's Health Group
Neighborhood: Streeterville
Phone: 312-943-0282
Website: <http://chicagowomenshealthgroup.com/>
Insurance: BCBS PPO
- 3) Physician Name: Perpetua Goodall
Medical Group: UChicago Medicine
Neighborhood: Hyde Park, Orland Park
Phone: 773-834-2229
Website: <https://www.uchicagomedicine.org/find-a-physician/physician/perpetua-goodall>
Insurance: BCBS PPO
- 4) Physician Name: Valerie Hansbrough
Medical Group: Cook Medical
Neighborhood: Hyde Park
Phone: 312-864-0020
Website: <http://www.cookcountyhhs.org/physicians/valerie-hansbrough-md/>
Insurance: BCBS HMO
- 5) Physician Name: Abbe Kordik
Medical Group: UChicago Medicine
Neighborhood: Hyde Park, South Loop
Phone: 773-702-6618
Website: <https://www.uchicagomedicine.org/find-a-physician/physician/abbe-kordik>
Insurance: BCBS PPO
Note: "Very nice, good listener"
- 6) Physician Name: Nicole Leong
Medical Group: UChicago Medicine
Neighborhood: Hyde Park
Phone: 773-702-6118
Website: <https://www.uchicagomedicine.org/find-a-physician/physician/nicole-m-leong>
Insurance: BCBS PPO



- 7) Physician Name: Kenneth Nunes
Medical Group: UChicago Medicine
Neighborhood: South Loop
Phone: 773-834-2229
Website: <https://www.uchicagomedicine.org/find-a-physician/physician/kenneth-nunes>
Insurance: BCBS PPO
- 8) Physician Name: Iris Romero
Medical Group: UChicago Medicine
Neighborhood: Hyde Park, South Loop
Phone: 773-702-6618
Website: <https://www.uchicagomedicine.org/find-a-physician/physician/iris-romero>
Insurance: BCBS PPO
Note: "Getting an appointment scheduled can be challenging specially if you want to go to the DCAM clinic, but they do offer clinic hours at the UChicago Medicine Center for Advanced Care at South Loop as an alternative option."
- 9) Physician Name: Rosally V. Starr
Medical Group: Advocate Health Care
Neighborhood: Wrigleyville/Lincoln Park
Phone: 773-296-3300
Website: <https://doctors.advocatehealth.com/a-rosally-v-starr-chicago-obstetrics-gynecology>
Insurance: BCBS HMO

High-Risk Pregnancy

- 1) Provider Name: Roxane Holt
Medical Group: UChicago Medicine
Neighborhood: Hyde Park
Website: <https://www.uchicagomedicine.org/find-a-physician/physician/roxane-holt>
Insurance: BCBS PPO
Note: "I liked her very much. She is nice and took the time to answer our questions/concerns and explain things."

Nurse Midwife

- 2) Provider Name: Wendy Allen
Medical Group: UChicago Medicine
Neighborhood: Hyde Park, South Loop
Website: <https://www.uchicagomedicine.org/find-a-physician/physician/wendy-d-allen>
Insurance: BCBS PPO



Pediatrics

- 1) Provider Name: Priya Sharma
Medical Group: Northwestern Children's Practice
Neighborhood: Streeterville
Phone: 708-304-3367
Website: <https://www.nwcppediatrics.com/>
Insurance: BCBS PPO

Mental Health/Wellness

- 1) Physician Name: Viktoria Erhardt
Type: Psychiatry
Medical Group: Access Community Health
Neighborhood: Washington Park
Phone: 773-288-6900
Website: <https://www.achn.net/locations/location-pages/access-grand-boulevard-health-and-specialty-center/>
Insurance: BCBS HMO
Note: "Great doctor but the location is a little sketchy so it's best to take an Uber or drive. 55 bus goes right by the center."
- 2) Physician Name: Patricia McGinn
Type: Licensed Clinical Professional Counselor
Neighborhood: Hyde Park
Phone: 773-363-8313
Insurance: BCBS PPO

Dental

- 1) Dentist Name: Jeffery Saffold
Neighborhood: Hyde Park
Phone: 773-955-0355
- 2) Practice Name: The Chicago Dental Studio West Loop
Neighborhood: West Loop
Phone: 312-414-0696
Website: <http://thechicagodentalstudio.com/>
- 3) Practice Name: First Family Dental of Andersonville
Neighborhood: Edgewater
Phone: 773-728-5333
Website: <https://1stfamilydental.com/locations/andersonville/>
- 4) Practice Name: Sloop Dental
Neighborhood: South Loop
Phone: 312-340-5761
Website: <https://sloopdental.com/>



5) Not Recommended:

Practice Name: University Dental Professionals

Neighborhood: Hyde Park

Note: "Do not go to this place. The Principal website lists this group as part of the network of dentists included in the PPO-hi plan. But when I went there for regular prophylaxis, the total billing charge was way higher than what the insurance company covered, so I ended up paying out-of-pocket. UDP said they are not part of the Principal network. But they didn't tell me that info when I booked an appointment with them."

Practice Name: Manus Dental

Neighborhood: Hyde Park

Note: "While they are part of the network for Principal PPO-Hi holders, the dentists here want to perform a lot expensive dental services such as tooth fillings and mouth guard for teeth grinding, which are mostly not covered by the insurance company."

Vision

1) Provider Name: Rosin Eyecare/Dr. Kaur

Neighborhood: Hyde Park

Phone: 773-667-0024

Website: <https://www.rosineyecare.com/chicago-hyde-park-eye-doctor/>

Specialists

1) Physician Name: Meltem Zeytinoglu

Specialty: Endocrinology

Medical Group: UChicago Medicine

Neighborhood: Hyde Park

Phone: 773-795-0168

Website: <https://www.uchicagomedicine.org/find-a-physician/physician/meltem-zeytinoglu>

Insurance: BCBS PPO

Note: "I loved her - she listened to me and worked with me together on my treatment plan instead of talking down to me."

2) Physician Name: TK Venkatesa

Specialty: Ear, Nose and Throat (ENT)

Medical Group: Advocate Physician Partners

Neighborhood: Lakeview

Phone: 773-296-5500

Website: <https://chicagoent.com/>

Insurance: BCBS HMO