TRIO Works in Maine!
2013 - 2014 Yearbook

Providing College Access and Retention Services
to over 6,300 Maine Adults and Youth

Educational Opportunity Center
Educational Talent Search
Student Support Services
Upward Bound
Upward Bound Math-Science

Inside TRIO In Maine
The Need for TRIO in Maine
Funding Updates
Program Missions
Performance Data
Alumni in Their Own Words

Produced by the Maine Educational Opportunity Association
www.meeoa.org
Need for TRIO

Education that Works
The decreased demand for traditional Maine jobs such as logging, shoe manufacturing, fishing, and farming is being replaced by jobs that demand higher levels of education. For the many Maine residents living in severe poverty, activities that allow them to prepare for this changing society are crucial. Maine’s TRIO programs provide such activities and preparation.

Maine’s TRIO programs work with students across the state to prepare them for joining the Maine workforce. Youth programs include the Educational Talent Search (grades 6-12) and Upward Bound (grades 9-12). Adult programs include the Educational Opportunity Center (adults aged 19 and over) and Student Support Services (college students at sponsoring postsecondary institutions.)

By removing the barriers faced by families with low-income and low educational attainment, TRIO programs in Maine help break the cycle of poverty. Increasing the educational attainment of this population not only strengthens Maine’s educated workforce, but it also reduces dependence on welfare systems. Thus, Maine’s TRIO programs are a vital part of economic growth in Maine.

“All 25 percent of Maine adults ages 25 to 64 hold bachelor’s degrees, compared with 35 percent of all New Englanders. In some rural Maine counties, only 15 percent of working-age adults hold four-year degrees.”


Why TRIO?
TRIO programs work to break the cycle of poverty by enabling low-income, first generation students to access, and succeed in postsecondary education.

For more information visit:
www2.ed.gov/about/offices/list/ope/trio/index.html
History
Collectively, these college access programs are referred to as “Federal TRIO Programs.” Upward Bound was the first to be created in 1964 by the Economic Opportunity Act. Educational Talent Search was established by the Higher Education Act of 1965 and a 1968 Amendment added Student Support Services. Subsequent Amendments in 1972, 1976, 1986 and 1990 added Educational Opportunity Centers, The Training Program for Special Programs Staff and Leadership Personnel, the Ronald E. McNair Post-Baccalaureate Achievement; and Upward Bound Math-Science -- but the “TRIO” name continued. The legislative requirements for the TRIO programs can be found in the Higher Educational Act of 1965, as amended, Title IV, Subpart 4.

Purpose
The primary purpose of TRIO programs is to prepare underserved persons for successful entry into, retention in, and completion of postsecondary education. These programs identify low income and potential first generation college students and provide them with encouragement, support, and assistance to help them achieve their educational goals.

Service
TRIO services are designed to improve academic performance, increase student motivation, and facilitate transitions from one level of education to the next.

“Some of my favorite things about TRIO include having an extra academic advisor, free printing, and all the special events, activities, and stress busters they plan. They are really there to support you through college! I probably could not have achieved as much as I have during my college career without them - they’re like a second family.”

Blair Pelletier
UMFK Class of 2013

MEEOA President Update

Dear Students, Alumni and Friends,

Over this past year the success of TRIO has not relied on any one person or program, however through collaborative efforts we have been able to advocate for equitable access to educational opportunities. It is hard to believe that this year marks the 50th year since Lyndon B. Johnson war on poverty and the creation of TRIO programs. While there have been considerable changes in the world, the focus of work has remained consistent over the years creating new opportunities for first generation, income eligible and disabled students.

We have a great team of people working in Maine supporting approximately 6,300 students across the State. TRIO projects in Maine represent five of the seven available TRIO programs, working with traditional students as early as the sixth grade to non-traditional students of any age. We’ve strengthened our alumni relations through strategic planning, press releases and community engagement getting the word out that TRIO Works!

Please take the time to learn more about the work we do, hear the success stories of our students and support educational opportunities for Maine students.

Chris Turner, President
Maine Educational Opportunity Association
# Maine’s TRIO Programs

<table>
<thead>
<tr>
<th>TRIO Program:</th>
<th>Participant Eligibility</th>
<th>Applicant / Funding Process</th>
</tr>
</thead>
<tbody>
<tr>
<td>Educational Opportunity Center</td>
<td>Serves individuals age 19 or above who have expressed an interest in pursuing postsecondary education and are in need of project services. If services of Educational Talent Search are not available in target area, persons under 19 may be served.</td>
<td>Competitions every four years. Second through fourth year funding is based on approval of a non-competing continuation application. The most recent competition was completed in spring 2011. The next expected competition is in 2015.</td>
</tr>
<tr>
<td>Educational Talent Search</td>
<td>Serves students in selected target area between the ages of 11 and 27 who have completed at least five years of elementary education.</td>
<td>Competitions held every four years. Second through fourth year funding is based on approval of a non-competing continuation application. The most recent competition was completed in late 2010. The next expected competition is in 2015.</td>
</tr>
<tr>
<td>Student Support Services</td>
<td>Serves students who are enrolled/ accepted in a sponsoring postsecondary institution, have an established need for academic assistance and are low income, first generation, and/or physically disabled.</td>
<td>Competitions held every five years. Second through fifth year funding is based on approval of a non-competing continuation application. The last competition was held in 2010. The next expected competition is in 2014.</td>
</tr>
<tr>
<td>Upward Bound</td>
<td>Serves students in selected target area between 13 and 19 who have completed 8th grade, are planning to go to college and need services to progress successfully to postsecondary program.</td>
<td>Competitions are held every four years. Second through fourth year funding is based on approval of a non-competing continuation application. The most recent competition was completed in Summer 2012. The next expected competition is in 2016.</td>
</tr>
<tr>
<td>Upward Bound Math-Science</td>
<td>Serves students between 13 and 19 who have completed 9th grade, are planning to go to college, have an interest in and aptitude for careers in math and science, and need the services in order to fulfill their goals.</td>
<td>Competitions are held every four years. Second through fourth year funding is based on approval of a non-competing continuation application. The most recent competition was completed in Summer 2012. The next expected competition is in 2016.</td>
</tr>
</tbody>
</table>

## Notable results from Recent Grant Competitions

- **SSS competition in 2010** - All existing SSS grants in Maine were refunded and one new grant was funded at the University of Southern Maine.
- **ETS competition in 2010** - The existing grant at the University of Maine was refunded and one new grant was funded at the University of Maine Presque Isle.
- **EOC competition in 2011** - The existing grant at the University of Maine was refunded.
- **GearUP competition in 2011** - The two existing grants in Maine did not receive funding.
- **UB Competition in 2012** - Six of seven existing grants were refunded and one new grant was funded at the University of Maine Farmington. The grant at the University of Maine did not receive funding.
- **UBMS competition in 2012** - The existing grant at the University of Maine was refunded.
<table>
<thead>
<tr>
<th>Program Location</th>
<th># Students Served</th>
<th>$ Award</th>
</tr>
</thead>
<tbody>
<tr>
<td>Educational Opportunity Center</td>
<td></td>
<td></td>
</tr>
<tr>
<td>University of Maine</td>
<td>2,150</td>
<td>$645,013</td>
</tr>
<tr>
<td>Educational Talent Search</td>
<td></td>
<td></td>
</tr>
<tr>
<td>University of Maine</td>
<td>1,052</td>
<td>$483,569</td>
</tr>
<tr>
<td>University of Maine at Presque Isle</td>
<td>474</td>
<td>$217,971</td>
</tr>
<tr>
<td>2 Educational Talent Search Projects</td>
<td>1,526</td>
<td>$701,540</td>
</tr>
<tr>
<td>Student Support Services</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Central Maine Community College</td>
<td>166</td>
<td>$266,788</td>
</tr>
<tr>
<td>Kennebec Valley Community College</td>
<td>171</td>
<td>$269,861</td>
</tr>
<tr>
<td>Northern Maine Community College</td>
<td>166</td>
<td>$234,634</td>
</tr>
<tr>
<td>University of Maine</td>
<td>379</td>
<td>$531,873</td>
</tr>
<tr>
<td>University of Maine at Augusta</td>
<td>341</td>
<td>$459,333</td>
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<tr>
<td>University of Maine at Farmington</td>
<td>171</td>
<td>$269,860</td>
</tr>
<tr>
<td>University of Maine at Fort Kent</td>
<td>152</td>
<td>$273,109</td>
</tr>
<tr>
<td>University of Maine at Presque Isle</td>
<td>171</td>
<td>$285,594</td>
</tr>
<tr>
<td>University of Southern Maine</td>
<td>133</td>
<td>$202,030</td>
</tr>
<tr>
<td>Washington County Community College</td>
<td>152</td>
<td>$231,880</td>
</tr>
<tr>
<td>York County Community College</td>
<td>166</td>
<td>$219,016</td>
</tr>
<tr>
<td>11 Student Support Services Projects</td>
<td>2,168</td>
<td>$3,245,007</td>
</tr>
<tr>
<td>Upward Bound</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Bowdoin College</td>
<td>101</td>
<td>$420,991</td>
</tr>
<tr>
<td>University of Maine at Farmington (2 separate projects)</td>
<td>132</td>
<td>$603,456</td>
</tr>
<tr>
<td>University of Maine at Presque Isle (2 separate projects)</td>
<td>122</td>
<td>$605,500</td>
</tr>
<tr>
<td>University of Southern Maine (2 separate projects)</td>
<td>120</td>
<td>$550,380</td>
</tr>
<tr>
<td>7 Upward Bound Projects</td>
<td>476</td>
<td>$2,088,314</td>
</tr>
<tr>
<td>Upward Bound Math-Science</td>
<td></td>
<td></td>
</tr>
<tr>
<td>University of Maine</td>
<td>64</td>
<td>$281,499</td>
</tr>
</tbody>
</table>

**22 TRIO Projects in Maine**

<table>
<thead>
<tr>
<th>Participants Funded to Serve</th>
<th>Total Federal TRIO Funding</th>
</tr>
</thead>
<tbody>
<tr>
<td>6,384</td>
<td>$7,178,084</td>
</tr>
</tbody>
</table>

These numbers have been adjusted to reflect the estimated 5.23% cut from Sequestration. These cuts resulted in the loss of services to approximately 350 students from 2012-2013 to 2013-2014.
Educational Opportunity Center (EOC) programs provide assistance and information to adults who seek to enter or re-enter a program of postsecondary education.

“Now that I have my degree, I make a greater impact on my children as a role model. It has changed our income for the better and allows me to give back to the community while working at the hospital.”

Carola
In 2002, I came to the US for personal reasons. I visited the University of Maryland to apply to study in my career and give myself & my 3 children a better way of life.

Unfortunately, my language limitations thwarted my ambitions. I just kept working at McDonalds & cleaning houses.

In July 2006, my family moved to Presque Isle & I met Teri Morse from TRIO. That was the starting point.

I understood more English & was able to translate my classes. According to the teachers & Teri, I was ready for college but I did not feel that way at the time. Fortunately, they pushed me because they believed in me. Now I have my degree as an MLT & a very nice job at a hospital.

The EOC program is very important. They made sure all my required paperwork was done properly including FAFSA, University forms, & fee waivers. TRIO also helped my husband get started at UMPI.

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Funding and Performance

<table>
<thead>
<tr>
<th>Current Funding for Maine</th>
<th>National Funding</th>
</tr>
</thead>
<tbody>
<tr>
<td># of Awards</td>
<td>126</td>
</tr>
<tr>
<td># of Participants</td>
<td>189,131</td>
</tr>
<tr>
<td>Grant Award</td>
<td>$364,300</td>
</tr>
<tr>
<td>Cost per Participant</td>
<td>$243</td>
</tr>
<tr>
<td>$45.9 Million was awarded in FY 2013</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>National Funding</th>
</tr>
</thead>
<tbody>
<tr>
<td>Number of Awards</td>
</tr>
<tr>
<td>Total # of Students Served</td>
</tr>
<tr>
<td>Average Awards</td>
</tr>
<tr>
<td>Average # of Participants</td>
</tr>
<tr>
<td>Cost per Participant</td>
</tr>
</tbody>
</table>

Performance Outcomes
Based on data from the most recently filed Annual Performace Report, filed in November 2013.

In 2013:
- 646 Maine Educational Opportunity Center participants enrolled in college.
- MEOC assisted 1,495 participants in applying for their FAFSA.

Since 1991 the Maine Educational Opportunity Center
- Placed more than 14,500 adults in college.
- Assisted more than 41,000 Maine adults in exploring college and career options.

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Funding Cycle
The last EOC grant competition was held in Spring 2011. At the time, the lone EOC in Maine was refunded at it's previous levels. The next competition is expected in 2015.
The Educational Talent Search (ETS) program identifies at risk youth who have the desire and potential for success in postsecondary education. The primary goal of ETS is to successfully encourage participants to enroll in postsecondary education.

Lauren

Prior to the TRIO program, my family and I were unsure of the entire college process. METS helped me in terms of career interests and preparation and knowledge of SAT’s, applications and financial aid. I was much more informed, academically and financially, in terms of my college options.

I attended UMASS Amherst on a division I field hockey scholarship, garnering national accolades as an athlete and scholar. In May 2009 I received a BS in Animal Behavior, a major I designed myself.

I have recently applied to doctoral programs to study hormones and behavior in birds and the way it is affected by man-made chemicals in the environment. My goal is to positively contribute to endangered species conservation by becoming a capable research scientist and educator.

“My athletic and academic experiences helped to form the driven, hard working person I am today, and that all began with the METS TRIO program helping me to believe it was possible.”

Funding and Performance

### Current Funding for Maine

- Number of Awards: 701,540 was awarded in FY 2013
- # of Awards: 2
- Total # of Participants: 1,526
- Average Grant Award: $350,770
- Average # of Participants: 763
- Average Cost per Participant: $460

### National Funding

- Number of Awards: 454
- Total # of Students Served: 297,332
- Average Awards: $299,490
- Average # of Participants: 690
- Cost per Participant: $434

Performance Outcomes

Based on data from the most recently filed Annual Performance Report, filed in November 2013.

In 2013:

- 93% of METS seniors graduated having completed a rigorous program of study.
- 89% of METS seniors enrolled in postsecondary education.

Since 1977 Maine Educational Talent Search programs have assisted more than 10,000 Maine Youth enroll in college.

Funding Cycle

The last ETS grant competition was held in Winter 2011. At the time, Maine was awarded two ETS programs, one new and one renewal. The next competition is expected in 2015.
The Student Support Services (SSS) Program provides supportive services to disadvantaged college students to enhance their potential for successfully completing the education program in which they are enrolled and to facilitate their transition to the next level of higher education.

“TRIO/SSS and its dedicated staff helped me begin my educational path and gave me the encouragement I needed along the way to keep going.”

Funding and Performance

Current Funding for Maine
$3.25 Million was awarded in FY2013

| # of Awards | 11 |
| # of Participants | 2,168 |
| Average Award | $295,001 |
| Average # of Participants | 197 |
| Cost per Participant | $1,498 |

National Funding
$275.23 Million was awarded in FY 2013

| Number of Awards | 1028 |
| Total # of Students Served | 275,228,868 |
| Average Awards | $267,732 |
| Average # of Participants | 187 |
| Cost per Participant | $1,432 |

Performance Outcomes
Based on data from the most recently filed Annual Performance Report, filed in Fall 2013.

In 2013, based on surveyed SSS programs:
- Maine Student Support Services programs served 2,294 eligible students.
- 91% of Maine Student Support Service Participants were in Academic Good Standing.
- 83% of Maine Student Support Service Participants persisted to the next year.

Funding Cycle
The last SSS grant competition was held in Winter 2010. At the time, the existing ten SSS programs were refunded and one new program was awarded at the University of Southern Maine.
Upward Bound (UB) Programs generate skills and motivation necessary for success in education beyond high school. Participants are currently enrolled in high school, low income and/or potential first generation, and willing to prepare themselves for entry into postsecondary education.

“I am proud to be the first person in my family to graduate from college.”

Funding and Performance

<table>
<thead>
<tr>
<th>Current Funding for Maine</th>
<th>National Funding</th>
</tr>
</thead>
<tbody>
<tr>
<td>$2,089 was awarded in FY 2013</td>
<td>$255.15 Million was awarded in FY 2013</td>
</tr>
<tr>
<td># of Awards</td>
<td>7</td>
</tr>
<tr>
<td>Average Awards</td>
<td>$298,425</td>
</tr>
<tr>
<td>Average # of Participants</td>
<td>68</td>
</tr>
<tr>
<td>Average Cost per Participant</td>
<td>$4,388</td>
</tr>
<tr>
<td>Cost per Participant</td>
<td>$4,302</td>
</tr>
</tbody>
</table>

Performance Outcomes
Based on data from the most recently filed Annual Performance Report, filed in Winter 2013.

In 2012:
- Maine Upward Bound programs served 476 eligible students.
- 80% of Maine Upward Bound students enrolled in post-secondary education.
- 71% of Maine Upward Bound students who started post-secondary education in 2011, continued on to their second year.

Funding Cycle
The last UB grant competition was held in Winter 2012. At the time, Maine was awarded 7 UB programs, one new and six renewals. There was also one program that did not receive renewal funding. The next competition is expected in 2016.

Cara
I don’t remember making the decision to go to college – it was always there. What was not there, and what worried me most was how to pay for college. As the first child of a homemaker and a factory worker, questions of how to apply, where to apply, and what was available surfaced later.

The college trip that I took to Smith as a rising senior opened my eyes to a world that I really did not know was possible. Upward Bound taught me how to complete and submit my applications, brought me to interviews, helped my mother fill out my financial aid forms.

Currently, I am a Communications Coordinator at a statewide sexual assault support advocacy program.

I am proud that I have not forgotten where I came from & that my experiences up until this point inform the work I choose to do today. It is safe to say that if not for going to college, my life would be drastically different.

“I am proud to be the first person in my family to graduate from college.”
Upward Bound Math-Science strengthens the math and science education of participating students, assists them in demonstrating competency and encourages them to pursue postsecondary degrees in math and science fields.

“Thanks to Upward Bound Math-Science, I am the first person in my family to go to college.”

Funding and Performance

<table>
<thead>
<tr>
<th>Current Funding for Maine</th>
<th>National Funding</th>
</tr>
</thead>
<tbody>
<tr>
<td># of Awards</td>
<td>Number of Awards</td>
</tr>
<tr>
<td>1</td>
<td>166</td>
</tr>
<tr>
<td># of Participants</td>
<td>Total # of Students Served</td>
</tr>
<tr>
<td>64</td>
<td>9,728</td>
</tr>
<tr>
<td>Grant Award</td>
<td>Average Awards</td>
</tr>
<tr>
<td>$281,499</td>
<td>$252,004</td>
</tr>
<tr>
<td>Cost per Participant</td>
<td>Average # of Participants</td>
</tr>
<tr>
<td>$4,398</td>
<td>59</td>
</tr>
<tr>
<td></td>
<td>Cost per Participant</td>
</tr>
<tr>
<td></td>
<td>$4,300</td>
</tr>
</tbody>
</table>

Performance Outcomes
Based on data from the most recently filed Annual Performance Report, filed in January 2013.

In 2012:
• 91% of Maine Upward Bound Math-Science students achieved a C+ or greater grade point average.
• 90% of Maine Upward Bound Math-Science students enrolled in PSE.

Funding Cycle
The last UBMS grant competition was held in Summer 2012. At the time, Maine’s the existing UBMS was refunded. The next competition is expected in 2016.

Becoming a Veterinarian has always been a dream of mine ever since I can remember. However, until Upward Bound Math-Science (UBMS) came along, I was afraid that I would never be able to fulfill that dream. As the eldest of three children raised by a single mother, college seemed like a fairytale.

The individual project that UBMS students do each year was one of the greatest experiences. With the individual project, students are placed with a mentor to do research on a topic of their choice and to present their findings at the end of six weeks to a panel of judges. It is thanks to this experience that I found a work-study job on campus doing research on the effects of ethanol consumption on mice and rats.

Thanks to UBMS, I am the first person in my family to go to college. I am now a sophomore at the University of Maine obtaining my BS in Pre-Veterinary science with a minor in Equine Studies. For me, UBMS was like a second family, and I can't thank them enough.
Maine Educational Opportunity Association
Member Programs

**Bowdoin College**
Upward Bound
Project Director: Bridget Mullen
bmullen@bowdoin.edu
http://academic.bowdoin.edu/upward_bound/

**Central Maine Community College**
Student Support Services
Project Director: Anne St. Pierre
astpierre@cmcc.edu
www.cmcc.edu/academics/TRIOsuccessCenter.asp

**Kennebec Valley Community College**
Student Support Services
Project Director: Lori Wingo
lwingo@kvcc.me.edu
http://www.kvcc.me.edu/Trio/

**Northern Maine Community College**
Student Support Services
Project Director: Tammy Nelson
tenelson@nmcc.edu

**University of Maine**
Educational Opportunity Center
Educational Talent Search
Project Director: David Megquier
megquier@maine.edu
http://meoc.maine.edu
http://mets.maine.edu

Student Support Services
Project Director: Alan Parks
alan.parks@umit.umaine.edu
http://www.umaine.edu/sss/

Upward Bound Regional Math-Science Center
Project Director: Rebecca Colannino
becky.colannino@umit.umaine.edu
http://www.umaine.edu/ub/

**University of Maine Augusta**
Student Support Services
Cornerstone Program
Project Director: Dori Fellman
dorrea.fellman@maine.edu
http://www.uma.main.edu/cornerstone.html

**University of Maine Farmington**
Student Support Services
Project Director: Claire Nelson
claire@maine.edu
http://brg.umf.maine.edu/

Upward Bound
Project Director: Lynn Ploof-Davis
lynnp@maine.edu
http://upwardbound.umf.maine.edu/

**University of Maine Fort Kent**
Student Support Services
Project Director: Lena Michaud
lmichaud@maine.edu
http://www.umfk.maine.edu/acserv/default.cfm?ref=2

**University of Maine Presque Isle**
Student Support Services
Project Director: Mary Kate Barbosa
mary.barbosa@umpi.edu
http://www.umpi.edu/current-students/sss

Talent Search
Upward Bound
Project Director: Darylen Cote
darylen.cote@umpi.edu
http://www.umpi.edu/prospective-students/upward-bound

**University of Southern Maine**
Student Support Services
Upward Bound
Project Director: Laurie Davis
ljdavis@usm.maine.edu
http://www.usm.maine.edu/upwardbound/

**Washington County Community College**
Student Support Services
Project Director: Gayle Moholland
gmoholland@wccc.me.edu
http://www.wccc.me.edu/index.php?option=com_k2&view=item &layout=item&id=10&itemid=381

**York County Community College**
Student Support Services
Project Director: Jane Foley
yjfoley@yccc.edu
http://www.yccc.edu/CampusServices/NorthStarTRIO/Ser-
vices.aspx
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For more information on TRIO in New England:
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For more information on TRIO Nationally:
www.coenet.us; Twitter: @COEtalk

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