



GRAB & GO BOXED LUNCH MENU

SALADS

SALADS ARE ACCOMPANIED BY A HOUSEMADE COOKIE.

GRILLED CHICKEN PROTEIN SALAD ^{GF} | 14

grilled chicken breast, soft boiled egg, feta cheese, quinoa, avocado, tomato, baby lettuce blend, and herb vinaigrette

LITTLE GEM CAESAR SALAD ^{GF, V} | 12

little gem and kale lettuce, vine ripened tomato, parmesan, and fried breadcrumbs.

vegan option available.

MEDITERRANEAN COBB SALAD ^{GF} | 13

romaine lettuce, red wine vinaigrette, cherry tomato, artichoke, kalamata olive, cucumber, dill marinated

chickpea, feta, with grilled chicken. vegan option available.

BOWLS

BOWLS ARE ACCOMPANIED BY A HOUSEMADE COOKIE.

ROASTED BEETS GRAIN BOWL ^{GF, V} | 12

local roasted red and chioggia beets dressed in balsamic vinaigrette, arugula, goat cheese, ancient grains blend and sunflower seeds. vegan option available.

TUNA POKE BOWL ^{GF, P} | 14

ahi tuna, wakame, marinated cabbage, edamame, nori, cucumber, radish, spicy mayo, served with brown rice.

LOCAL TOFU ALMOND CURRY BOWL ^{GF, VG} | 15

phoenix bean tofu, almond red curry sauce, roasted delicata squash, edamame, pickled onion, scallion, purple radish, black lime, served with brown rice.

MAPLE SALMON GRAIN BOWL ^{GF, P} | 16

faroe island maple glazed salmon, old world grain blend, roasted cauliflower.

BROWN RICE SPICY CHICKEN BOWL ^{GF} | 15

grilled chicken breast, roasted peppers, black beans, avocado, radish, served with brown rice.

(DF) DAIRY FREE, (GF) GLUTEN-FREE, (V) VEGETARIAN, (VG) VEGAN (P) PESCATARIAN.

SANDWICHES

SANDWICHES ARE ACCOMPANIED BY A CHOICE OF SEA SALT OR BBQ CHIPS.

SPICY SPANISH BOCADILLO | 12

crispy chicken thigh, nduja, manchego, pickled onions, tomato, and chili mayo.

WAGYU CHEDDAR BURGER | 15

wagyu beef patty, cheddar, dijonaise, roasted onions, served on a brioche bun. dairy free option available.

SMOKED ITALIAN CLUB SANDWICH | 13

soppressata, smoked ham, speck prosciutto, smoked provolone, vine ripened tomato, bibb lettuce, pickled fresno pepper, served on italian bread. dairy free option available.

ADD A PROTEIN

HANGER STEAK | 6

CHICKEN BREAST | 4

SALMON | 6

TOFU | 3

SOFT BOILED EGG | 2

BOXED LUNCH ENHANCEMENTS

SPARKLING WATER | 4

ASSORTED SODA | 3

BOTTLED WATER | 3

KETTLE CHIPS | 3

HOUSEMADE COOKIE | 2

SEASONAL FRUIT CUP | 4

(DF) DAIRY FREE, (GF) GLUTEN-FREE, (V) VEGETARIAN, (VG) VEGAN (P) PISCATARIAN.

ORDER ONLINE

Please scan our menu QR code to place your order on-line. To assure prompt service please place your on-line order by 10:00 am the day of pick up. Orders will be available in the Forum Lobby between 11:00 am - 2:00 pm Monday - Friday.



*Please inform your server of any allergies or dietary restrictions. Menu items prepared in-house and may contain trace ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness. Taxes and discretionary service fees are not included.