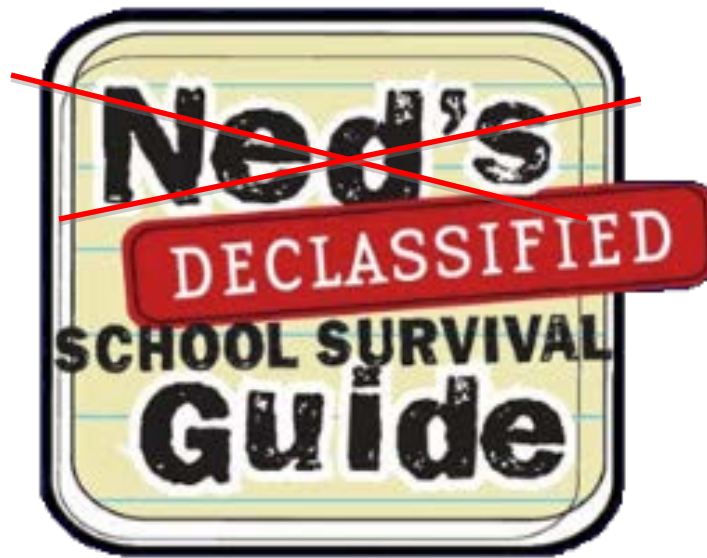


Daniels 4

**You'll Be Glad
To Know!**



**A Tip Sheet
for First Year
Students!**

1. Challenge yourself both in and out of the classroom because sometimes the most important lessons don't just come from textbooks
2. Making mistakes is OKAY, it is an opportunity for learning and personal growth
3. Take advantage of all of the opportunities and resources available to you at WPI, especially those related to career development
4. Make time for yourself and practice wellness: exercise regularly, get enough sleep, and eat healthy (aka cookies are not meant to be eaten for 3 full meals of the day)
5. Use the Library! There are so many valuable resources and people available to help you if you need it
6. Go to Class. Do the Work. Ask for help
7. Get to know your professors on a personal level by going to office hours. Establish this connection early on to foster a good relationship
8. Value diversity
9. Prioritize time for yourself too: it is okay to say "no"
10. Set short-term and long-term goals. Also keep in mind the expectations you have of yourself, the expectations you have of others, and the expectations people have of you
11. Don't be afraid to explore other fields of interest. Broaden your knowledge by taking classes outside your major!
12. Get organized with your schedule and find a happy balance between academics, athletics, and social life
13. Make collaboration a priority. One of the best ways to learn is to learn from your peers.
14. Follow your passions and HAVE FUN!