

Clap a bunch

What your child will learn:

Counting out loud

STEP 1

Ask your child: “How high can you count? Show me with claps! Start at 1 and clap each time you say the next number.” Have your child clap once for each number. If your child misses a number, correct her and let her keep going.



STEP 2

Repeat this game with jumps, hops, stomps, or another movement.



Jumps



Hops



Stomps

Make it Harder

Once your child can easily count to 20, have your child count backward. Start by going backward from 5, then backward from 10 and so on, clapping for each number. Or have your child count by 2s, 5s or 10s clapping on each number. For example, have your child clap on 2, 4, 6, 8, and so on.

+ Math is Everywhere

The world is full of things to count. Clap and count the squares on the sidewalk, the stairs in your home, or the steps it takes to get to your child's bed or another place in your home. Putting physical activities together with counting helps children learn numbers.

