



# PAUL SMITH'S COLLEGE

## Alumni and Friends Newsletter

May 2020



Photo by Randy Martinez, Class of 2020

### **SMITTIES PERSIST**

#### **Coronavirus challenges us all**

Paul Smith's College is not immune to the rapidly expanding coronavirus pandemic. Our students were on their Spring Break when the virus started to show its force in the state of New York. Quick, thoughtful decisions had to be made by the college for the safety of our students, faculty, staff and greater community. The first decision was made to extend spring break; students were given an extra week. During that time, as the pandemic grew closer to our community and was affecting a greater number of people each day, each hour really, the college administration decided to take classes online for the remainder of the semester. We are fortunate to live in an age where this possibility even exists.

Still, challenges would arise. A student population who is so accustomed to hands-on learning had to adjust. Seniors, in their last semester, had to learn to use new websites in order to complete their studies. Through it all, patience and understanding have prevailed. Faculty and staff adjusted, and checked in with students, and it seemed that everyone did what they could to help one another. Success happens when people come together. And through it all, we've learned that we need to be compassionate, we need to be more understanding and we need to help where we can. Through it all, Smitties persist.

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## STUDENTS OF PAUL SMITH'S COLLEGE



### Being a Smitty in the Age of COVID-19

During the past few months our global community has felt the impact from the COVID-19 pandemic. Within the last few weeks our college campus has felt it in the form of needing to close our beloved college campus in the name of public health and safety. The decision was one that I know was not made lightly but in the end it was one that put our community's health and security first which is what matters most. The recent most weeks have brought our student community a fully online education, thanks to the rapid response and planning by faculty and staff at our institution. In true dedication our college has kept its commitment to ensuring an education for all students.

As the few remaining days approach I send a message to all current students, fellow senior class members and our gracious alumni, though our nation has been put at a halt during these times know that the PSC community remains strong and well. Over the last four years I have spent living and learning amongst this campus I have grown to know what is the spirit of a Smitty, it is one of resilience, courage, and support that one can only gain from an education at our college. As many seniors like myself approach commencement I ask our alumni to join me in congratulating the members of the class of 2020 in their efforts especially under such circumstances.

By Randy Martinez, Senior Class President of 2020

# EYES ON ALUMNI

## Smitties Cook

Smitties Cook is a cookbook created by Paul Smith's College Alumni. Proceeds from the cookbook are donated to the Endowed Alumni Scholarship Fund, helping current Smitties pay for college. Here is just one of the many recipes from the cookbook. Interested in purchasing your own copy? Just click here to order from the Packbasket Bookstore:

[Smitties Cook](#)

**CHEF JOHN'S CAJUN PASTA ALFREDO**

<i>½ c. diced onion</i>	<i>4 c. heavy cream</i>
<i>½ c. diced red bell pepper</i>	<i>2 c. grated Parmesan</i>
<i>½ c. diced green pepper</i>	<i>4 c. cooked penne pasta</i>
<i>¼ c. chopped garlic</i>	<i>¼ c. Paul Prudhomme Redfish</i>
<i>1 lb. Andouille or Cajun smoked sausage</i>	<i>Seasoning</i>
<i>½ lb. chicken breast, diced</i>	<i>½ c. fresh diced tomato</i>
<i>1 stick butter or ½ c. olive oil</i>	<i>½ c. chopped green onion</i>
	<i>¼ c. chopped fresh basil</i>

In a large sized pot sauté with butter or oil all veggies and meats. Let simmer, until chicken is cooked thoroughly. Add Cajun seasoning. Let simmer 5 minutes. Add heavy cream and let come to bubble and light simmer, add basil. As cream is simmering slowly, add Parmesan cheese to thicken cream for Alfredo sauce. Add pasta. Finish with freshly diced tomatoes and green onions for color!! Serves 4. Of course, serve with garlic bread and maybe a nice Caesar salad!! Enjoy!!

*John S. Pelton*  
1985 - AAS in Culinary Arts

## Smitty Sightings

We all have stories about where we have run into a Smitty. When we sport the hat, t-shirt, sweatshirt, or car decal we get noticed. Maybe it was just a passing moment where you shared your connection. Maybe you got a name, class year and even a picture. Let us know where you have had a Smitty Sighting! Email the Alumni Office with your Smitty Sighting at [alumni@paulsmiths.edu](mailto:alumni@paulsmiths.edu). Include a photo if you have one!

Just a few of my encounters:

- Walking down the street in Boulder, CO someone noticed my Leaning Pine hat and we shared a brief chat.
- While getting a vehicle fixed, also in CO, the salesperson hunted us down to find out who went to PSC. We traded fond memories of dorm life, favorite professors, and how we ended up where we are now.
- Got a high five from a Smitty atop Cadillac Mountain in Acadia National Park.



You never know where you'll find us, but we seem to be everywhere!

By Andrea (Dewey) Urmston '89PSC Alumni Association Board of Directors Communication Committee Chair

## **An Historical Article from the New York Daily Tribune,**

**dated Sunday, June 9, 1901**

PAUL SMITH'S

### A FAMOUS ADIRONDACK HOST AND HIS ROYAL PARK

The Adirondacks and Paul Smith's are to a multitude of sportsmen and pleasure seekers of all descriptions synonymous terms, and with many who have never had the fortune to visit this happy region Paul Smith's is the Adirondacks. That this is so is by no means strange to those who know the story of the mountains and the prominent part played by this noted host in the growing popularity of the region. Thirty or forty years ago, when adventurous sportsmen began to discover the grand beauties and unequalled sport that were to be found in the little known north corner of this great state, they looked about for someone familiar with the region who could guide them through the trackless forests and along the almost unknown waterways that predominated the country. They heard by chance of a stalwart woodsman, who, led by his love of nature and the true sportsman's spirit, had left his former home in the Green Mountains, and was struggling to establish a new home in this wilderness that satisfied his most ardent longings. With some difficulty these early sportsmen found their way to the modest cabin of Paul Smith, who welcomed them as brothers of the craft, and both entertained them and guided them to his favorite hunting grounds and trout streams. It was not solely a matter of profit with Paul (as he has ever since been known to hosts of warm friends), but the pleasure of sharing his pleasures with kindred spirits.

Each year these sportsmen returned to their new found paradise, bringing their comrades with them and always seeking their friend in the mountains. Soon, the little cabin became too small for the demands made upon it and the increasing number of visitors and larger accommodations were necessary, and, finally, a new house was erected on the shores of the beautiful St. Regis Lake, which had become a favorite camping place with the hunting parties from the outside world. This, too, was but a modest place, hardly to be dignified by the name hotel, but the reputation of its proprietor as a genial host, an unexcelled guide and a welcome companion of the chase was spreading in the world, as were the beauties and advantages of the region, and the hunting lodge in the woods began to expand to meet the requirements made upon it. This was many years ago, and although Paul Smith's, as the establishment has always been known, can now accommodate more than four hundred guests, the end is not yet, and it fully merits its reputation as one of the largest and most delightful pleasure resorts not only in this country but in the world. Although advanced in years, Paul Smith is still the host as of old, but the active management of the great establishment is now conducted by his two sons, Phelps Smith and Paul Smith Jr., who are, respectively, secretary and treasurer of the Paul Smith Hotel Company, of which the founder is the president.

Situated on the shore of the lower St. Regis Lake, in one of the fairest portions of this beautiful region, Paul Smith's is a community by itself, for it includes not only the great hotel, with all its well known comforts and bountiful hospitality, but it is surrounded by a dozen or more handsome cottages which are leased by families, many of whom may be considered as permanent residents, so regularly do they return. Besides the hotel and cottages, a number of pretty camps are scattered along the shores of the lake, while on Spittfire and the Upper St. Regis are a number of beautiful forest homes, whose elegance has gained a national reputation.

There is no town here, with its bustling business suggesting the cares and worries of the outside world, for Paul Smith, loving his wilderness, and determined to preserve the beauties of his home, began early to make purchases of the surrounding lands, and now his holdings amount to more than twenty thousand acres, a royal park in a royal region, and all of it open to the pleasures of his guests. Within this park are a dozen lakes and ponds, an endless source of

pleasure to summer visitors, for they are linked together or so nearly adjacent that many charming excursions may be made upon them, passing from one to another in pleasing succession. This group of lakes is also the northern terminus of the great waterway of the mountains, extending from Fulton Chain and Blue Mountain Lake, on the south, to the Lower St. Regis on the north, a distance of nearly a hundred miles. Besides the forests, the mountains and the lakes, which surround the hotel and are the source of so much pleasure, there are a multitude of other diversions, so that every choice can be satisfied, and there need be no idle moments to hang heavy on one's hands. On the lakes there are regattas and boat races in frequent succession; adjoining the house is a spacious athletic, where many exciting baseball matches are played each summer and a fine asphalt tennis court is also provided. Not far away there is an excellent golf course, in charge of a professional attendant, and the St. Regis Golf Club gives handsome weekly and annual prizes to be competed for. In the hotel itself there is large recreation hall, provided with a stage, where many a pleasant dance is held and other entertainments are of frequent occurrence, and billiard rooms for both men and women are provided. A feature of this ideal establishment is the water used for drinking, for it is obtained from a spring of unusual purity far back in the hills, whence it piped to the hotel and adjoining cottages. Chemical analysis shows that this water is absolutely free from impurities, and in such great favor is it held that in compliance with innumerable demands, the water has been placed on the market and Paul Smith's Adirondack Spring Water may be obtained in most of the large cities throughout the country.

While speaking of Paul Smith and his doings, an allied house, and one owned by his company, should not be forgotten-The Fouquet House, as Plattsburgh. This will be found a convenient resting place by tourists who approach or leave the Adirondacks by way of Lake Champlain, and as it is conducted by James Haney, a graduate of the other recommendation is necessary.

Submitted by Tara Butcher '01, PSC Alumni Association Board of Directors



## Alumni Documentary Involvement



Photo: Canada's National Bird – the Mosquito – taken on my first Expedition above the Arctic Circle

By Charles Brill '81

Over the past 5 years I have had the great honor to have taken three arduous and remote canoe trips totaling over 800 miles and 7 weeks, all above the Arctic Circle, with professional Explorer In Residence at the Royal Canadian Geographical Society, and Writer, Dr. Adam Shoalts.

Two summers ago Adam completed a 4000 KM, 4 month solo trip across Canada's Arctic. I was part of the Expedition Support for that trip, flying into Whitehorse to pick up his canoe and drive it 650 miles north on a dirt road known as the Dempster Highway, across the tundra, to deliver it to him as he completed the first part of the Expedition on foot. That Expedition was made into a documentary and was released on Apple TV under the title; "Alone Across the Arctic" - below is the trailer.

<https://www.youtube.com/watch?v=JB89H1nsdUU>

Links to his best-selling books/website – yours truly has the photo credit for the cover photo of his latest book "Beyond the Trees":

<https://adamshoalts.com/literature/>

<https://itunes.apple.com/us/movie/alone-across-the-arctic/id1501013725>

# AROUND CAMPUS

## Paul Smith's College Adventure Guides

By Bobby O'Connor, Environment and Society Faculty



As we patiently wait out this pandemic, quarantined to our own homes, we can't help but dream of the freedom and satisfaction of the great outdoors. Even while stuck inside, the Paul Smith's College Adventure Guide Service is preparing to gear up for a busy and action packed summer! The PSC Adventure Guide Service developed and directed by Bobby O'Connor and Matthew Dougherty was established the summer of 2018. The mission of the guide service is to provide world-class adventure experiences for a diverse group of clientele while exemplifying the importance of professionalism, outdoor etiquette, and competence of skill. Additionally, the guide service is meant to provide students that want to work in the industry with more hands-on experience while also growing community connections with the college.

At this point you might be asking yourself, so what does the guide service do? The short answer is, everything! We can tailor to your needs and if required, hire outside resources to make your trip a reality. With that being said, our main outings focus on paddling, hiking, rock and ice climbing, mountaineering, ropes course/team building, and Nordic or back-country skiing. We are extremely fortunate with the location of our college and guide service. We are located in the center of a six-million-acre park with world-class outdoor activities right outside of our doorstep. Day trips include paddling the world famous seven carries from campus, team building on the ropes course stationed right on the lower St. Regis, or rock climbing on the campuses privately owned quarry wall. The quarry wall is a 60-foot natural rock wall perfect for single pitch climbing and anchor building seminars. If you are dreaming about getting further into the back-country, maybe an overnight or multi-day expedition is the answer! If you wish to know more about the Paul Smith's College Adventure Guide Service or would like to start planning your summer vacation, reach out to Bobby or Matt at [roconnor@paulsmiths.edu](mailto:roconnor@paulsmiths.edu) [mdougherty@paulsmiths.edu](mailto:mdougherty@paulsmiths.edu)



## An endearing message from the Provost to Faculty on April 10, 2020

Dear Paul Smith's College Faculty,

As I have said several times, I continue to be amazed by the heroic work of the PSC faculty adapting to the new online environment. You are all great. In an effort to make this more specific, it is my great pleasure to announce the **“OMG I have to teach online with no preparation” awards** for exceptional online teaching.

The awards are purely honorary (sorry, no cash like with the Chamberlin) and pretty whimsical. Frankly *everyone* deserves an award, but this is not Little League, so no participation trophies!

- For “Forestland Hunter of the Week” (tracking down every student in Silvi!): Kris Whitbeck
- For “Seamless Transition of Courses to Online”: Corey Laxson
- For “Thank God I have a cell phone that’s not a flip phone anymore”: Becky Sutter
- For “Exceptional lab-capture while hanging in a tree”: Randall Swanson & Matt Johnson
- For “Exceptionally Clear Communication with Students”: Lee Ann Sporn
- For “Go Pro Professionalism”: Kate Glenn
- For “Providing a Super-cuddly home page, *and* Legendary Networking Skills” (bringing outside professionals into her class): Mel Johnson
- For “Exceptional and Extensive use of Videos”: Bethany Garretson
- For “Transforming More Classes to online than most of us could ever imagine taking (let alone teaching) at the same time”: Craig Milewski
- For “Taking on TWO new one-credit classes”: Bruno Neveu
- And finally, the “Velvet Rope Award for figuring out how to stop Zoombombing”: Jamie Wilson

Congratulations to all the winners, and everyone else who deserves recognition...which is frankly everyone receiving this email.

All the best,

Nicholas

Nicholas Hunt-Bull, Ph.D., Provost and VPAA



## Athletics at Paul Smith's College



### 2020 US Snowshoe Nationals at Colorado Mountain College in Leadville, Colorado

February 29, 2020

By Jim Tucker, Director of Athletics

Paul Smith's College is excited to announce that four of our snowshoe runners earned Collegiate All-American honors from the Collegiate Running Association as well as the United States Snowshoe Association by virtue of their top five individual performances at 2020 US Snowshoe Nationals in Leadville, Colorado. All seven of the Paul Smith's College runners received medals from the US Snowshoe Association for their top ten finishes in their respective collegiate events.

Over 200 athletes took part in the 5K and 10K races at US Nationals, representing a broad range of ages, and competing for spots on the US National team as well as age group medals and the opportunity to compete in Leadville, Colorado on a course located over 10,000 feet above sea level.

Sam Finger (FR: Canandaigua, NY/Canandaigua Academy) became the first Paul Smith's College runner to earn collegiate All-American honors as a snowshoe runner, by virtue of placing third in the Collegiate (U-20) men's 5K. Sam reported that the first mile was tough, trying to determine a pace that he could maintain and still be able to breath efficiently. "It is tough to keep your mind in control, when your body wants to run at the same pace you would back in the east, and the Colorado runners seem to be unaffected by the altitude."

Sam had demonstrated some solid internal strength in the previous couple of weeks, as he was new to endurance training and racing this season, and yet he placed fourth in the Frigus 15K two weeks prior to nationals, and then 3<sup>rd</sup> at the 15K at the Paul Smith's College VIC. Finger placed third in a time of 28:47.

First and second place went to Chris Rohlf and Jason Macaluso, both of host school, Colorado Mountain College in Leadville, CO. Elliot Read of Western Colorado University came in fourth.

Paul Smith's followed up with four runners in the men's 10K. The team was paced by Zack Spratt – Scribner (FR: Watertown, NY/Watertown HS) who earned Collegiate All-American honors as well for his fifth place finish. Zack had a great race in the Frigus 15K at Moreau Lake State Park two weeks prior to nationals, winning the race in zero-degree

temperatures, and then placing second in the 15K at the Paul Smith's College VIC a week later. Zack felt confident going into the event, knowing he had solid performances in these 15K races, and was able to rely on his experience backpacking at high elevations in India to mentally prepare for the exertion and effort it takes to compete and work at such high elevations.

Nicholas Ferrara placed sixth for Paul Smith's, finishing one spot out of making the US Collegiate All American. After the race, Nick said, "I have hiked the 46 High Peaks in the Adirondacks, but I have never been at this type of elevation before this trip. Breathing at 10,000' is no joke. I drew upon my teammates, as they always push me to work harder. Since arriving at Paul Smith's, I have worked hard to develop my strength and conditioning, and I have been able to get my teammates to workout with me. I believe this enabled us to become better uphill runners this season. Knowing before this season began, we worked hard in preparation for nationals, knowing we would certainly be at a disadvantage while trying to race at 10,000 feet. We raced more races, and longer distances this winter than last winter seeking to prepare for Leadville.

Nick was followed in 8<sup>th</sup> by Matt Frye and in tenth Zack Bobbie. Frye's teammates knew that he had worn his heels raw with large blisters two weeks prior in a 15K race, but he wasn't going to let that stop him from doing his best at Nationals. He had competed in the World Championships both in Spain (2018) and in Italy (2019), and despite the pain, he wanted to do the best he could at Nationals in Leadville.

Frye said after the race, "Throughout the race, there were many times I wanted to just give up because of the pain I was going through. Thoughts kept running through my head telling me to quit now and it will all be over. The thoughts that ran through my head sounded good at the time, but then I quickly realized that I wasn't just doing this race for me. I was racing for my teammates, my coach, and my family. I didn't want to let anyone down, so I pushed myself probably the hardest I ever pushed myself before to cross that finish line. With blood dripping down my nose and all over my hands, and my blisters on both heels torn completely, my willpower allowed me to proudly cross that finish line." Frye wasn't even aware that his nose was bleeding until someone pulled him to the medical tent from the finish chute after the race. His teammates noticed the blood on his hands and face and wondered if he suffered a bad fall on the course. The medical staff determined that he had a nosebleed, likely due to the dry air and altitude. Within fifteen minutes or so, he was cleaned up and returned to his teammates.

Zack Bobbie (SO: North Bangor, NY/Brushton-Moira HS) finished tenth for the Bobcats in a time of 1:16:52. Now both Sprott – Scribner and Frye had some prior training experience at elevation, this was Bobbie's first time away from the East. This was also his first season on snowshoes, and he put his heart and soul into the weekend races over the six-week season. Following the race, Bobbie said, "It was tough trying to run while struggling to breathe, running up those steep hills over and over again. Our hills at the VIC and on the race courses we have been running in the East are similar, but I have never dealt with trying to run at 10,000 feet. With next year's nationals in Wisconsin, I will train harder to prepare, and I expect to perform much better in Eau Claire, where the elevation is under 1,000 feet."

Kelly Bosloper (JR: Haledon, NJ/Eastern Christian HS) placed second for the women with a time of 1:25:30, while Margret Montag (SR: Seneca Falls/Romulus HS) placed third in 1:29:45. This was Kelly's first season of snowshoe racing, after competing in cross country for several seasons. This was not only Kelly's first season of snowshoe racing, but her first time ever being out west. "I really enjoyed my time in Colorado, and being among the Rockies. We stayed in a beautiful house in Buena Vista, and traveled to Leadville most days to adjust to being at 10,000' of elevation. Within a couple days, I was more mentally prepared for how difficult it would be to run at all, but running uphill was quite a challenge. I am so glad that I ran the 10K, although I am not so sure I would have said this right before the race. This may have been the hardest physical thing I have done thus far in my life, but to see all these other athletes all doing the same thing is really inspirational. There is no way I would have expected to place second at Collegiate Nationals in my first year of snowshoe racing."

Kelly and Margret ran together through the season, covering races throughout the Northeast, leading up to this trip to Colorado. Margret is another member of the team who had competed at the World Championships in Spain in 2018 as well as in Italy in 2019. Margret has enjoyed her international travel as well as to three national championships during her time at Paul Smith's. Margret is not one to sit idle, as she is a member of the women's soccer team and then plays rugby during the spring.

Margret said, "There was no way I could truly acclimate to the altitude, but I tried to be active all semester before we left for Colorado, by doing races almost every weekend, as well as going hiking and to the gym on a regular basis. It really helped to arrive in Colorado early to begin to get acclimated and do physical activity. We hiked the past couple days in the mountains since we arrived, and this helped me prepare mentally and physically for dealing with the elevation."

Coach Jim Tucker said, "It is quite an honor and accomplishment to have four athletes from our snowshoe team earn All American honors this year. Through the collaborative efforts of the Collegiate Running Association and the US Snowshoe Association it is great to see other colleges and universities send their runners to the US Nationals. These kids raced several races over a six week span in preparation for racing, and this effort showed on Saturday in Leadville."

Paul Smith's College has been sending runners to Nationals since 2000 when they were first held in Plattsburgh, NY. Paul Smith's College has sent students annually over the past decade, and several members have earned spots on the Junior National Team. Meanwhile, the team has been hosting snowshoe races since 1988 and racing regionally, and internationally since that time with annual events held in Canada. These kids received support from alumni who live in Colorado during our stay, as we encountered graduates as we traveled and trained prior to Nationals.

The team didn't stop with the individual championships, but followed up with a second place in the collegiate division in the 4 X 2.5 Km relay event on Sunday. Colorado Mountain College won the collegiate relay title in 50:24, while Paul Smith's College placed second in 54:31. The two collegiate teams really enjoyed the time they spent together over the two days of racing, and this can be seen in the combined team photo above.

### **Collegiate Nationals ~ Men's 5K Results (Under 20)**

#### **Place Name Time School City & State**

- 1 Chris Rohlf 23:46.7 Colorado Mountain College Leadville, CO
- 2 Jason Macaluso 25:08.5 Colorado Mountain College Leadville, CO
- 3 Samuel Finger 28:47.2 Paul Smiths College Paul Smiths, NY
- 4 Elliot Read 30:18.6 Western Colorado U. Gunnison, CO

### **Collegiate Nationals ~ Men's 10K Results**

#### **Place Name Time School City & State**

- 1 Kiernan Nay 44:03.5 Western Colorado U. Gunnison, CO
- 2 Jack Setser 54:10.8 Colorado Mountain College Leadville, CO
- 3 Ryan Exell 55:05.5 U. of Michigan – Dearborn Canton, MI
- 4 Matt Will 55:26.6 Colorado Mountain College Leadville, CO
- 5 Zack Sprott-Scribner 58:20.3 Paul Smiths College Paul Smiths, NY
- 6 Nicholas Ferrara 1:01:05.4 Paul Smiths College Paul Smiths, NY
- 7 Caleb Neel 1:05:09.4 Colorado Mountain College Leadville, CO
- 8 Matthew Frye 1:08:54.6 Paul Smiths College Paul Smiths, NY

9 Ben Kusnetzky 1:12:17.3 Western Colorado U Gunnison, CO  
10 Zachary Bobbie 1:16:52.9 Paul Smiths College Paul Smiths, NY

### **Collegiate Nationals ~ Women's 10K Results**

#### **Place Name Time School City & State**

1. Amber Zimmerman 51:30.2 U. of New Mexico Albuquerque, NM  
2. Kelly Bosloper 1:25:30.8 Paul Smiths College Paul Smiths, NY  
3. Margret Montag 1:29:45.5 Paul Smiths College Paul Smiths, NY

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## Lead Free Campus

In 2019, Paul Smith's College implemented a Lead-Free Campus Lands policy in an effort to lead the way to a healthier environment for people and animals alike. PSC faculty members Ross Conover and Jorie Favreau reached out to students and the community to advise of health concerns over lead in our soil, water, and food sources.

Use of lead shot is currently prohibited under federal law when hunting waterfowl. The PSC policy prohibits the use of lead ammunition on Paul Smith's College lands except those that are under easement. It also encourages hunters to voluntarily adhere to the policy on all lands that are under New York State Conservation Easement. The legality of it contradicts the ethical standards that Paul Smith's College holds as an educator of sustainability as well as human and environmental health.

Lead has been identified by the World Health Organization as 1 of 10 chemicals that are a major concern to human health, and states that no amount of lead is safe for human consumption. Lead causes reproductive harm, learning disabilities in children, and negatively affects the nervous system. For pregnant women, lead is especially dangerous because it is stored in bones, which then is transferred to the fetus when the female body releases bone marrow, which in turn gives the baby lead poisoning. Lead accumulates in the body because the body does not recognize that it should be removed, which causes lead poisoning.

Lead ammunition has a multitude of problems. When lead bullets are fired, dust from the bullets create toxins in the air. Law enforcement officers have been found to have a high rate of lead poisoning because of shooting ranges, where lead dust fragments are inhaled unknowingly. The bullets shatter into tiny fragments when they hit their target. So, even when hunters cut around bullets after they shoot animals (to eliminate lead pellet fragments), the meat is still contaminated by tiny, visually undetectable lead fragments throughout the body. Lead fragments also leach into soil and water, thus contaminating food sources when phytoextracted by plants.

It's not only a human health hazard, but also a hazard to animals and birds. Millions of ducks have died from lead poisoning. It also kills loons because lead sinkers look similar to small pebbles they use to aid in digestion, so they wind up ingesting them and consequently dying from lead poisoning. In New York and other states, bald eagles are commonly found to have lead poisoning. Lead can be removed through chelation therapy (albeit, expensive), where a medication is injected into the bird that will bind with the lead to remove it from their system, however, bald eagles have so much lead in their systems that this procedure oftentimes remains inadequate. The recovery of the endangered California condor was determined to be inhibited from their scavenging on animals that had been shot by lead bullets, in which case one dead animal can contain sufficient lead to cause the death of an entire condor flock.

In an effort to protect wildlife, the Obama Administration implemented a ban on lead in National Wildlife Refuges in 2017, however, the ban never went into effect because it was immediately overturned when President Trump took office.

Non-toxic alternatives to lead ammunition are available. Copper may cost a little more, but overall is a better choice. For example, Ross Conover found a box of lead bullets for \$21.99 and compared it to a box of copper bullets that was \$26.99. As people switch from lead to copper bullets, the demand should be higher and in turn should help the price to come down.

By educating our students, campus and greater community on our lead free policy, Conover and Favreau are hoping to stop any further lead contamination on our campus and surrounding lands, and hoping the information will be spread far and wide to create a healthier environment for humans and wildlife.



## Inside Culinary

By Khalilah Lindsay, Purchasing Manager and Bakery Supervisor

Our Chefs, with very short notice were able to adapt to the changes to their course to an online source. They are mobilized to provide an excellent education to our students despite the challenges that they are encountering due to access to resources and internet connection. Although we continue to maintain social distancing amid the coronavirus, our very own Chefs Kevin McCarthy and Marlyse Waskieswicz are inspired and motivated to continue the soup kitchen for the community of Saranac Lake. Our chefs are encouraged to continue to work hard to keep the Smitty Spirit alive.



## Chef Jarred Lang, an alumnus of Paul Smith's College Culinary Program and the Executive Chef of the Mirror Lake Inn in Lake Placid



Jarred continues to hold a lunch program for the community; the connection he kept with students employed at the Mirror Lake Inn to run this program of donating foods from his kitchen to the community. "The Smitty Spirit Is Still Alive."

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## What's the Pipeline Program?

The Pipeline Program is an innovative scholarship-backed internship program. It provides enormous benefits to students, employers and Paul Smith's College.

First, for the student: the Pipeline Program is dedicated to students who are looking for an education and career in a field taught at Paul Smith's College. It started last year with a focus on hospitality and culinary. The student receives a debt-free scholarship from a Pipeline Donor, in addition to the financial aid package from Paul Smith's. The student is matched with an employer in their field for an internship program that spans the college career. It includes a total of 9 internship periods including a for-credit Semester in Residence. It provides the student with the real-world work experience—hands-on, experiential education—for which Paul Smith's is famous.

For the employer, the Pipeline Program is a way to develop a sustainable pipeline for hiring great Paul Smith's students. Prior to the coronavirus, hospitality businesses could not find enough skilled or promotable workers. HR directors felt like they were trying to fill a bucket that had big holes in the bottom. Even well-known and popular employers were finding that they could attract interns but those interns rarely transitioned to full time employees. The Pipeline Program provides greater longevity with interns, and more time to be sure it's a good match. It provides stability for student and business.

For Paul Smith's College, the Pipeline Program increases enrollment among students who are seeking the great education and work experience we provide.

Like the entire global economy, the Pipeline Program will respond to changing market conditions. Those conditions may not be what you expect: one of our leading Pipeline donors reports that it is serving 150,000 meals a day through FEMA. That will change, and so will we. If you know an employer who wants to have a stable and reliable hiring process, please have them call me at the number listed below.

By Judy McCoy, Corporate Relations and Workforce Development Manager

(518) 327-6297

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