THE ONLY
BARRIERS
IN LIFE

ARE THE ONES
WE CREATE
IN OUR MINDS

**Personal Goals** 

This semester:

This year:

1 thing I will do differently this semester

always be a

GOAL DIGGER **Health Goals** 

This semester:

This year:

**Academic Goals** 

This semester:

This year:

My career goal:

Something I'm looking forward to in the future:



Stay Positive