Impaired Suppression of Delay-Period Alpha and Beta Is Associated With Impaired Working Memory in Schizophrenia

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ABSTRACT

BACKGROUND: Although patients with schizophrenia (PSZ) frequently exhibit reduced working memory capacity relative to healthy control subjects (HCS), the mechanisms that underlie this impairment are unknown. The present study aimed to assess one putative mechanism: impaired suppression of alpha and beta frequency bands during the delay period of a visual working memory task.

METHODS: An electroencephalogram was recorded from 30 PSZ and 31 HCS while they completed a change detection task in which they were required to remember a briefly presented array of colored squares over an 1800-ms delay interval.

RESULTS: PSZ had significantly reduced alpha- and beta-band suppression during the delay interval compared with HCS, and these significant differences emerged early (100–200 ms after onset of the memory array). Furthermore, the magnitude of suppression was significantly associated with task performance across both groups. Finally, the magnitude of suppression in alpha and beta frequency bands was significantly associated with a range of cognitive measures among HCS, but not PSZ.

CONCLUSIONS: These results implicate impaired alpha/beta suppression during the consolidation period of working memory tasks as a promising neural mechanism that constrains capacity in PSZ.

Keywords: Alpha suppression, Beta suppression, EEG, Schizophrenia, Visual, Working memory

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Despite many reports of robust working memory (WM) capacity deficits among patients with schizophrenia (PSZ), the precise mechanism of impairment has not yet been identified. In an attempt to isolate the capacity-limiting process, various investigations have probed different stages of WM storage, including selection (1,2), consolidation (3,4), and maintenance (5). Overall, the pattern of results from these studies implicates abnormalities in early stages of WM formation, such as encoding or consolidation; there is little evidence that capacity limitations are a consequence of accelerated decay during maintenance. These conclusions are consistent with a meta-analysis (5) that revealed robust effect sizes of WM impairment that did not change as a function of the length of the delay period. It is now increasingly recognized that the primary impairment likely occurs during the first several hundred milliseconds of WM formation and storage, although the specific neural mechanisms that support this process remain unclear.

In the present study, we used electroencephalography to examine one candidate mechanism of WM formation and maintenance—alpha and beta frequency band suppression—as a potential constraint on WM capacity among PSZ. Recent work has revealed that the magnitude of suppression of alpha (8–13 Hz) and beta (14–30 Hz) frequency bands during the delay period of WM tasks is associated with the number of items that are later recalled in healthy control subjects (HCS) (6,7). This mechanism appears to serve an important role for prioritizing and attending to items within the visuospatial domain. One study reported that alpha suppression contralateral to the attended item in a visual array was associated with a blood oxygen level–dependent signal increase in object-specific ventral processing stream cortex (8). By contrast, alpha enhancement contralateral to the ignored hemifield was associated with a blood oxygen level–dependent decrease in associated ventral processing stream cortex. This as well as other evidence revealing attention-modulated suppression of alpha during WM (9) suggests a causal relationship between alpha modulation and encoding and/or consolidation of items into WM for further processing. Similarly, delay-period beta suppression has been linked to WM capacity, although the mechanism by which this occurs has received less attention (10). Despite enthusiasm for these neural substrates of WM capacity among HCS, there has been little exploration of the integrity of this mechanism in PSZ.

The present study used a change-detection visual WM task to test the hypothesis that delay-period alpha/beta
suppression is impaired among PSZ and that suppression failure is associated with impaired WM performance in this population. We predicted that the magnitude of suppression would be significantly associated with successful recall of items from the memory array. Given previous reports suggesting that WM deficits do not worsen as the delay period is increased, we also expected that alpha/beta suppression impairments would emerge early and be sustained throughout the maintenance period. Such evidence would (1) provide converging evidence for the hypothesis that capacity deficits among PSZ are a consequence of early encoding/consolidation impairments and (2) implicate impaired delay-period alpha and beta suppression as a primary route by which this impairment emerges.

METHODS AND MATERIALS

Participants

The present study included 30 individuals meeting DSM-IV-TR criteria for schizophrenia or schizoaffective disorder (21 men) and 31 psychiatrically healthy individuals (20 men) (Supplemental Table S1).¹ The groups were matched on age (⁵⁻sat = 0.01; p = 1.00); sex (χ² = 0.21, n = 61; p = .79); race (χ² = 0.60, n = 61; p = .74); and parental education, a proxy measure of socioeconomic status (⁵⁻sat = 0.29; p = .77). The groups differed significantly on IQ (⁵⁻sat = 2.87; p < .01) and education level (⁵⁻sat = 3.40; p < .01). Diagnosis was confirmed with the Structured Clinical Interview for the DSM-IV (11) and review of medical records and informant reports when appropriate. All PSZ were clinically stable and had not received any changes in medication for at least 4 weeks before testing. Chlorpromazine dose equivalents were calculated according to the formula recommended by Andreasen and colleagues (12). HCS had no current Axis I diagnoses or schizotypal personality disorder, were not taking psychiatric medications, and reported no family history of psychosis. All participants were 18–55 years old and reported no history of neurologic injury. PSZ were recruited from the Maryland Psychiatric Research Center and other community clinics, and HCS were recruited from the community by advertisement. All recruiting methods and experimental procedures were approved by the University of Maryland Institutional Review Board.

Neuropsychological and Symptom Measures

The following neuropsychological measures were administered to examine current and premorbid cognitive functioning in PSZ and HCS: the MATRICS Consensus Cognitive Battery (13), the Wide Range Achievement Test 4 (14), the Wechsler Test of Adult Reading (15), and the Wechsler Abbreviated Scale of Intelligence (16). Additionally, current symptom severity level was measured using the Brief Psychiatric Rating Scale (17) and the Scale for the Assessment of Negative Symptoms (18).

¹There was a total of 37 HCS and 41 PSZ participants. Of this total, 5 HCS and 10 PSZ were removed from analysis because of noisy EEG data, which was our a priori criterion for exclusion (<50% of trials retained). Also, one participant from each group was removed because of near-chance performance on set size 1 trials, indicating poor effort. All demographic data provided here exclude these participants.

Finally, engagement in social and occupational activities was measured using the total value of these two subscales from the level of functioning scale (19).

Experimental Paradigm

Stimuli were presented on a liquid crystal display monitor with a gray background (x = 0.324, y = 0.283, 32.76 cd/m²) and a continuously visible central fixation cross at a nominal viewing distance of 100 cm. On each trial, a sample array was presented for 200 ms that contained one, two, four, or six colored squares arranged around an invisible circle with a radius of 4.1, each of which measured 0.66 × 0.66 visual angle and was separated from the other squares in the sample array with a minimum distance of 2.12 (Figure 1A). The colors of the squares in the sample array were highly discriminable and selected randomly and without replacement from a list of red, white, black, blue, purple, green, and yellow. Following an 1800-ms delay interval, a test array was presented. On 50% of the trials, this array was identical to the sample array; on the other 50%, one of the items changed to a color that was not present in the sample array. Participants were asked to indicate by button-press response whether the test array was the same as or different from the sample array. Each participant received 96 trials of each set size.

Electroencephalogram Recording and Analysis

The electroencephalogram (EEG) was recorded continuously from 32 scalp electrodes (Fp1, Fp2, Fz, F3, F4, F7, F8, FCz, F3, F4, FCz, T3, T4, T5, T6, C3, C4, CP1, CP2, P3, P4, P7, P8, O1, O2, Oz, and Cz) from 32 scalp electrodes (Fp1, Fp2, Fz, F3, F4, F7, F8, FCz, F3, F4, FCz, T3, T4, T5, T6, C3, C4, CP1, CP2, P3, P4, P7, P8, O1, O2, Oz, and Cz)
Cz, C3, C4, T7, T8, Pz, P1, P2, P3, P4, P5, P6, P7, P8, P9, P10, POz, PO3, PO4, PO7, PO8, Oz, O1, and O2) at 1024 samples/s with a BioSemi ActiveTwo EEG recording system (BioSemi B.V., Amsterdam, Netherlands). The EEG was low-pass filtered online with a half-power cutoff at 1/5 sampling rate. Vertical and horizontal electro-oculograms were also recorded with four external electrodes: two above and below the left eye and two lateral to the external canthi.

Offline data processing was conducted in MATLAB (The MathWorks, Inc., Natick, MA) using the EEGLAB (20) and ERPLAB (21) toolboxes. Data were referenced to the average of the left and right mastoid electrodes and down-sampled to 512 Hz. Data were then segmented into 4-second epochs (1500 ms prestimulus to 2500 ms poststimulus) and baseline corrected to the mean prestimulus voltage. An independent component analysis was conducted to remove components from the data that were associated with eye blinks. After ocular correction, artifact rejection was performed by using a series of algorithms built into ERPLAB. We rejected any epochs with 1) amplitudes exceeding ±200 μV at any point in the epoch or 2) peak-to-peak amplitudes that exceeded ±150 μV within a 200-ms moving window. Finally, a visual inspection of the data was conducted to remove any remaining artifacts. HCS retained 72% of trials, and PSZ retained 71% of trials (p = .73). Supplemental Table S2 provides a breakdown of trials retained by set size.

To measure the task-related frequency content of the EEG signal, time-frequency analysis was conducted on single trials by convolving a Hanning-tapered three-cycle Morlet wavelet with the EEG from each channel. Posterior activity was measured by taking the average single-trial power of all 19 occipital and parietal electrode sites, and frontal activity was measured by taking the average power of the three frontal electrodes. Power was measured from each of four a priori frequency bands—theta (4–8 Hz), alpha (9–12 Hz), beta (13–30 Hz), and gamma (31–50 Hz)—and was baseline corrected to the proportional change in poststimulus power relative to the 1500 ms before the onset of the sample array on a logarithmic scale (dB). Baseline power was not significantly different between PSZ and HCS for alpha, beta, or gamma in either frontal or posterior electrode sites (t(59) < 1.27; p > .21); however, PSZ exhibited significantly elevated prestimulus theta power in both regions (t(59) > 3.18; p < .01) (Supplemental Figure S1), a difference that may be an effect of clozapine (22,23), as 12 of the 30 PSZ included in the present study were taking clozapine at the time of testing.

RESULTS

Task Performance and Cognitive Variables

Behavioral performance in this task can be decomposed into three conceptually independent factors: WM storage capacity ($K_{MAX}$), the probability that the participant was paying attention on a given trial (attention factor), and the bias to make a “change” guess (guess factor) when the participant was uncertain. We used a parameter estimation process (Supplement) (24) to estimate these three parameters from the entire set of behavioral data for each participant. $K_{MAX}$ was numerically but not significantly reduced in PSZ ($t_{59} = 1.34; p = .19$; Cohen’s $d = 0.34$), and attention factor was significantly reduced in PSZ ($t_{59} = 2.90; p < .01$; Cohen’s $d = 0.74$), indicating a higher probability of lapses of attention (Figure 1B). Guess factor is not typically theoretically meaningful, and it was not significantly different between the two groups ($t_{59} = 0.58; p = .56$). Among HCS, $K_{MAX}$ was significantly associated with Wechsler Abbreviated Scale of Intelligence IQ ($r_{28} = .54; p < .01$) as well as MATRICS total score ($r_{28} = .44; p < .05$) (Supplemental Table S3). Similarly, $K_{MAX}$ was significantly associated with Wechsler Abbreviated Scale of Intelligence IQ ($r_{28} = .42; p < .05$) and Wide Range Achievement Test ($r_{28} = .37; p < .05$) in PSZ. Attention factor was not significantly associated with cognitive performance for either HCS or PSZ; however, attention factor was significantly associated with better social/occupational functioning ($r_{28} = .41; p < .05$) and lower negative symptoms in PSZ ($r_{28} = -.57; p < .01$), suggesting that decreased attentional engagement is associated with poorer outcomes among PSZ.

Visual Evoked Potentials

Early visual evoked potentials were measured by taking the average of PO7/PO8, where P1, N1, and P2 were maximal. The waveforms are depicted in Supplemental Figure S2; the two groups did not significantly differ in mean amplitude for any of the three components that were measured (P1, N1, P2; $p > .18$).

Time-Frequency Analysis

The time-frequency transformation of the EEG data from posterior electrode sites is depicted in Figure 2 for HCS (top panel) and PSZ (middle panel) (for frontal electrode sites, see Supplemental Figure S3). The scalp distributions for delay-period (200–2000 ms poststimulus) alpha and beta activity are depicted in Figure 3A. The time courses of posterior alpha and beta activity are shown in Figure 3B (see Supplemental Figure S4 for frontal sites). As can be seen in Figures 2 and 3B, both groups exhibited a clear suppression of alpha activity from approximately 250 ms to 750 ms after the onset of the sample array, henceforth referred to as the suppression peak. This suppression peak is followed by maintenance suppression, which was observed for the remainder of the delay period.

We begin by describing alpha band activity and then move on to beta band activity. In HCS, alpha suppression was maintained fairly strongly throughout the delay period and was larger for larger set sizes. Alpha suppression was weaker in PSZ during both the suppression peak and the maintenance suppression phase, and set size had little impact on alpha suppression in PSZ.

These descriptions were supported by a repeated-measures analysis of variance with factors of group and set size. Collapsed across groups, the alpha activity from 200 ms to 2000 ms was significantly different from zero (i.e., suppressed) at all four set sizes at posterior electrode sites ($t_{59} > 12.07; p < .001$), and follow-up analyses indicated that the suppression was significant in both PSZ ($t_{28} > 7.80; p < .001$) and HCS ($t_{50} > 10.54; p < .001$). The alpha suppression was significantly greater in HCS than in PSZ (group effect [$F_{1,59} = 24.01; p < .001$; Cohen’s $d = 1.28$]). The increase in alpha suppression with increasing set size was
also significant (set size effect \( F_{3,177} = 14.08; p < .001 \)), and the stronger set size effect in HCS than in PSZ led to a significant group-by-set size interaction \( F_{3,177} = 3.03; p < .05 \). Despite this interaction, separate one-way analyses of variance revealed that the main effect of set size was significant for both HCS \( F_{3,90} = 11.58; p < .001 \) and PSZ \( F_{3,87} = 4.20; p < .01 \). Post hoc analyses revealed that PSZ exhibited significant impairment in both alpha suppression peak and maintenance suppression components \( t_{59} > 3.03; p < .01 \) (Supplement).

Beta band activity was also measured from 200 ms to 2000 ms and analyzed in a group-by-set size analysis of variance. As shown in Figures 2 and 3, the beta activity from 200 ms to 2000 ms was significantly different from zero at all four set sizes at posterior electrode sites \( t_{60} > 12.68; p < .001 \). Follow-up analyses indicated that suppression was significant at all four set sizes in both PSZ \( t_{29} > 8.10; p < .001 \) and HCS \( t_{30} > 10.25; p < .001 \). Beta suppression was significantly greater in HCS \( F_{1,59} = 15.40; p < .001 \); Cohen’s \( d = 1.02 \); however, in contrast to the alpha suppression findings, there was no significant main effect of set size \( F_{3,177} = 1.19; p = .32 \), and there was no group-by-set size interaction \( F_{3,177} = 1.17; p = .32 \). Again, post hoc analyses revealed that PSZ exhibited a significant impairment in both the beta suppression peak and the maintenance suppression components \( t_{59} > 3.43; p < .01 \) (Supplement).

The two groups did not differ in the magnitude of theta or gamma suppression during the delay period \( F_s < 0.14; p > .71 \). A similar pattern of results was observed at frontal electrode sites, although group-by-set size interactions reached only trend-level significance (Supplemental Figure S3).

**Time Course of Alpha/Beta Suppression**

The bottom panel of Figure 2 depicts the points of significant group differences, corrected for multiple dependent comparisons using threshold-free cluster enhancement (25,26). The weighting parameters for extent and height were set to 2/3 and 2, respectively (26). The most robust differences appear within the first 500 ms after stimulus onset. Similar effects were observed at frontal sites (Supplemental Figure S3). The Student t test comparisons on the mean alpha and beta band activity revealed that the earliest significant group differences emerged approximately 100–200 ms after the onset of the memory array in both alpha and beta frequency bands at posterior and frontal electrode sites.

**Alpha/Beta Suppression and WM Capacity**

We next asked the question of whether the average magnitude of alpha/beta suppression is associated with capacity separately for each group. There are two parts to this question. First, is the overall magnitude of suppression associated with...
capacity across participants? Second, is the relative increase in suppression across set sizes for a given participant associated with that participant’s capacity?

To answer the first question, we calculated composite alpha and beta suppression scores by taking the average suppression values across all four set sizes. $K_{MAX}$ was significantly associated with alpha and beta suppression for HCS at both posterior and frontal electrode sites ($r_{29} = -.38$ to $-.55$; $p < .05$) (Figure 4A), whereas $K_{MAX}$ was not significantly associated with suppression at either frontal or posterior electrode sites in PSZ ($r_{29} = -.11$ to $-.26$; $p > .16$). Despite these numeric differences in the magnitude of correlations across groups, Fisher’s $r$-to-$z$ transformation indicated that these differences were not significant ($p > .13$).

To address the second question, we examined the relationship between $K_{MAX}$ and modulation of alpha/beta suppression across set sizes. This analysis is based on the idea that participants who can effectively modulate alpha activity in accordance with the demands of the current trial will achieve a greater WM capacity. Suppression modulation was calculated as the subtraction between suppression at set size 6 and suppression at set size 1 ($\Delta$-alpha and $\Delta$-beta, respectively). More negative $\Delta$-alpha and $\Delta$-beta values would indicate a more effective modulation of alpha/beta to accommodate task demands for a given trial. The results of this analysis are presented in Figure 4B. Among HCS, $\Delta$-alpha and $\Delta$-beta were significantly associated with overall capacity at posterior electrode sites ($r_{29} = -.40$ to $-.46$; $p < .05$) and in the alpha band at frontal electrode sites ($r_{29} = -.59$; $p < .01$). Among PSZ, the relationship between $K_{MAX}$ and $\Delta$-alpha was significant in frontal electrode sites ($r_{29} = -.47$; $p < .01$); $K_{MAX}$ was not significantly associated with $\Delta$-beta at frontal sites ($r_{29} = -.14$; $p = .47$). In contrast, in HCS, neither $\Delta$-alpha nor $\Delta$-beta at posterior sites were significantly correlated with $K_{MAX}$ ($r_{29} = -.05$ to $-.30$; $p > .11$). Fisher’s $r$-to-$z$ transformation revealed that posterior $\Delta$-beta correlations with $K_{MAX}$ were larger in HCS at the level of a trend ($z = 1.65$; $p < .10$). All other relationships between $K_{MAX}$ and $\Delta$-alpha/beta were not significantly different between the two groups ($z < 0.62$; $p > .53$).

### Alpha/Beta Suppression and Attention

The above results indicate that $K_{MAX}$ is significantly associated with 1) overall magnitude of alpha/beta suppression and 2) modulation of alpha/beta suppression according to the WM load. We next examined the relationship between alpha/beta suppression and the attention parameter. We found that there were no significant correlations between attention factor and alpha/beta suppression in either the posterior or the frontal electrode sites for HCS ($r_{29} = -.02$ to $.15$; $p > .42$) or for PSZ ($r_{29} = -.03$ to $.29$; $p > .13$). To rule out the possibility that impaired suppression is a consequence of group differences in attention, we matched a subset of HCS and PSZ on the attention parameter. We found that there were no significant correlations between attention factor and alpha/beta suppression in either the posterior or the frontal electrode sites for HCS ($r_{29} = -.02$ to $.15$; $p > .42$) or for PSZ ($r_{29} = -.03$ to $.29$; $p > .13$). To rule out the possibility that impaired suppression is a consequence of group differences in attention, we matched a subset of HCS and PSZ on the attention parameter ($n = 18$ per group; attention factor $t_{34} = 0.02$; $p = .98$). With these subgroups of matched participants, the alpha/beta suppression impairment in PSZ remained significant at both posterior sites ($F_{1,34} = 6.21$–$10.05$; $p < .05$) and frontal sites ($F_{1,34} = 10.26$–$10.64$; $p < .01$). Attention factor

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**Figure 3.** (A) Scalp distributions of alpha (top panel) and beta (bottom panel) suppression during the delay period. (B) Time course of alpha and beta suppression in healthy control subjects (HCS) and patients with schizophrenia (PSZ) in posterior electrode channels.
was significantly correlated with the prestimulus alpha power in PSZ ($r_{28} = -.38; p < .05$), indicating that a greater propensity for attentional lapses was associated with higher alpha power before the onset of the memory array. These observations suggest that group differences in attentional lapse rate may impact estimates of WM capacity when lapses are not factored out from capacity estimates with the type of method used in the present study. Moreover, differences between groups in attentional lapses and in WM capacity appear to arise from different mechanisms (prestimulus alpha levels for lapses and poststimulus alpha/beta suppression for capacity).

**DISCUSSION**

We found that delay-period alpha and beta suppression was significantly reduced in PSZ at all set sizes. Furthermore, these suppression differences emerged early—approximately 100–200 ms after stimulus onset—lending support to the hypothesis that capacity in schizophrenia is constrained by early encoding/consolidation processes. We next sought to determine whether suppression impairment was associated with poorer task performance. We found two results that link this suppression mechanism to WM capacity. First, consistent with prior studies in healthy individuals (7,28), we found that greater alpha/beta suppression was associated with higher capacity (but not attentional lapse rate). Second, we found that higher alpha/beta suppression was associated with better cognitive functioning in HCS but not in PSZ. By contrast, alpha/beta suppression was not significantly correlated with outcome, symptom, or medication variables in PSZ. This lack of correlation between suppression and clinical and cognitive measures in PSZ may reflect the fact that PSZ were so uniformly unable to exhibit substantial suppression of alpha or beta (Figure 4A).

**Alpha/Beta Suppression and Cognitive Function**

Our final analyses examined the relationship between alpha/beta suppression and measures of cognitive function and symptoms. Specifically, we computed separate Pearson correlations between the alpha and beta suppression values at the posterior electrode sites (averaged across set sizes) and each of our neuropsychological and symptom measures. Because these analyses were exploratory rather than hypothesis driven, a correction for false discovery rate (27) was used. The correlations are shown in Supplemental Table S4 (Supplemental Table S5 shows correlations for frontal electrode sites). Overall, larger delay-period suppression in the alpha and beta frequency bands tended to be associated with better cognitive functioning in HCS but not in PSZ. By contrast, alpha/beta suppression was not significantly correlated with outcome, symptom, or medication variables in PSZ. This lack of correlation between suppression and clinical and cognitive measures in PSZ may reflect the fact that PSZ were so uniformly unable to exhibit substantial suppression of alpha or beta (Figure 4A).
Alhpa/Beta Suppression and Working Memory

capacity is associated with greater modulation of suppression as a function of memory load. Some studies have reported alpha enhancement (29) or attenuated suppression (30) in healthy individuals during the maintenance period with increased WM load. Although the precise reason for these seemingly inconsistent findings is unclear, one speculation is that alpha enhancement represents active suppression of distractor encoding, which was a feature of both of these previous studies (29,30). It will be critical for future investigations to examine conditions under which alpha is suppressed and enhanced to facilitate WM storage.

The above observations implicate impaired delay-period alpha/beta suppression as a promising candidate mechanism for altered WM function in PSZ. These results expand on recent work that found impaired lateralized alpha suppression during a task of visuospatial attention and WM in PSZ (31). That study suggested that poor spatial memory for the cue location was a consequence of impoverished alpha modulation in patients; here, we extend these results by revealing that suppression abnormalities can be observed during feature-based memory tasks as well. Furthermore, the magnitude of alpha/beta suppression in the present paradigm was associated with better cognitive function among HCS, indicating that this mechanism has broader functional implications beyond WM consolidation and maintenance. The lack of an association between alpha/beta suppression and cognitive function in PSZ may indicate that impairment of alpha/beta suppression is relatively consistent across PSZ, a conclusion that is supported by the narrower range of suppression values in PSZ.

Given that alpha/beta suppression appears to be functionally related to WM consolidation and maintenance, a sensible question that emerges from these observations is, how does suppression of alpha and beta frequency bands result in successful WM storage? Two non–mutually exclusive hypotheses have been proposed. First, it has been suggested that task-related reduction in alpha/beta power improves the richness of the visual representation (10). This view suggests that highly synchronous neural firing yields a reduction in the richness of the information that can be stored, as synchronous signals are inherently redundant. By contrast, desynchronization of the EEG increases the entropy of the signal, increasing the amount of information that can be encoded by neuronal populations.

A second hypothesis aims to account for the functional role of alpha suppression. In this view, items are encoded into WM by gamma bursts during the oscillatory trough of the ongoing alpha rhythm. During the encoding/consolidation period, alpha is asymmetrically suppressed, such that the oscillatory peaks become smaller, and the amount of time spent in the oscillatory trough is lengthened (32). From this perspective, alpha suppression functions as a gatekeeper for the encoding/consolidation process; after this process is concluded, alpha power rebounds to prevent accidental encoding of task-irrelevant items while the memory array is maintained through the delay period. To date, evidence from studies with healthy individuals has not directly compared these two hypotheses.

The present results provide compelling evidence that impaired alpha/beta suppression is a critical mechanism by which WM performance is constrained in health and illness.

One caveat that warrants mention is that the observed reduction in storage capacity in PSZ relative to HCS did not reach statistical significance (effect size = 0.34). By contrast, PSZ did exhibit a significant impairment in sustained attention. Given known vigilance deficits in this patient group (33), the attention impairment is perhaps not surprising; however, the present findings draw attention to the need to evaluate the separable contributions of attention and capacity to memory performance in future studies.

In conclusion, the present results suggest that this mechanism plays an important role in constraining WM performance. Whereas the relationship between suppression and task accuracy and cognitive ability is clearly observable among HCS, these same relationships are qualitatively weaker in PSZ. Therefore, it may be concluded that impaired suppression plays a role in WM capacity constraints among PSZ, but the coupling between this phenomenon and behavior is altered by some feature of the illness or medication exposure. Future experiments may explore additional routes by which capacity is constrained by early encoding/consolidation processes in PSZ.

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