

Daily Routine

EXAMPLE

30

8:30 - 8:50	Free Play Indoors - puzzles, construction, matching, stacking and sorting games
8:50 - 9:30	Art and Creative activities, Music Ring
9:30 - 10:00	Snack and Juice time
10:00 - 10:15	Toilet time
10:15 - 11:30	Outside Play
11:30 - 11:45	Story time and Music
11:45 - 12:15	Lunchtime
12:15 - 14:00	Sleep time
14:00 - 14:15	Collection time / home time
14:15 - 14:45	Snack Time
14:45 - 15:30	Free Play indoors - puzzles, construction, drawing and play dough
15:30 - 16:30	Outside play
16:30 - 17:00	Indoor Free play and home time