

# Dance to the number

## What your child will learn:

Counting • matching numbers to activities • patterns • recognizing numbers

### STEP 1

Ask your child to choose a number between 1 and 10 (or for younger children between 1 and 5). Write the number on a piece of paper and show it to your child. Tell your child that this is the number that he selected.



### STEP 2

Make up a dance with that number. If your child chose number 4, a dance could be clap 4 times, twirl 4 times, and stomp 4 times. Have your child count out loud as she does the steps. Repeat the dance a few times so your child sees the step pattern.



Clap 4 times



Twirl 4 times



Stomp 4 times



Count 4 times

### STEP 3

At the end of the dance, show your child the written number again and remind your child of the number. For example, say, “This is what the number 4 looks like.”

### ^ **Make it Harder**

Have your child choose 2 numbers, for example 2 and 4. Make a dance with a pattern of 2 movements, followed by 4 movements. For example, tap your head 2 times, clap 4 times, and repeat. Combining movement patterns with counting helps your child remember numbers.

### + **Math is Everywhere**

Help your child see number patterns in things around you. You might find patterns in floor tiles, dance steps, items stacked in the grocery shelves, and so on.

